

Foundation News

THE NEWSLETTER FOR MEMBERS, BY MEMBERS

MAY 2011



Safe, Effective and Personal

OUR Trust has met a whole series of challenging targets for patient care - despite one of the toughest winters ever and one of our busiest years.

The targets cover a range of areas - from time spent in A&E to the numbers of hospital acquired infections - and are set by national regulators the Care Quality Commission and Monitor.

Chief Executive Diane Whittingham said "It is fair to say everyone who works at the Trust will have played a role in this achievement and I would like to thank all staff across all areas.

"Many of these targets are incredibly challenging and add to that the fact that we have treated many more people this year and the scale of the task becomes even clearer.

"Despite these pressures and a winter that strained all healthcare organisations we have achieved good results for our patients."

Achievements included:

- Infection figures for both MRSA

All national targets met...

bacteraemias and Clostridium difficile have fallen again and are now at record lows for our Trust - at year end we recorded 66 Clostridium difficile against a target of 151 and four MRSA bacteraemias against a target of five

- Despite the tough winter and the highest ever number of patients through our A&Es in a single day, we achieved the target of at least 95% of patients spending less than four hours in the departments

- We achieved all the national cancer targets - these include making sure patients are seen within two weeks of referral from their GP and treated one month from diagnosis

- More than 96% of our patients were seen within 48 hours at one of our GUM (Genito Urinary Medicine) clinics against a target of 82%



Hitting targets: from left, Jean Robinson, Isobel Burnett, Beverley Montieth and Christine Berry

- We also achieved the target which says at least 70% of stroke patients should spend at least 90% of time on a specialist stroke ward - more

than 86% of our patients did

- We achieved all the targets for making sure patients start treatment within 18 weeks of referral to our services.

In memory of our chairman

OUR chairman Sukhdev Sharma died suddenly on April 5, aged 65. He will be hugely missed.

Chief executive Diane Whittingham said: "Everyone at the Trust who knew and worked with Dev will be deeply shocked. He was our chairman for the past four years and brought deep integrity and a gentle touch and humour to the Board. He will be hugely missed. All our thoughts at this sad time are with his family."

Deputy chairman of the Membership Council, Peter Naylor, said: "Dev was a fair minded man who cared deeply about people, and wanted the best for staff and patients. He will be greatly missed."

Dev joined the Trust in October 2007. He was previously chairman of South West Yorkshire Mental Health Trust and chairman of the Calderdale and Kirklees Health Authority.

He was also a former Chief Executive of the Commission for Racial Equality in London and has worked for the European Economic and Social Committee since 1998 championing equality, anti-discrimination, migration and human rights.

He was awarded the CBE in 1998 for services to the community.



New £3.8m endoscopy unit opens at HRI

HUDDERSFIELD Royal Infirmary's new £3.8m endoscopy unit was officially opened by retired consultant and surgeon and medical director Bob Macdonald.

He said: "The new unit shows what can be achieved by a visionary workforce committed to improving patient care. These state-of-the-art facilities will be of great benefit to patients of Huddersfield."

Inside the new unit is a relaxed waiting area, four individual consulting and preparation rooms, three endoscopy rooms, a two-phase recovery area and a new seminar room for trainees.

The £500K hi-tech washing machines ensure the Trust is compliant with all the very latest decontamination regulations and it meets the latest privacy and dignity standards.

It has a special camera and sound system to enable a consultant to be filmed and recorded as they undertake procedures. Sound and pictures can be beamed live into an adjoining room to junior doctors for training purposes.

Consultant gastro-enterologist, Dr George Sobala said: "I am extremely proud of the new unit which has been designed around our patients and their needs. The team has worked to bring this state-of-the-art unit into existence and I look forward to working there for many years to come."

Consultant gastro-enterologist,



Rob Atkinson, said: "This new unit will help us continue to give the highest level of care and to provide the community with access to some of the most up-to-date endoscopic techniques currently available."

Around 6,500 procedures a year will be carried out at the unit which also has a £2.8m sister unit at Calderdale Royal Hospital which opened in January.



Above: Cutting the ribbon, former medical director, Bob Macdonald, left, and consultant gastro-enterologist Rob Atkinson

Left: From left, Matron Lisa Cooper, Membership Councillors Liz Farnell, Chris Bentley, Wendy Wood, Sister Kim Henderson, Membership Councillors Vera Parojcic, Janette Roberts, Sister Susan Higo

UPDATE YOUR DETAILS!

WE TRY to keep our members' database as accurate as possible but we rely on you to tell us about any changes to your details.

We have a facility for you to update your personal contact details, membership preferences, areas of interest and take part in web-based surveys on our secure members' portal website.

The development is one of the first of its kind within the NHS and it aims to improve communications with you, our members.

In order to access the area you will need your unique membership number. To find out your number please contact the membership office on 01484 347342 and then keep it in a safe place for future reference and use.

You can access the new area via our website www.cht.nhs.uk. Click on the members' tab on the homepage, then click where it says 'Membership Portal' and follow the on-screen instructions.

Alternatively, just drop us an email to membership@cht.nhs.uk or telephone the membership office on 01484 347342.

Email and web technologies make it easy for us to contact you and update you quickly on events and developments, and will help us to further reduce our carbon footprint and save valuable resources

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Meet the Council Member

Peter Naylor



Why did you want to become a member of this Foundation Trust?

I decided to stand for election because I wanted to help to improve the services our hospitals provide.

What are our strengths as an FT?

There are many strengths, but relevant to the membership, strong and innovative leadership, which sees its membership as a resource, not an irritant.

What is the most important aspect of your work as a Membership Councillor?

As deputy chairman and lead member of the Membership Council, it is the great relationships I have with senior management which enable us to have an open and honest dialogue when dealing with all aspects of the Council's work.

What is your idea of perfect happiness?

Our annual camping holiday with our friends - talking, eating, drinking and having a good laugh.

What is your best ever present?

My wife bought me a crucifix, which I wear around my neck to remind me of Christ's sacrifice and God's love.

How do you relax?

Sharing a nice bottle of wine with the wife whilst watching the telly.

Where is your favourite place?

In the arms of my lovely wife.

Who would I like to have dinner with and why?

My father. He left home when I was 11 and died before we had a chance for reconciliation.

Best chat-up line?

Never used one.

What would be the title of your autobiography?

Life's Journey - Myself, My Family, My Faith.

What is your most treasured possession?

My Bible.

What is your favourite film scene?

The creature emerging from John Hurt's stomach in 'Alien'.

An insight into our hospitals

MEMBERSHIP councillors have been given an insight into how our wards and departments work.

Membership councillor Jan Roberts said: "It was interesting to be able to visit both sites to see the impressive service developments and refurbished wards. Throughout our visit, I was struck by the pride that all the staff had in their work.

"Their enthusiasm was obvious and they were all willing to answer our questions and explain aspects of the care and treatment of patients."

Membership councillor links to divisions

Children's and women's services (CWS):

● Chris Breare (chair), Liz Farnell, Lisa Herron, Janette Roberts, Wendy Wood

Corporate/MER

● Lisa Herron (chair), Chris Burton, Vera Parojcic, Harjinder Sandhu, Linda Wild

Diagnostic and therapeutic services:

● Dot Rayner (chair), Joanna Birch, Liz Breen, Peter Naylor

Estates and facilities:

● Peter Naylor (chair), Chris Breare, Liz Farnell, Harjinder Sandhu, Wendy Wood

Medicine and elderly services:

● Janette Roberts (chair), Sue Burton, Bernard Pierce, Jan Roberts

Surgical and anaesthetic services:

● Bernard Pierce (chair), Chris Bentley, Vera Parojcic, Dot Rayner, Wendy Wood

Praise for health project

A GROUND-BREAKING programme to help people manage their pain, has been hailed a success by patients and doctors.

Our Trust, NHS Calderdale and NHS Kirklees was one of only eight sites chosen nationally to take part in an ambitious three-year programme, funded by the Health Foundation, called Co-creating Health.

Since the programme was launched, in 2007, more than 300 people in Calderdale and Kirklees have had their lives transformed, through developing the knowledge, skills and confidence to help them manage their condition, with the support of a specially trained team of clinicians and voluntary tutors

As a result of its success, the programme has been extended for a further two years.

Dr Dimple Vyas, chronic pain consultant at the Trust, is the clinical lead for the project.

She said: "Patients involved in the programme have reported increased confidence, a better understanding of the source of their pain and medications and a resumption of everyday activities.

"We are delighted that the project has been extended. This means that we will be able to offer training on how to support self-management to more clinicians, and further programmes for people living with musculoskeletal pain."

Peter Stubbs, of Dalton, Huddersfield, became involved in the programme following an accident which left him living with severe pain.

He said: "My world fell apart following the accident, but with the help of Dr Vyas and the self-management programme, I learned how to manage my pain. I no longer require medication and regular hospital or GP appointments. My life is back on track."

Peter has now become volunteer tutor on the self-management programme. He is working with doctors and patients, using his own artwork to show his journey from suffering severe pain to taking control of his life again.

Avril Polak, of Willowfield, Halifax became involved in the programme in 2010, after suffering with severe pain in her muscles, tendons and ligaments for many years.

She said: "Before joining the programme, I tried Tai Chi and Pilates but unfortunately



Back row, from left: Tutors Suzanne Carney and Kevin Smith pictured with members of the co-creating health self-management group

these proved too painful for me. I managed to complete gentle exercise classes only with increased medication and therefore felt a little disappointed."

"I joined the Co-creating Health programme in October, and with the help and support of Dr Vyas and the team, I was able to plan and achieve realistic goals.

"I have learned how to push my boundaries and still manage my pain. I gained the confidence to drive to Huddersfield on my own for the first time in five years, something I wouldn't have dreamed of doing prior to joining the programme."

"I'm now working on reducing my

medication again and feeling more optimistic about the future. I have made new friends whilst on the programme and we meet up once a month so we can continue to encourage one another."

● For more information about the project, contact the Co-creating Health project office on 01484 347036.

You are invited!

NEW plans are being drawn up for our annual general meeting (AGM) and health fair. Our 2010 event, held at the Calderdale Royal Hospital, was a great success, and we hope to make this year's occasion even better! The health fair will include interactive displays, a tour of some hospital departments and you will be able to meet some of your newly elected Foundation Trust Membership Councillors.

The event will be combined with the board of directors' annual meeting, which includes presentations of the accounts, annual report and future plans

It will be held on Thursday September 22 at the Huddersfield Royal Infirmary and will start at 5pm.

● More information and details of how to register your attendance at the event will be included in the next edition of *Foundation News*.



Foundation Trust member Richard Kaye and Matron Chris Bentley at last year's event

Newswatch: round-up of what's been happening around the Trust

Our Trust communications team promotes news about our investments, service developments and staff achievements through the local and regional media. Below are some recent highlights:

More patients benefit from speedy ops

MORE local patients are benefitting from day case surgery than ever before. The number of patients having day surgery at the Huddersfield Royal Infirmary Day Surgery Unit (DSU) has increased each year, from 5,000 in 1998 to more than 8,000 in 2009/10. Around 75% of all planned operations are now carried out as day surgery procedures.

Claire Rayner scholarship for Barbara

BARBARA SCHOFIELD, nurse consultant for older people at our Trust, has been chosen from candidates across the country for a PhD named after agony aunt, the late Claire Rayner. The Claire Rayner Compassion in Care research scholarship will provide funding for a four year part-time study into compassion in nursing or midwifery. The doctoral is being offered by the University of Huddersfield.

'Hero of the Year' award for Kaly

CONSULTANT gynaecologist Kaly Bharbra has won "Hero of the Year" award for England and Wales at the annual Tommy awards ceremony in London.

She received her trophy from EastEnders actress Patsy Palmer.

The award is specifically for a health professional who goes that extra mile for mums and dads during pregnancy complications.

Kaly was nominated by Katrina Cliffe, from Huddersfield, for the support she received when she suffered two pregnancy losses, and for the ongoing support she is receiving from Kaly in her current pregnancy.

National award

ONE of the Trust's teams of nurses has scooped a top national award for their work improving the care of lymphoedema patients in the Halifax and Huddersfield area.

The team won the British Journal of Nursing Lymphoedema Nursing Award 2011 in London hosted by TV doctor Christian Jessen and Chief Nursing Officer Dame Christine Beasley.



Left: the DSU nursing team

Right: Kaly, centre, with Patsy Palmer and Caroline Brandi



Election time!

WOULD you like the chance to influence the running of the Trust and represent the view of members? If the answer is 'yes' then you will be interested to know that there are seats coming up for election in the summer.

There are 16 public seats and six staff seats on our Membership Council and in 2011 elections will take place in six of the public constituencies.

The elections this year are for:

- Constituency one – Calder Valley, Luddendenfoot, Todmorden
- Constituency two – Birkby, Crosland Moor, Deighton, Newsome, Paddock
- Constituency three – Almondbury, Dalton, Denby Dale, Kirkburton
- Constituency four – Batley East, Batley West, Birstall and Birkenshaw, Cleckheaton, Dewsbury East, Dewsbury West, Heckmondwike, Mirfield, Spenborough, Thornhill (two seats)
- Constituency six – Bingley Rural, Clayton, Great Horton, Hipperholme, Lightcliffe, Illingworth, Northowram, Shelf, Odsal, Queensbury, Thornton, Tong, Wibsey, Wyke
- Constituency seven – Mixenden, Ovenden, St John's, Sowerby Bridge, Town, Warley (two seats)

Elections will also take place among the Trust's staff members for a representative from the doctors and dentists and from the nurses and midwives.

We have arranged informal briefing sessions for members who would like to find out more about what the role of a Membership Councillor involves on the following dates:

- Wednesday 8 June 2011, 4.30pm, Board Room, Sub Basement, Huddersfield Royal Infirmary, HD3 3EA
- Wednesday 15 June 2011, 4.30pm, Large Training Room, Calderdale Royal Hospital, HX3 OPW

These sessions will offer the chance to hear from current Membership Councillors and Trust staff Membership Councillors about the valuable role that Councillors perform, as well as practical advice on how to stand for election.

If you are interested in attending one of the above sessions, or would like more information, please contact the membership office on 01484 347342 or e-mail membership@cht.nhs.uk.

Here are the views of two of our Membership Councillors:

"One of the roles of a Membership Councillor is to make sure that the Trust involves members, through the Membership Councillors in areas of development which directly affect patients and members, with the ultimate aim of improving patient services.

"The Trust takes this relationship seriously, so needs Councillors to stand for election to represent the view of the members. No Councillors means no representation!"

Peter Naylor, Membership Councillor



"Being a staff member is a great opportunity to work with, and get to know some very interesting and committed members and Councillors who are helping to shape and improve the quality of care we provide across the organisation, especially outside my own division.

At times it is difficult to know which hat I am wearing (matron or Membership Councillor), but that doesn't matter, as the final outcome of making sure we provide the best quality of care, remains the same."

Chris Bentley, Matron, Corporate Division



Medicine for Members – educational events inspired by you

OUR exclusive Medicine for Members events are an opportunity for you to learn more about our services and health issues of interest to you, direct from our doctors and nurses, and there is an opportunity for you to ask questions afterwards!

Getting you fitter sooner after surgery

In July Dr Paul Knight, consultant anaesthetist and staff membership councillor, will talk about how patients are benefitting from the latest surgical and pain control techniques, and getting fitter sooner after surgery, thanks to an exciting new approach to planned surgery called the Enhanced Recovery Programme (ERP). He will also explain about the importance of good quality information in helping people to get back to normal quicker.

Our Trust is one of only 14 sites in England taking part in the programme, which is a testament to the high quality surgical care that we provide. The programme was first applied to bowel surgery at the Trust in November 2009, and extended to include gynaecology in July 2010.

The talks "Getting you fitter sooner – the Enhanced Recovery Programme" will

take place on Monday, July 11, at 6pm in the Lecture Theatre, HRI, and on Monday July 18, at 6pm in the Lecture Theatre at CRH. Registration and refreshments at 5.30pm.

Bridging the gap between hospital and home

The Intermediate Care Service is an important bridge between hospital and home. Patients may need care in a nursing home, residential home or community hospital, or they may need some level of support in their own

home, either after leaving hospital, or to prevent unnecessary admission.

In September Sheila Kalanovic, matron managing intermediate care at our Trust, and Carol Atkin, matron, intermediate care, Kirklees Community Healthcare Services will talk about intermediate care services in Calderdale and Kirklees, and the teams who provide the services.

The talks "Bridging the gap between hospital and home" will take place on Monday, September 5, at 6pm in the Lecture Theatre, HRI, and on Monday, September 12, in the Lecture Theatre at CRH. Registration and refreshments at 5.30pm.

Please see our events calendar below for details of how to book your place(s).



Talk:
consultant anaesthetist
Dr Paul Knight

Staff and public help to shape the future of our healthcare

Around one hundred staff and public members attended an event to share and shape plans for the future.

The event, held on January 27 at the Huddersfield Royal Infirmary, featured displays on developments in healthcare, presentations and lively discussion.

Director of operations, Mark Partington highlighted key achievements from 2010, and the challenges that we face in the future.

He stressed the importance of continuous improvement and how our Trust is working collaboratively with other trusts to "keep services local but drive improvements."

Director of organisational development, Jan Freer, gave a presentation on the Trust's Quality Accounts for next year, including priorities for improvement.

Trust members were invited to give their views on priority

areas for improvement.

Associate director of organisational development, Ruth Mason, said: "The event was a huge success and feedback from our members has been extremely positive."

Trust member and pharmacy student, Samantha Shepherd, said: "I'm really interested in how the Trust communicates with members and patients. At an event like this you get people from all walks of life, all getting a say in matters of the Trust."

Looking to the future:
from left: chief pharmacy technician Sarah Atkinson, FT member Samantha Shepherd, visitor Mark France and specialist nurse Karen Guy



Members events calendar 2011 – for you to cut out and keep

Exclusive events for you!

OUR Trust holds exclusive events throughout the year for you, our members, but admission is by ticket only as spaces are limited. Places will be allocated on a first come, first served basis. Please contact the membership office on **01484 347342** or via email membership@cht.nhs.uk to book your place(s). If you have booked a place at a forthcoming event, but can no longer attend, please let our membership office know so that your place can be offered to another member.

Please note: ● registration and refreshments 5.30pm ● events start at 6pm

DATE	TITLE	SPEAKER	VENUE	TIME
Monday 11 July	Getting you fitter sooner – An update on how patients are benefitting from a new approach to planned surgery called the Enhanced Recovery Programme	Dr Paul Knight, consultant anaesthetist	Lecture Theatre, HRI	6pm
Monday 18 July	Getting you fitter sooner – An update on how patients are benefitting from a new approach to planned surgery called the Enhanced Recovery Programme	Dr Paul Knight, consultant anaesthetist	Lecture Theatre, CRH	6pm
Monday 5 September	Bridging the gap between hospital and home – An update on Intermediate Care Services in Calderdale and Kirklees, and the teams who provide the services	Sheila Kalanovic, matron, intermediate care, CHFT; Carol Atkin, matron intermediate care, KCHS	Lecture Theatre, HRI	6pm
Monday 12 September	Bridging the gap between hospital and home – An update on Intermediate Care Services in Calderdale and Kirklees, and the teams who provide the services	Sheila Kalanovic, matron, intermediate care, CHFT; Carol Atkin, matron intermediate care, KCHS	Lecture Theatre, CRH	6pm
Thursday 10 November	Neurological conditions – An opportunity for you to find out more about a range of conditions, including epilepsy	Neurology nurse specialists	Lecture Theatre, HRI	6pm
Monday 14 November	Neurological conditions – An opportunity for you to find out more about a range of conditions, including epilepsy	Neurology nurse specialists	Lecture Theatre, CRH	6pm



■ **Christine Breare** is a retired general dental practitioner who had an interest in continuing post-graduate education for dental practitioners and clinical audit. Married with two sons and four grand-children, she lives in Upper Hopton near Mirfield. She is a church warden and secretary of the Upper Hotpon Community Association.



■ **Dr Liz Breen** is a lecturer for the School of Management at the University of Bradford. She has two children and lives in Calderdale.



■ **Lisa Herron** is an Environment Officer with Kirklees Council. She has two daughters.



■ **Frances Macguire** is a specialist registrar in public health for Yorkshire and the Humber. She has worked for environmental non-governmental organisations for a number of years on climate change and biodiversity conservation. She has two children, and lives in Calderdale.

Get in touch

If you would like to get in touch with a Membership Councillor, or would like to find out more about services provided by the Trust, please contact the membership office on:

01484 347342

via e-mail
membership@cht.nhs.uk

or by post to:
**The Membership Office,
Calderdale and Huddersfield NHS
Foundation Trust, Freepost HF2076,
The Royal Infirmary, Lindley,
Huddersfield,
HD3 3LE**



■ **Peter Naylor** is married with two sons and lives in Calderdale. He is retired from the financial services industry.



■ **Vera Parojcic** is chair of Aye Eye, an appeal to raise funds for ophthalmology equipment in Calderdale and Kirklees. She is married with a grown up family and lives in Calderdale.



■ **Bernard Pierce** of Mytholmroyd, has a background in social work and then in medical education at both undergraduate and post-graduate level. He was a lecturer at the Leeds School of Medicine and at the Yorkshire Deanery.



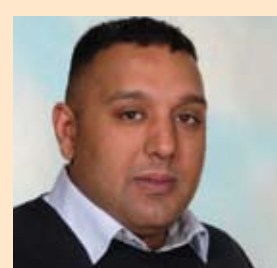
■ **Dot Rayner** is a retired manager of employment services for people with disabilities. Married with two grown-up children, she is a member of Arthritis Care and a member of Fuchs Friends (an organisation for people with a specific eye condition).



■ **Jan Roberts** was a headteacher at Gomersal First School for 13 years and at schools in Skelmanthorpe and Dewsbury. She is married with two children and four stepchildren and after taking early retirement now works on a supply basis. She is a committee member for the Meltham Hospice, a member of the local Royal Society for the Protection of Birds and is a governor at Helme School, Meltham, as well as sitting on the Kirklees Governors' Panel.



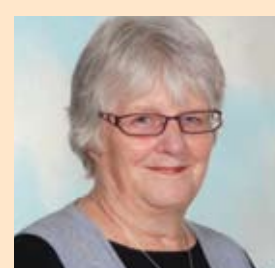
■ **Janette Roberts** of Meltham, was a headteacher of a community primary school in Rochdale and two multicultural schools in Wakefield. She is widowed with four children and eight grandchildren. Now retired, she is a member of the Patient Liaison Committee of the Royal College of Anaesthetists, a patient representative on PEAT (Patient Environment Action Team), clinical audit and various cancer groups.



■ **Harjinder Singh Sandhu** is married with two children and lives in Kirklees. He is self-employed in a private hire business.



■ **Linda Wild** is married with one daughter and lives in Huddersfield. She graduated at the University of Huddersfield. Strongly committed to community involvement and engagement, she is a former Kirklees councillor.



■ **Wendy Wood** was a tutor in adult education, and a primary school teacher. She was a magistrate in Huddersfield then Dewsbury for many years and is a member of the Huddersfield and District Family History Society and the Youth Hostel Association. Wendy has four children, ten grandchildren and two great grandchildren and lives in Kirklees.



■ **Sue Bernhauser** is dean of human and health sciences at the University of Huddersfield. The University educates nurses and other health professionals who are employed within the Trust. She is married with two children and lives in Kirklees.



■ **Sue Cannon** is executive director of quality and engagement of Calderdale Primary Care Trust. Prior to this appointment, she worked for Leeds PCT.



■ **Helena Corder** is married and lives in Todmorden. She is director of corporate services for Kirklees Primary Care Trust.



■ **Chris Bentley** is matron of the medical and elderly division. Her previous post was lead of critical care outreach and ICU. She lives in Kirklees and has one daughter.



■ **Joanna Birch** is married and lives in Calderdale. A physiotherapist by profession, she is the clinical director of the clinical therapy and rehabilitation directorate. She is currently the chair of Colne Valley Ladies Hockey Club, and umpire of North League Hockey.



■ **Chris Burton** is ward manager/charge nurse on 5ab at Calderdale Royal Hospital, which is an acute medical and elderly ward for 31 patients. He is married with two children and is a school governor at St Joseph's Roman Catholic School in Halifax.



■ **Sally McIvor** is head of adult social care operations at Kirklees Council. She is married with two children.



■ **Bob Metcalfe** is a Calderdale councillor for the Halifax Town ward and cabinet member for Adults, Health and Social Care. He is the former chair of Calderdale Council's Health and Social Care Scrutiny Panel. A retired purchasing manager, he is the chair of Trans Pennine Housing board (formerly Pennine Housing 2000). He lives in Halifax.



■ **Dawn Stephenson** is director of corporate development for South West Yorkshire Partnership NHS Foundation Trust. She is a voluntary trustee of Kirklees Active Leisure and the Dr Jackson Cancer Fund. She is married with one son and lives in Huddersfield.



■ **Sue Burton** is project director of property partnerships at the Trust. An accountant by profession, she previously worked at Leeds PCT. She lives in Calderdale and has one daughter.



■ **Liz Farnell** is a nursing auxiliary on ward 6 at Huddersfield Royal Infirmary. Prior to this appointment, she worked at the Calderdale Royal Hospital. She lives in Calderdale.



■ **Paul Knight** is a consultant anaesthetist and lives in Calderdale. He is married with one child.