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Calderdale and Huddersfield **NHS**

NHS Foundation Trust

Foundation News

THE NEWSLETTER FOR MEMBERS

AUGUST 2014

Welcome from our Chairman



Welcome to our latest edition of Foundation News bringing you up to date with all the developments

of the past six months and looking ahead to another important event - our health fair and annual general meeting next month. (Sept)

In February, as you will be aware, our commissioning colleagues launched a health review for the years ahead aimed at ensuring

the NHS is fit to meet the different healthcare challenges of the future.

They will make their decision later this year and we – along with other provider colleagues – have looked at our services and advised them how we would like to change to be in better shape. Changes are necessary for future quality, safety

and sustainability of services and we await their decision as it will shape the NHS locally for years ahead. Since 1948, the NHS has been an evolving organisation and it is our aim to continue that evolution in Halifax and Huddersfield and, with our amazing 6,000 staff, continue to bring first class, quality safe

healthcare to our local populations.

I am also delighted to report that our new centre at Acre Mills, across from HRI, is progressing well and should be a tremendous asset for delivering state of the art healthcare. I very much look forward to opening

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Roll up, roll up – come to our fair!

THE VERY Important theme of "Patient Safety" is at the centre of this year's Health Fair and we have a special "star" for the night.

He's the very latest training manikin, below insert, for doctors and nurses of the future to hone their skills to help them deliver better patient care. He weighs the same as a real person, he even blinks and responds to light and can be switched into a cardiac arrest to test out resuscitation techniques.

He's just one aspect of modern-day healthcare on public view at our Health Fair at the Shay Stadium, Shay Lane, Halifax on Thursday September 18, 2014 starting at 4.30 pm.

Our staff will also be show-casing new developments in areas such as nursing practice, hand hygiene and the move towards a more electronic era. This means our staff spend more time caring for patients and less time form filling and have rapid access to shared patient records to deliver care more effectively.

It is an ever changing, fast-paced world and we are very proud of how we at CHFT embrace the change and move with the times. We hope you leave us both informed and impressed.



Above: safer care on the children's ward – from left, Liz Bishop, Sally Collins and Steph Sayles.

Right: training with the new manikin

to welcoming our guests."

To book a place complete the slip attached to page 3 or contact the membership office on membership@cht.nhs.uk or call 01484 347342.



Top teaching



Our foundation year junior doctors 2014

THE TRUST was delighted and very proud to have had its status as an Associated Teaching Hospital to Leeds Medical School renewed for another five years.

The status is in recognition of the wide range of placement opportunities offered to medical students and the recognition that our teaching is of a high standard.

Chief Executive, Owen Williams, said: "The Trust is very proud to retain its teaching status and links to Leeds University. We have an excellent reputation in the field of teaching with our consultants sharing good practice and supporting the next generation of medics from all over Yorkshire."

The Trust also participated, along with every other NHS provider in the UK, in the 2014 GMC National Trainee Survey where our rating for 'overall satisfaction' has risen for the third year in a row.

Director of Medical Education Dr Andy Lockett said "This is a clear endorsement of the quality of teaching and experience we are able to offer. Our trainees are happier than ever and this is testament to the hard work of all educational supervisors and college/specialty tutors."

Inspiring Kate visits Trust

Dr Kate Granger will be inspiring our staff for years to come after she spent a fabulous day with us.

Huddersfield-born Kate, a registrar at Leeds, has been diagnosed with terminal cancer and is using the experiences of the care she has received to try to improve communications between healthcare professionals and their patients.

She delivered two presentations at CRH and HRI about the importance of a simple

introduction from staff to patient along the lines of "Hello, my name is....."

Her talks and the questions and answer sessions afterwards were videoed and a filmed version will be used as part of the inductions for new staff from now on.

She said: "It is time to re-humanise coming into hospitals and a gentle introduction is a simple starting point. It is a little thing and one that is easily forgotten but it does give such a good impression."



Kate Granger, who spoke to Trust staff about the need for good communications in healthcare

Skype's the limit

IN AN amazing development designed to reduce the number of hospital appointments youngsters with epilepsy can now have their follow-up appointments via Skype.

They can have alternate clinic appointments via telemedicine directly with their paediatrician Dr Sal Uka and the Skype consultations last 20 minutes – the same as a hospital appointment.

Dr Uka, said: "This is a really exciting step in using technology to improve the services we offer here at the hospital to suit the changing needs of our patients. This means that our patients and their families can have their follow-up consultations with me via a video call at their computer, laptop or tablet instead of journeying to and from a hospital appointment."



Paediatrician Sal Uka talking to Leila

Leila Mehrdadi, 17, from Brockholes, Huddersfield is one of such patients to use Skype for this. Her mother Belinda, who sat through it with her, said: "The sessions are informal

and chatty and we cover all areas of Leila's condition with Dr Uka without the drive to hospital. We love the technology as we get the healthcare support and advice we need."

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Welcome from our Chairman – continued

our doors to our first outpatients for their appointments early next year.

Also, special for me, has been the re-signing of our Teaching Status accreditation from Leeds University. I am delighted our teaching here continues to be recognised as a valuable part of training the next generations of doctors from right across Yorkshire.

Can I take this opportunity to thank our members for all your support and our membership councillors who have been such a support over the past few months, helping with key appointments and working with us in our proposals for changes to services. You can read about some of their activities inside this newsletter on the back page of this newsletter.

Finally, I look forward to welcoming you to our AGM and Health Fair at The Shay when some of the exciting developments in healthcare will be showcased. There is no doubt, we are in a very fast moving era with an increasingly sophisticated range of technology to support our doctors, nurses and therapists.

I am sure you will be inspired by everything on show on September 18 and find the event a real eye-opener into modern-day healthcare provision.

I hope to see you there and take this opportunity to thank you for your continued support,

Andrew Haigh, Chairman

Review update

LAST time we described how commissioners and providers were working together to review how clinical services should be provided in the future.

Over the last 6 months Calderdale and Huddersfield NHS Foundation Trust (CHFT), Locala and South West Yorkshire Partnership NHS Foundation Trust (SWYPFT) have worked together to develop a proposal for what the future care model could look like.

This model has been published in a document called 'The Strategic Outline Case', or SOC. The SOC is available on our website for everyone to read.

The key elements are aimed to reduce people's need for hospital and to ensure they are in charge of their own care and can live in their own homes as long as possible. When people do need hospital care we aim it to be as safe as possible.

The key elements of our proposal are:

- More people with long term conditions are supported to self-care at home through programmes such as 'the expert patient programme' and through the availability of a self-care hub.
- More care is available seven days a week in the community, and that the care you receive from lots of different providers is integrated by one team. Both you, the patient, and the team supporting you are working to the same plan.
- That both Calderdale Royal Hospital and Huddersfield Royal Infirmary remain local hospitals providing emergency Minor Injuries Units, outpatients, midwife led maternity care and diagnostics services such as x-ray.
- That each of our hospitals is also specialised for inpatient care, one hospital providing emergency and unplanned care such as serious trauma or chest pain, and one hospital providing planned care such as hip or knee operations.

CHFT, Locala and SWYPFT have provided these proposals to the Clinical Commission Groups (CCGs). These groups of GPs are responsible for planning healthcare in the area. The CCGs have now decided they want to implement changes to community services. Once these are established they will review hospital services.

Got a question?

If you have a question about anything at this Trust, you can ask our Chief Executive Owen Williams or Chairman Andrew Haigh direct. Email them at: membersquestions@cht.nhs.uk ...and put 'My Question' in the subject line. We shall print questions and answers in the next edition of *Foundation News*.

Cardiology pioneers

ONE OF our cardiology teams has received an award for its pioneering approach to telemedicine to give as many patients as possible their care in their homes.

Around 250 of our patients in Calderdale and Huddersfield with heart conditions now have one of two detectors fitted which trigger instant alerts to the heart teams.

They have either:

- an implantable loop recorder (ILR) which enables patients to run their own ECG (electrocardiogram) when they have symptoms at home
- an implanted cardiac defibrillator which automatically detects abnormal life threatening heart rhythms and delivers therapies to stop them.

These devices monitor the heart rhythms – even when the patient is asleep – and if anything wrong or abnormal is detected it sends an alert via wireless to a central base at Calderdale Royal Hospital which alerts the heart team. They can then check with the patient and provide the appropriate care.

Cardiology clinical services manager, Chris Monaco, said: "This is brilliant for our patients. They know we

are monitoring them and their heart day and night and they also know if anything shows up which is irregular we get an alert and can call them in and act upon it.

"It means an end to all the repeated visits for outpatient check-ups in hospital and provides round the clock reassurance for our patients and we are getting excellent feedback."

- Philip Bowden's life was saved with the very first message from his ILR. It sent a message saying his heart beat was very irregular and was causing previously undiagnosed blackouts. Mr Bowden, from Fixby, Huddersfield, now has a pacemaker and has returned to a normal life.
- The award was from Medtronic, the company which manufactures the devices, for receiving 2,500 alerts.



Above: Philip and Noelle Bowden

Left: the heart devices

Right: our cardiology team



ACU party

BABY Austin Willimot, mum Laura and dad Dave, pictured right, were among the hundreds of guests – big and small – at our annual party hosted by our assisted conception teams.

The team continue to have one of the best conception rates in the country and more than 400 guests attended at Calderdale Royal Hospital.



The team is made up of health visitor Karen Thompson, child development support Amanda Wrench and (not pictured) health visitors Janet Hallett and Janet Smethurst

To read the press releases, visit the Latest News section on the home page of our website www.cht.nhs.uk

Support from Peter Jackson



Peter, centre, and his wife Alison (in blue) with our staff

WE WERE delighted and very grateful to ex footballer and Huddersfield Town manager Peter Jackson for coming along to talk to our support group for patients with head and neck cancers about his own battle with throat cancer.

He spoke with humour and great positivity and was a huge hit with patients and staff alike.

Top tots' care

HEALTH visitors in Todmorden have started a new scheme to ensure all three-year-olds get their health check-ups.

The health visitors, from the Calderdale and Huddersfield NHS Foundation Trust, carry out all the developmental check-ups on the Healthy Child Programme from birth up to school age.

But many tots were missing their check-up at three and a half. Previously, take-up at clinics and drop-in sessions had been poor so the Todmorden team piloted a programme of going into nurseries instead. Parents are

informed in advance by letter to give their permission and are contacted afterwards if there are any issues.

The feedback from the first trial at Cornholme Junior and Infant School, Calderdale, has been so good it will now be made permanent and extended to other nurseries.

Health Visitor Karen Thompson, said: "By going into nurseries we can assess so many children in one session therefore more children receive this assessment. So far no parent has declined so that means all children are getting their checks."

Be aware – thanks to our staff...

As well as their work on the wards and clinics and community with patients, our staff take every opportunity to offer advice and support about how to stay healthy and promote their own fields of medicine. Throughout the year there are many awareness weeks and months and here's a look at some of them:

- Nutrition and Hydration Week – Staff were out and about on the wards highlighting the importance

of regular meals and drinks as part of our patients' recovery.

- Clinical Trials Week – the Trust is very proud of its record in clinical trials. Our patients take part in a wide range aimed at improving treatment in many areas including cancer drugs for patients in the future
- Vascular Awareness Week – The Trust has a new Vascular Specialist Nurse, Kate Humphries, who will run clinics for patients with leg ulcers, claudication (pain caused by poor blood flow), and

veins, as well as offering advice for patients with peripheral vascular disease.

Joy Thomas, a specialist stop smoking advisor from Locala Stop Smoking Service was available to offer advice on smoking cessation, as smoking is a major factor in vascular disease.

The team were also promoting AAA (Abdominal Aortic Aneurysm) screening for men aged 65+. This service is provided to the whole of Yorkshire by our Trust and aims to detect, monitor and treat aortic aneurysms



From left: Patient Robert Boardman with healthcare assistant Nwygo Ugada during Nutrition and Hydration Awareness Week; Rachel Wallace and Lisa Horner in Clinical trials week; the team promoting Vascular awareness; and the Maxillofacial teams.

An extra dose of medicine for members

Medicine 4 Members

AS PART of a recent review of the Medicine 4 Members programme, we consulted with members to seek their views on how we could improve it. We have decided to broaden the subjects to make them as appealing to as many members as possible.

We've given it a new title, suggested by one of our members, and it will be called "Members' Forum – A Look At...". The new programme of one-hour events starts in October.

In a new development we will also be running lunchtime sessions (1 – 2 pm) as well as evening sessions (5.30 – 6.30 pm), to make them easier for even more members to attend. At the time of going to print some dates have yet to be confirmed but more details will be confirmed in the local media and on our website.

The programme for the next 12 months is as follows:

Members' Forum – Meet Bing – An Interactive Look at Medical Training
15 October 2014, 1.00 - 2.00pm, Lecture Theatre HRI;
16 October 2014, 5.30 - 6.30pm,

Lecture Theatre CRH

Members' Forum – A Look at how technology is benefitting patient care

12 January 2015, 1.00 - 2.00pm, Lecture Theatre CRH;
13 January 2015, 5.30 - 6.30pm, Lecture Theatre HRI

Members' Forum – Food for Thought – A Look at the Patient Meal Experience

14 April 2015, 1.00 - 2.00pm, Discussion Room 1, Learning Centre HRI;
15 April 2015, 5.30 - 6.30pm, Lecture Theatre CRH

Members' Forum – A Look at End of Life Care

July 2015 (date TBC)
1.00 - 2.00pm, Lecture Theatre CRH;
July 2015 (date TBC) 5.30 - 6.30pm, Lecture Theatre HRI

● Booking is essential, via the Membership Office – email membership@cht.nhs.uk or telephone 01484 347342.

Insight into anaesthesia

ANAESTHETIST Tim Jackson's talk about the technicalities of keeping patients safely asleep during their surgery was hugely popular. He appeared in scrubs and brought along some of the small-scale equipment to illustrate his presentation.

Sixteen-year-old Sophie Linford, from Almondbury, saw the event in the local paper and as she has her sights set on a career in medicine thought it would be a great insight.

She said: "It is always useful to get information especially when it comes from the medics themselves."

Staff members Helen Stocks and daughter Jacqueline Finn from workforce development said it was an area of medicine which does not get much coverage.

Member Pam Graham brought husband John on the night who signed up to be a member there and then. She said: "It's good to hear what goes on because you are never awake when it happens. This puts the other side of it."



Above: Helen Stocks and daughter Jacqueline Finn. Right: Sophie Linford. Below: Pam and John Graham



Feedback comments included:

- "A very well presented evening. A confident speaker with the right amount of humour."
- "Tim has a nice sense of humour – communicated well – and succeeds in getting the message across. Very interesting. Thanks."
- "Excellent speaker – obviously loves his work."



Tim Jackson

Dramatic image grips audience

A DRAMATIC x-ray of a massive knife embedded in a skull was among the amazing images in Ellen Howie's lookback at X-rays from discovery to the present day.

A group of students from Hipperholme Grammar School and their teachers, and around 40 of our members – including former colleagues – attended the events in February.

Head of Science, Robert Farr, said: "This gives us a good overview of other careers in medicine other than becoming a doctor. The talks really bring the subject alive and help our students broaden their experiences."

Former colleagues Helen Pearson, Liz France and Vicky Pawson, came along. Helen said: "We want to maintain our interest in the NHS and continue to support it."



Students and staff from Hipperholme Grammar

A new career in medicine for Dr Hooper

Dr Nick Hooper told of his rugby playing days with Newcastle Falcons and how, after injury, he shadowed the surgeons who cared for him and diverted into medicine as a career.

As a result, he is now aged 30, and one of the older juniors and told how his pals joke about him picking up his bus pass at the same time as his first salary!



Dr Nick Hooper, centre, with students, from left, Paul Baumeister, Laura Robertshaw, Ahsan Ayaz, Dr Hooper, Nasir Wardak and Adnan Nasir

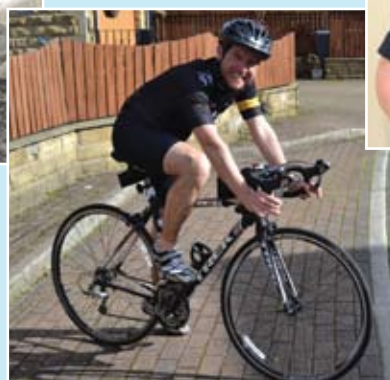
Our fabulous staff...

Tour-ific effort

We have 6,000 staff providing healthcare 24/7, 365 days a year in our hospitals and in our communities and health centres. Their commitment shone out when the Tour de France Grand Depart swept through our area in July with many changing their travel and working patterns to ensure our services continued to run smoothly for our patients and their families. Away from work too they have a tremendous record of achievement. Here's a few of the recent highlights and very well done to them all...



↑ Paediatrician Alistair Morris raised more than £6,000 for breast cancer charities after doing the National 3 Peaks the hard way. Snowdon, Scafell and Ben Nevis, and cycling between them all!



↑ Gwen Clyde Evans collected two awards recognising her work in safe-guarding



Infant feeding advisor Midwife Marilyn Rogers collected a PhD and became a doctor after studying hard for seven years ↓



↑ Children's playnurse Steph Sayles was accepted for the London marathon fundraising for Cancer Research at the first attempt and raised with the full support of her colleagues



Out and about with our members

A summary of all the activities this past six months

Our members and membership councillors have many roles in support of the Trust and are a vital part linking us to our communities as we try to shape and improve services locally into the future. For example, they may be on interview panels, they may take part in walkabouts to find out more about a department and offer their ideas on how it might be improved, they also are represented in all our divisions. Here are three examples:

1 Walkabouts

Councillor Wayne Clarke and Kate Wileman toured the catering services at Calderdale Royal Hospital to see how our patient food process from delivery to us to serving to our patients. Patient services supervisor Angela Hilton, said: "It is so important for us to get patient food right as part of their care. The councillors asked lots of questions and were very interested in all aspects of the team."

2 Interviews

Whenever we interview for senior staff including consultants and matrons, the candidates are interviewed first by a

"user panel" set up by the Membership Office and consisting of two members and a Membership Councillor.

The user panel then feeds back to the formal interview panel which takes account of the user panel views when making the decision on who to appoint.

Anaesthetist Dr Ross Minton was recently interviewed by one of our user panels and he tells us: "Meeting the panel really broke the ice for me and they asked some very relevant questions about patient experiences. Their views then help shape the next round of formal interviews and luckily I got the post."

Membership Councillors Johanna Turner, who sits on user panels quite regularly including Dr Minton's interview said: "It gives the Membership Councillors and members the opportunity to meet and talk to the candidates and we all address the important question of how they relate and communicate with us as representatives of the public."

● We are always looking for members to help us out with interviews, so if you wish to get involved, please contact the Membership Office.



From left: ISS general manager Tracey Rushworth, patient services supervisor Angela Hilton, membership councillors Wayne Clarke and Kate Wileman at CRH kitchens during an estates and facilities walkabout.

3 Secret shoppers – testing our services from a patient's point of view.

After the phlebotomy (samples testing) department moved from the basement at HRI up to Corridor 1 it became apparent that the service could be running more smoothly and easily for our patients.

As a result a two members, Noelle Bowden and Roger Carter,

and Membership Councillor Peter Middleton agreed to come in and "road-test" the way it operated.

They came into the main entrance, tested the new signage to the relocated department and walked the route covered by patients, attended at reception and then followed the route to pathology to drop off a sample.

Divisional project officer Pam Watson, who organised the walk-round, said: "As a result we now have much better services and we have made things much easier for our patients. We want them to have the best care when they are with us and this type of exercise can only enhance their experience and impression when they leave us."

Meet the membership councillor: Liz Schofield

Why did you want to become a member of this Foundation Trust?

I'm a Halifax lassie and had my first encounter with hospital at the age of 12. I was an inpatient on the old Princess Royal ward at Halifax Royal Infirmary following surgery. My husband was diagnosed with MS in 1979 and we became regular 'visitors' to various clinics mainly at the Halifax General as it was then. Over the years I've always been grateful for the help we've had from clinicians and staff. I just felt the time was right to give something back.

What are our strengths as an FT?

That's a hard question really because there are many. Firstly, I think the biggest strength for the Trust is the staff, be they doctors, nurses, porters or cleaners. I'm sure everyone gets up in the morning with the hope of doing a really good job, even if sometimes things don't always work out. Next I would say the relationship between the Board members and the Membership Council is a really good example of how working together can better the experience a patient has when



they need to use our hospital services.

What is the most important aspect of your work as a Membership Councillor?

For me the most important thing is to be able to be the voice for the public when I attend meetings and to see services from the user's point of view to help the Trust

better understand the needs of patients.

What is your idea of perfect happiness?

At home, feet up with a glass of wine and a Lindt chocolate bunny!

What is your best ever present?

It has to be a string of pearls I bought at

Irvine Hindle's sale at age 34. I persuaded 'him indoors' it could be for my 40th birthday...then wearing them all the time for 6 years before my birthday!

How do you relax?

Tricky, I don't have much time to relax with my voluntary roles with the Trust and the local MS Society Branch, but I do make cakes and sugar craft which can be very relaxing.

Where is your favourite place?

Aghia Efimia in Kefalonia (below)



Best chat-up line?

Weren't you in my brother's year at school?



Who would I like to have dinner with and why?

J K Rowling (above). I'd like to ask about her writing and how she dealt with her mother's MS

What would be the title of your autobiography?

She did it her way!

What is your most treasured possession?

A small gold ring given to me by my late dad

What is your favourite film scene?

Officer and a Gentleman when Richard Gere came back for Debra Winger and carried her out of the factory...brilliant!

Membership councillors

Public – elected



Chris Breare



Peter John Middleton



Bernard Pierce



Janette Roberts



Liz Schofield



Linda Wild



Martin Urmston



Andrew Sykes



Marlene Chambers



Kate Wileman



Johanna Turner

Staff – elected



Chris Bentley



Liz Farnell



Mary Kiely



Eileen Hamer



Avril Henson

Stakeholders



Bob Metcalfe



Dawn Stephenson



Professor John Playle

DIVISIONAL REFERENCE GROUPS – WHO SITS ON WHAT

Children, Women & Families (CWF)

Chris Breare, Wayne Clarke, Liz Farnell, Bernard Pierce, Mary Kiely, Kate Wileman*, Marlene Chambers

Surgical & Anaesthetics (S&A)

Bernard Pierce, Martin Urmston*, Johanna Turner, Linda Wild, Grenville Horsfall, Avril Henson

Diagnostic & Therapeutic (DATs)

Avril Henson, Peter Middleton*, Wayne Clarke, Janette Roberts, Marlene Chambers, Liz Schofield

Medicine

Chris Bentley, Jennifer Beaumont, Johanna Turner*, Peter Middleton, Dianne Hughes, Liz Schofield

Estates & Facilities

Liz Schofield*, Chris Breare, Grenville Horsfall, Eileen Hamer, Joan Taylor, Liz Farnell

* Chair.

At the time of going to print we were still awaiting the results from this year's summer membership councillor elections. See our website for the results and meet our new councillors in the next edition.

Get in touch

If you would like to get in touch or would like to find out more about services provided by the Trust, please contact the membership office on 01484 347342 or via e-mail membership@cht.nhs.uk