

# Foundation News

APRIL 2008



## Keeping you up to date with developments

**Introduction  
by Chairman  
Sukhdev  
Sharma**

WELCOME to the third issue of Foundation News. Our newsletter aims to keep you up to date with new developments and information about your hospitals, and will be one of our regular ways of keeping in contact with you.

Since becoming a Foundation Trust in August 2006 we have further strengthened our already established links with the local community.

Our council members are actively involved in areas of interest, and are working closely with staff to improve

and develop hospital services.

I hope that this newsletter gives you a feel for what has been going on behind the scenes and that you will continue to work with us to improve and modernise services for local people.

# New Birth Centre offers state-of-the-art facilities



**First delivery for Centre: baby girl Sumaya Sajid with proud mum Shamama Saeed and dad Sajid Majeed of Birkby, Huddersfield. Left, from top, the birthing pool, quiet corner and main corridor**

### AFTER five months of hard work the Huddersfield Family Birth Centre opened its doors to women at 7am on March 10.

Half of ward 14 at Huddersfield Royal Infirmary has been entirely redeveloped into a modern centre for women and their partners, which is completely different to a traditional hospital ward.

It has six rooms, including one with a birth pool, and they are all en-suite. There are facilities for partners to stay overnight and a communal kitchen and quiet/prayer room.

The new birth centre will provide a more relaxed environment for women and their partners. It is an ideal option for healthy women with uncomplicated pregnancies who

do not want or need to have their baby in a more high-tech unit.

Helen Shallow, the Trust's consultant midwife, said: "This is a really exciting time for local women and for the Trust too."

"The reaction we have had from people who have seen the centre has been extremely positive and we hope that others share our excitement and enthusiasm too."

For the first few months it will run alongside the delivery suite and post-natal ward (ward 14) at HRI and later in 2008 when maternity services move to Calderdale, the Huddersfield Family Birth Centre will become a freestanding unit for the women and families of Huddersfield.

## The options

Women in Calderdale and Huddersfield have a range of options open to them when thinking about where to have their baby:

- Home birth
- Huddersfield Family Birth Centre
- The delivery suite and ward 14 at Huddersfield Royal Infirmary (open until mid-2008)
- The midwife-led unit at Calderdale Royal Hospital
- The Labour, Delivery, Recovery and Post-natal [LDRP] Suite at Calderdale Royal Hospital

Later this year some of the final Looking to the Future service changes will take place. These will include centralising obstetrics services (consultant – led maternity care), services for babies needing special care and inpatient paediatrics (for children who need to stay at least one night) at Calderdale Royal Hospital.

## Highlights

### OCTOBER

#### Double top-rating

The Trust was one of only three organisations in the Yorkshire and Humber region to achieve a double excellent rating by the Healthcare Commission. The quality of services provided at the Trust was rated as excellent – placing us in the top fifth of acute hospitals in the country. We were also rated as excellent for use of our resources.

### NOVEMBER

#### New operating theatre opens



The new £250,000 laminar-flow operating theatre at Calderdale Royal Hospital opened on November 16 and is helping to cut waiting lists.

The theatre is primarily being used for joint replacement surgery as it provides an ultra-clean environment. The laminar-flow canopy renews the air around the table approximately 500 times an hour providing the most sterile conditions for surgery and minimising the risk of infection.

The theatre, which is the third of its type at the hospital, will be for orthopaedic surgery.

#### HSJ awards

The Trust won through to the final top five in the country at the prestigious *Health Service Journal* awards ceremony held in London.

### DECEMBER

#### Going greener!



The Trust launched a green campaign – 10% less – in a pledge to cut its carbon emissions even further, working in partnership with Kirklees Primary Care Trust, Calderdale Primary Care Trust and the South West Yorkshire Mental Health Trust.

As part of the leading edge initiative, the Trust has introduced innovations including the installation of special photo-voltaic cells, which convert daylight into energy, on the flat roof at Huddersfield Royal Infirmary.

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**Spread the word!**

TOGETHER we can make a good Trust great.

Do you know of family, friends or work colleagues who might be interested in joining our Trust?

We currently have just under 9,000 members but as we cover a population of more than 400,000 we are keen to get more local people involved in their health services.

Health is a major source of interest for many people and all of us need some form of healthcare at some point in our lives – so who better to be involved than the people we serve?

If you know of someone who might be interested in joining the Trust, with the option to give as little or as much time as they choose to being a member, please suggest they:

- Visit our website at [www.cht.nhs.uk](http://www.cht.nhs.uk) and check out the members section, or
- E-mail [membership@cht.nhs.uk](mailto:membership@cht.nhs.uk), or
- Phone the membership office on 01484 347342

**Elections 2008**

ARE YOU interested in becoming a council member? If the answer is 'yes' then you will be interested to know that there are seats coming up for election later this year.

There are 16 public seats and six staff seats on our Membership Council and in 2008, elections will take place in four of the public constituencies and two of the staff.

Look out for more details in the summer or – to find out more before then – contact the membership office on 01484 347342 or e-mail [membership@cht.nhs.uk](mailto:membership@cht.nhs.uk)

**A&E team boosted**

A NEW consultant specialising in children's emergencies and 11 new nurses have boosted the A&E team at Calderdale Royal Hospital.

The unit, which sees around 70,000 patients a year, now has a team of 53 nurses and three consultants covering all specialities.

New consultant Paul Jarvis, married with two children, joins the team from Leeds General Infirmary where he was a locum consultant. Before that he was a specialist registrar in emergency medicine in Yorkshire with experience in anaesthetics, A&E, orthopaedics and paediatrics.

He is a graduate of Leeds University medical school and prior to that he graduated with a first class honours degree in pathological sciences.

**Our NHS, our future – have your say**

A NEW questionnaire is now available so you can share your experiences and opinions as part of the national "Our NHS, our future" review, which is being led by consultant surgeon Lord Darzi.

Our NHS, our future is about giving you the opportunity to shape the vision for the NHS over the next decade by making sure it focuses on the things that really matter, and meets both rising expectations and the challenges it will face over that time.

The questionnaire – available at [www.ournhs.nhs.uk](http://www.ournhs.nhs.uk) – is one of a variety of ways in which you can contribute your views. You do not need to answer all the questions – you can skip questions and just provide feedback on the areas you would like to focus on.

**Date for your diary**

- Membership Council Meeting
- Monday 7 April 2008
- 4pm
- Board Room
- Huddersfield Royal Infirmary

**AGM feedback helps shape this year's event**



NEW plans have been drawn up for this year's annual general meeting following feedback from members.

Around 120 people attended the first Membership Council AGM at the Galpharm Stadium in Huddersfield last October.

This year the formal business session of the meeting will be shorter – and then there will be displays and the chance to meet staff from the Trust in a "marketplace."

Jan Freer, the Trust's director of membership, said: "We are keen to make the meeting as interesting

and informative as possible and have used feedback from last year's event to draw up the new plans.

"This way our members will be able to talk to council members and a whole range of staff on a whole range of subjects."

The event will also be combined with the board of directors annual meeting, which includes presentations of the accounts, annual report and future plans.

● It will be held on Wednesday October 1 at Bertie's Banqueting Rooms in Elland and will start at 3pm. More details will be sent out nearer the time.

**Shopping for members in the town centre**

**COUNCIL members and Trust staff have taken part in a recruitment drive over the last few months to help boost our membership.**

More than 200 new names were added to our Foundation Trust membership after our recruiting team hit the shops for a day in the Kingsgate Centre in Huddersfield during January.

And events at the Tesco stores in Huddersfield and Halifax, Huddersfield Bus Station and Huddersfield Technical College attracted more than 300 new members.

Council members Garrick Graham, Jim Hainsworth, Janette Roberts, Jan Roberts, Ann Nicholas and Carole Hallam have all sported the Trust's t-shirt with the logo "Together we can make a good Trust great" and encouraged members of the public to sign up and become more involved with their local hospitals.

The head of patient and public involvement, Angela Bradshaw, said: "It has been really positive as we have had a very encouraging response from people.

"These recruitment events will be continuing throughout the year and if anyone has any suggestions of possible venues please let us know."



Spreading the word: above, Council member Janette Roberts signs up new members. Inset, from left, Cathy Hirst, Carol Hirst, Laura Eastwood, Angela Bradshaw and Kathy Bray



**Developing services**

PLANNING for the future is vitally important at the Trust and each year detailed work takes place to set priorities for the months ahead.

This work looks at things such as the development of new services for the people of Calderdale and Huddersfield.

Each council member has taken a special interest in an area of the Trust, which is divided into four clinical divisions:

- Children's and women's services
- Surgery and anaesthetics
- Medicine and elderly
- Diagnostics and therapeutics

The council members sit on divisional groups where they meet with senior clinicians and managers. They are also involved in divisional

focus groups on specific issues.

Often there are issues where the extra input from members can help, for example:

**Pharmacy**

The pharmacy at Huddersfield Royal Infirmary is in need of refurbishment and some members have put their names forward to help out with the planning work in the near future.

**X-rays and diagnostics**

Some members of the Trust have been invited to help the diagnostics and therapeutics division look at ways of improving patient access to investigations such as scans and X-rays, which they might need before seeing a consultant or doctor.

**Infection control**

**Tips on how you can help us reduce the spread of hospital infections**

- Use the alcohol hand rub provided in each ward and at every patient bedside every time you enter and leave a ward
- Wash your hands after visiting the toilet then use the alcohol hand rub to kill off any remaining germs
- Do not visit if you are unwell – you should be free of any symptoms (eg sickness and diarrhoea) for at least two days before you visit
- Do not sit on the patient's bed. Please use the chairs provided
- Do not touch patients' wounds,



bandages and dressings or medical equipment such as drips

- Patients should have their own toiletries and should never borrow from other patients.



## Travel survey helps Trust plan for the future

A TRAVEL survey has been carried out by council members and Trust staff to find out how some of our visitors get to Huddersfield Royal Infirmary.

The survey took place in January and council members Peter Naylor, Jan Roberts, Dot Rayner, Janette Roberts and Lesley Longbottom handed out short forms during visiting hours in children's and women's areas. The forms asked visitors how they had travelled to the hospital, if they used public transport, where they travelled from and the times they travelled at.

Janette Roberts said: "The majority of people questioned stated that they had travelled to the hospital by car, as this was the most convenient mode of travel. Interest was shown in the shuttle service and information and timetables were handed-out to the public."

Alison Lovatt, assistant director of children and women's services, and a member of the Trust's Transport Group, said: "It is important we talk directly to visitors to understand the implications of the changes and what we can do to help."

The survey is part of work going on behind the scenes to plan for the next stage of service reorganisation. Many services have already moved but later this year the final stages will take place with consultant-led maternity care and in-patient children's services moving to Calderdale Royal Hospital.

## Looking for NHS families

THIS SUMMER the NHS celebrates its 60th anniversary and to help mark the event we are looking for people whose family has worked in the health service in Halifax and Huddersfield since 1948.

Many sons and daughters follow their parents and their grandparents into health careers so if you have an NHS family story to tell we would love to hear from you. Call the communications team on 01484 355253 or 355256.



Giving the facts about alcohol: from left, Sally-Anne Wilson, Ashwin Verma and Council member Garrick Graham

# Exclusive events designed for you

**THE POPULAR Medicine for Members events are continuing this year – a great chance for you to meet our staff and find out more about the issues that really interest you.**

Themes over the coming months include developments in cancer care, care of the elderly and 'you and your heart'.

The recent 'alcohol and you' events gave members advice about safe levels of drinking. Dr Sally-Anne Wilson, a consultant in accident and emergency, asked some members to pour what they thought was a single unit of different types of alcohol – with varied results! She said many of the large

glasses of wine now available in pubs and bars were the equivalent of about three units. Dr Wilson also described some of the negative effects of too much drink dealt with in A&E.

Ashwin Verma, a consultant gastroenterologist, described some of the detrimental effects of too much alcohol on the body, including liver damage and the increased risk of breast cancer. He also told members that drinking within safe limits would not do any physical or psychological harm.

During the question and answer session some members said it would be useful if there was a mark or line

on pub glasses indicating how many units they contained. Others said the retail trade encouraged drinking with offers such as "two for one."

There has been a great deal of positive feedback from all the Medicine for Members events as well as some useful ideas on how they can be improved or future topics for discussion.

● The next set of events have now been organised so to find out more and book your place, please take a look at the enclosed leaflet. If for any reason you haven't received a leaflet contact the membership office on 01484 347342 or e-mail [membership@cht.nhs.uk](mailto:membership@cht.nhs.uk)

## Membership council links to divisions

### Children & women's services (CWS)

- Lesley Longbottom
- Brenda Mosley
- Peter Naylor
- George Richardson
- Jan Roberts
- Janette Roberts

Peter Naylor said: "As a member of the public, I have been encouraged by the fact that the Trust sees consultation with service users and members of the public as vital in developing CWS. I have also been impressed at the dedication and openness of the nursing and managerial staff with whom I have been in contact. I hope that you are as proud as I am to be a member of our excellent Trust."

### Diagnostic and therapeutic services

- Jim Hainsworth
- Bernard Pierce
- Dot Rayner

Dot Rayner has recently been involved in a focus group looking at ways of improving the reporting of test results. Dot said: "Everyone has used departments such as X-Ray, pathology and pharmacy. They are vital hospital services. I have been impressed by the hard work that has gone into shortening waiting lists, for example by extending radiology opening hours."

### Surgical & anaesthetic services

- Garrick Graham
- Lesley Longbottom
- Brenda Mosley
- Bernard Pierce
- Janette Roberts

Garrick Graham said: "The creation of an elected council for our local NHS Foundation Trust provides opportunities for the council members to engage in "nitty-gritty" discussions with the Trust managers with a view to developing and

improving clinical services for the public. As a member of the focus group for surgical and anaesthetic services, I have already found that the service managers are genuinely receptive to suggestions from the council members, and want to engage in real discussions. My strong feeling is that the managers really do welcome views and suggestions from 'lay' members of the council and particularly appreciate "breaths of fresh air" from representatives of the public. This is an ongoing process which has the potential of real improvement in clinical services."

### Medicine & elderly services

- Ann Nicholas
- George Richardson
- Jan Roberts
- Allan Templeton

George Richardson said: "It is a real privilege to take a look behind the scenes and see the wonderful work that is being

done by staff in the division to improve services for patients."

### Operations and facilities

- Bernard Pierce
- George Richardson
- Janette Roberts

Bernard Pierce is a representative on the Patient Environmental Action Team (PEAT). The team carries out inspections at the Calderdale Royal Hospital and Huddersfield Royal Infirmary sites, covering areas such as cleanliness, infection control, environmental issues - such as décor and furnishings - patient concerns and treating patients and relatives with dignity and respect. Bernard said: "I have a particular interest in these areas and believe that patients, relatives and carers should be provided with clear and accessible information and be treated with dignity and respect at all times".

## Highlights

Continued from page 1

### JANUARY

## Top ratings for maternity services



In safe hands: Kiran Neha and baby Ayan

Maternity services at the Trust were awarded the highest possible rating in a new national survey. We were the only Trust in West Yorkshire to gain the "best performing" rating from the independent Healthcare Commission. The rating puts the Trust in the top 26 per cent nationally.

## Heart study launched



Study: the Thrive team, from left, Dr Huw Griffiths, Amanda Kudarenko, Mary Habron, Andrea Wilson and Diane Appleyard

Our Trust is taking part in a major international study to test a new drug combination to cut cardiovascular disease. We are one of 55 Trusts in the UK taking part in a five-year study, called HPS2-THRIVE (Treatment of HDL to Reduce the Incidence of Vascular Events). The study is being co-ordinated by the Clinical Trial Service Unit at the University of Oxford.

### FEBRUARY

## Deep clean underway



Work has started on an intensive cleaning programme at our hospitals as part of a national deep clean initiative. Working with the Calderdale and Kirklees Primary Care Trusts we have agreed a programme, which will be completed by the end of March.

The work is in addition to the regular cleaning that takes place in our hospitals and is part of our ongoing programme to tackle infection control.

## New X-ray machine

A NEW £43,000 specialist X-ray machine has been installed by the radiology department for the A&E department at Huddersfield Royal Infirmary.

The orthopantomogram (OPT) is designed for oral and facial X-ray images. The machine will be used for diagnostic purposes on a daily basis by the radiology department on patients referred from the Maxillofacial Unit. Referrals for OPT examinations will also be sent from the accident and emergency department in cases of facial trauma to detect injuries such as fractured jaws.

More than 60 patients a week will be referred from the Maxillofacial clinic to undergo X-rays on the machine as well as patients referred from A&E. The Maxillofacial clinic also takes referrals from other departments including GPs and dentists, but does not offer routine dental treatment.



# Meet the Membership Council



■ **Garrick Graham** is a former consultant general surgeon in Huddersfield and a former chairman of the Huddersfield NHS Trust. Married with three grown-up children he is a member of the British Medical Association and a fellow of the Royal College of Surgeons in England and the Royal Australasian College of Surgeons.



■ **Jim Hainsworth** has worked in engineering, publicity and marketing and has been a technical writer in the nuclear industry. He also worked as a health and safety consultant and as a school mentor. Now retired he serves on the Council for People's Advocacy in Halifax.



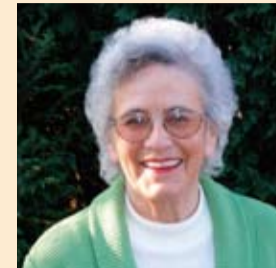
■ **Lesley Longbottom** worked for the Metropolitan Police in personal training and staff development. She is a Trustee of Victim Support and a member of the Royal British Legion and the Royal Air Force Association. She is married with two daughters and a grandson.



■ **Brenda Mosley**, from Fenay Bridge, Huddersfield, is a director of her family's textile business. She has four children and eight grandchildren and is involved in charity work for the NSPCC, the Royal National Lifeboat Institution, Kirkwood Hospice and the Forget-Me-Not Trust. She is also vice-president of Huddersfield Choral Society.



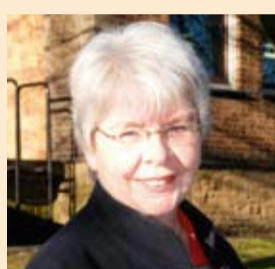
■ **Peter Naylor** is married with two sons and lives in Calderdale. He is a director of his own company, which arranges mortgages and insurance.



■ **Ann Nicholas** was a GP in Lepton for 35 years and retired in 1990. She continued to sit on medical tribunals until 2003. She is a Fellow of the Royal College of GPs. She is a member of the Townswomen's Guild and Lepton Community Link and also a member and past president of the Huddersfield Medical Society.



■ **Bernard Pierce**, of Mytholmroyd, has a background in social work and then in medical education. He was a lecturer at the Leeds School of Medicine and at the Yorkshire Deanery. He also provided, in a private capacity, education and training for doctors, nurses and other health professions in consulting skills, taking a patient-centred approach. He is strongly committed to patient involvement in health care. He has three sons and six grandchildren.



■ **Dot Rayner** is a retired manager of employment services for people with disabilities. Married with two grown-up children, she is a member of Arthritis Care and a member of Fuchs Friends (an organisation for people with a specific eye condition).



■ **George Richardson** is chair of governors at Calderdale College and also a governor at Brighouse High School and Woodhouse Primary School. He has two married daughters and four grandchildren. Now retired, he lives in Calderdale and formerly worked at Park Valley Mills as a dyer.



■ **Jan Roberts** was a headteacher at Gomersal First School for 13 years and at schools in Skelmanthorpe and Dewsbury. She is married with two children and four stepchildren and after taking early retirement now works on a supply basis. She is a committee member for the Meltham Hospice, a member of the local Royal Society for the Protection of Birds and is a governor at Helme School, Meltham, as well as a sitting on the Kirklees Governors' Panel.



■ **Janette Roberts**, of Meltham, was a headteacher of a community primary school in Rochdale and two multicultural schools in Wakefield. She is widowed with four children and eight grandchildren. Now retired, she is a member of the Patient Liaison Committee of the Royal College of Anaesthetists, a patient representative on PEAT (Patient Environment Action Team), clinical audit and various cancer groups.



■ **Allan Templeton** is a past chairman of Calderdale Health Authority, Calderdale NHS Trust and Calderdale and Kirklees Health Authority. He has four children and nine grandchildren and is a director of Age Concern Calderdale, a trustee with the Halifax League of Friends and past chairman of the Council for Voluntary Service. He is the retired chief executive of Pennine Insurance Co, Halifax Insurance Co and West Yorkshire Insurance Co.



■ **Rosemary Walters** is married with one son and lives in Kirklees. She completed nursing training in Keighley Victoria Hospital and Airedale and also attained a district nursing certificate in Bradford along with midwifery training. She has also worked for Bradford Social Services. She is presently director of Bronti Training Centre, Birstall, Kirklees



■ **Sue Bernhauser** is Dean of Human and Health Sciences at the University of Huddersfield. The University educates nurses and other health professionals who are employed within the Trust. She is married with two children and lives in Kirklees.



■ **Helena Corder** is married and lives in Todmorden. She is director of corporate services for Kirklees Primary Care Trust



■ **Chris Burton** is ward manager/charge nurse on Sab at Calderdale Royal Hospital, which is an acute medical and elderly ward for 31 patients. He is married with two children and is a school governor at St Joseph's Roman Catholic School in Halifax.



■ **Carole Hallam** is the lead nurse in infection control and assistant director of infection prevention and control at the Trust. She is married with four daughters and lives in Kirkburton, Huddersfield.



■ **Tony Hood** is director for adults and communities at Kirklees Council responsible for adult social care, housing, community relations and community safety. He is a governor at Norton Thorpe Special School in Huddersfield and is married with two children.



■ **Ruth Unwin** is married with four children and is an executive director of South West Yorkshire Mental Health NHS Trust, which operates in Calderdale and Kirklees.



■ **Paul Knight** is a consultant anaesthetist and lives in Calderdale. He is married with one child.



■ **June Richardson** is a catering assistant at Huddersfield Royal Infirmary. She has one grown-up son and was a cub leader in Newsome for eight years. She now works in the charity shop and is a church warden and a member of the pastoral care team.



■ **Jonathan Phillips** is group director for Health and Social Care for Calderdale Council and responsible for adult social care and environmental health. He has extensive experience in working in partnership across health and social care. Before joining Calderdale Council he worked for the Commission for Social Care Inspection. He is a qualified social worker with an interest in disability and equality issues.



■ **Angela Monaghan** has been a non-executive director of Calderdale Primary Care Trust since 2002 and is currently vice-chair. She lives in Brighouse and is chief executive of the Bradford-based literacy charity Reading Matters, which aims to raise reading skills and confidence amongst 11-16 year olds.



■ **Sue Scholefield** is waste and sustainability officer at the Trust, where she has worked for 23 years in a variety of roles including nursing auxiliary, ward clerk, administrator and PA. Married with four children and four grandchildren, she is a director of the Calderdale Sustainability Forum, which looks at "green" issues such as waste and transport. She is secretary of two local cricket organisations.

## Key

■ Public – elected

■ Staff – elected

■ Nominated – stakeholder

NB There are currently three vacancies

## Get in touch

IF YOU would like to get in touch with a council member, or would like to find out more about services provided by the Trust, please contact the membership office



01484 347342



[membership@cht.nhs.uk](mailto:membership@cht.nhs.uk)



The Membership Office, Calderdale and Huddersfield NHS Foundation Trust, Freeport HF2076, The Royal Infirmary, Lindley, Huddersfield, HD3 3LE.