

Foundation News

THE NEWSLETTER FOR MEMBERS

FEBRUARY 2014

Heather is Trust's first Nightingale scholar

CONSULTANT emergency care nurse Heather McClelland has just been awarded the country's most prestigious award in nursing – a Florence Nightingale scholarship.

She is just one of 17 nurses across the country - and the first at our Trust - to receive the award given in memory of Florence Nightingale to advance the study of nursing and to promote excellence in practice.

Heather said: "I am thrilled and honoured to get this award and also very excited. Nursing is all about

improving the lives of our patients and this scholarship means I have the opportunity to do that for patients right across the country."

Heather's study project is aimed at examining current nursing practice to improve the way a deteriorating condition is detected and managed to produce a better outcome. The scholarship will support the project which may include overseas travel to centres of excellence such as the Institute of Health Improvement in the USA

– the world leaders in innovation.

Director of Nursing Helen Thomson, said: "I am totally thrilled for Heather. It is very well-deserved and the Trust has our first Nightingale scholar. It is simply the best there is in nursing."

● Heather's award is even more impressive as she was interviewed by the judging panel via Skype as she was being deployed to the Philippines as part of the global medical response in the aftermath of the typhoon. Emergency colleagues Debbie Lau and Amjid



Prestigious award:
Heather McClelland

Mohammed also were part of the global response team and spent time in the Philippines.

Message from our Chairman

Healthcare is too important to stay the same.

That was the title of a very important event at the Trust in December showcasing how new technology can help us improve the care we deliver in the future. We were lucky enough to have Cerner - one of the world's leading experts in healthcare information technology - with us showcasing some of the huge IT potential to support better patient care.

For us, it will mean a new electronic records system at the patient's bedside in the years to come, easily accessible by staff and patients and their families and easily updated by staff to ensure we have the best, accurate record of our patient's condition. This also crucially gives us the ability to share this information with GPs and others involved with a patient's care.

We hope to have such a system at the Trust as part of our huge IT modernisation programme which is underway. Reducing the paperwork is key to freeing up our medical teams so they have more time for bedside patient care and I was lucky enough to have visited a hospital where this is already happening and where big improvements in patient care and safety are already evident.

It is a huge step forward but then our Trust has always had a reputation of never standing still.

And that will certainly be the case in 2014.

Nationally – and locally – 2014 will see on-going debate over the future of emergency care continuing. Finding a solution to the pressures on the current emergency care system is one of the most important challenges facing the NHS right now. Locally, you can rest assured that whatever changes are brought in will be in the best interests of our local populations as a whole.

2014 will also see the completion of the Acre Mills healthcare complex, across the road from Huddersfield Royal Infirmary – a stunning conversion from a former mill into a modern health centre.

I am looking forward to all these challenges because at the end we will have better healthcare for our local populations.

In anticipation I thank our members and our dedicated membership councillors at this Trust for your continuing support.

Best wishes

Andrew Haigh
Chairman

Quality event – come along to see the future

WE ARE delighted to be able to invite you again to a very important event for our members in February to tell us what you want to see in your NHS over the forthcoming year.

Imagine you are in charge of the hospital and all its staff. What would you like to see us doing to improve the quality of care we deliver for our patients? Come and tell us how you think we can get better.

We want you to tell us what is important to you so we can set the priorities for our Quality Account and this event – on Thursday 20 February between 5.30pm and 7pm in the Learning Centre at Huddersfield Royal Infirmary – is also an opportunity for us to tell you about our plans for 2014-15 and for you to ask us any questions.

Our chairman, Andrew Haigh, said: "Your input, as our patients and our members and coming directly from our local communities, is very important to us. We need to know from outside the NHS which are the issues people are passionate about and care about and this is what this event is all about – you telling us what you want from your NHS."

We will be presenting you with



INFECTION CONTROL

a list to choose from. Previously, for example, our priorities have included infection control, improving care for patients with dementia, key improvements in nursing care to prevent falls and pressure ulcers and more work on safe discharges back home.

Once set, the priorities will be measured throughout the year to ensure we maintain high standards and our results go into the annual report at the end of the year and this is always available on our website.

At the event you will also have the chance to talk to key staff and to our Membership Councillors who meet with us regularly throughout the year helping us to shape and deliver the healthcare to our local communities.

For a full list of all the possible priorities to choose from visit our website at www.cht.nhs.uk and click on the quality account button.

If you are planning to attend the event then book by email at membership@cht.nhs.uk, or call our Business Manager, Vanessa Henderson, on 01484 347342.

Thank you very much for your continuing support and look forward to seeing you there....



COMMUNICATIONS



SAFE DISCHARGE

£2.74m Cash boost to improve patient care through IT

A £2.74m cash boost has been received by our Trust to improve IT provision across our organisation.

The money has come from a Safer Ward, Safer Hospitals Technology Fund and will help to improve the use of technology and IT.

IT Director, John Rayner, said: "This will give the whole IT Modernisation Project a huge boost. It means we will be able to develop new

technology which will be of benefit to our patients as well as our staff."

A lengthy bid was submitted to the Safer Ward, Safer Hospitals Technology Fund in October which had a total of £240m to offer Trusts across the country.

The news of the successful bid came as staff attended a two day hi-tech healthcare of the future display at

Huddersfield Royal Infirmary.

Electronic patient records was the main focus of the event.

● The event focussed on the path of a 67-year-old fictional patient called Christine Miller who was admitted via A&E, needed surgery and intensive care and featured all the potential new technology to support her care throughout each stage of her stay in hospital.



Brand new bedside technology

Got a question?

If you have a question about anything at this Trust, you can ask our Chief Executive Owen Williams or Chairman Andrew Haigh direct. Email them at: membersquestions@cht.nhs.uk and put 'My Question' in the subject line. We shall print questions and answers in the next edition of *Foundation News* this summer.

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Your Care
Our Concern



Trust news round-up

More patient lives are saved

THE LIVES of more and more patients across Huddersfield and Calderdale are being saved thanks to the Implantable Cardioverter Defibrillators (ICD) procedure which started at Calderdale Royal Hospital six years ago.

The cardiology device team (pictured) has implanted approximately 150 of the mini jumpstarters whereas before they were only available in Leeds. They sit under the skin close to the heart and when they detect a fast irregular life-threatening heartbeat they emit a small electric shock which returns the heartbeat to a normal one.

Footballer Lee Orton, 30, from Huddersfield, who collapsed on the pitch and was saved by cardiac massage received an ICD in an hour-long operation and has now started



The ICD team

the Goals 4 Hearts Appeal to have life-saving defibrillators at sports complexes and grounds across the area.

Lee, now receiving cardiac rehab care with the Trust's nurses, said: "The hospital staff were absolutely amazing and I vowed I would do something to help others if I came out the other side. There are eight matches at Leeds

Road every Saturday with 22 players in each. So with the defibrillator there it means if anything happens to any one of them there is a better chance of them surviving. In every family there is a son, a daughter, a brother, a cousin, a Dad playing football and there is so much support for this campaign."

Deputy manager of the cardiology department, James Battye said: "It is an excellent fundraising campaign. To have automated defibrillators and access to basic life support training at all local football clubs could ultimately save a person's life."

Consultant, Colin Welsh, said: "After tests, an ICD can be implanted to treat any further episodes throughout a patient's life and we are delighted the service is available locally."

For more information contact: James Battye on 01422 224310.



Lee at his cardiac rehab session at The Zone, in Huddersfield, with the Trust's cardiac rehab sister Angela Dysart and cardiac rehab physio Kerri Jones

Video link-up to help the elderly

OUR TRUST has funded a new system to provide care for residents in care homes and cut down on unnecessary hospital admissions.

We have teamed up with Airedale NHS Foundation Trust to supply a trial telemedicine service to 18 care homes across Huddersfield and Calderdale.

Elderly residents can now get medical help from specialist nurses or hospital consultants via a secure video link if they need it – without having to leave the comfort of their nursing home.

Our director of Health Informatics, John Rayner, said: "The Trust is keen to provide a better service for care home residents who can find it very distressing to visit A&E. The telemedicine service provides care home staff and patients with immediate access to expert clinical advice that in many cases means that



Dorothy Wood, right, with Beverley Hanson

our residents don't go into hospital unless it is absolutely necessary.

"We can contact a GP in the morning but they may not be able to visit until

a trip to the hospital can be avoided."

Dorothy Wood, aged 89, of Cowlersley Court in Huddersfield, is one of the residents to benefit from the new service. Miss Beverley Hanson, manager of Cowlersley Court, said: "I love it. It helps us to make sure that

much later in the day. The Tele-health Hub team has access to patient files so contacting them not only provides an interim diagnosis and reassurance, it speeds up the process should a prescription, or in worst case scenario, a hospital admission be required."

Enhancing dementia care



The launch of My Life: from left, Hannah Meehan, Anthony Dawson, Renee Comerford, CEO Owen Williams, Lisa Cooper and Barbara Schofield

THE TRUST is improving its care for dementia patients by offering a new software programme called My Life as part of a regional dementia project.

Patients can use the software to build a photographic timeline of their lives as well as listen to music from a range of decades and play interactive games such as bingo. The aim is to improve symptoms of dementia and delirium by

stimulating the long term memory.

Volunteers have been using the software to work with patients and their families facilitating life story work, reminiscence, reorientation and social engagement.

Nurse Consultant for Older People, Barbara Schofield said: "We are already seeing excellent results in regard to improving mood, memory and patient and carer experience."

Top award for our infection control nurse

OUR INFECTION control and prevention specialist nurse Carole Hallam has been awarded the Infection Prevention Society (IPS) Practitioner of the Year award.

She collected her prize at the IPS Conference Gala Dinner at the O2 Arena in London from Prof Tricia Hart and Prof Diddier Pittet who are both patrons of the IPS.

Carol received the award for work including being the Yorkshire IPS branch Co-ordinator for two years, leading the Intra-venous Forum nationally and for her voluntary work in Romania.

Carol and nurses from the Trust regularly go to Romania to share best practice with overseas colleagues.

Director of Infection Prevention and Control, David Birkenhead said: "Carole is a legend at CHFT for her drive and enthusiasm for reducing infections.

"Year after year she has led campaigns for handwashing, flu jabs and MRSA prevention and has made a massive contribution to the Trust's performance in an area of care which is so important for our patients."



Infection control and prevention specialist nurse Carole Hallam, centre, receives her award

Project PETE helps efficiency

THE TRUST has launched project PETE – "Procurement Efficiency Through Engagement" aimed at saving the Trust over £3m over the next 12 months from non-pay expenditure.

This is designed to protect the workforce and allow the Trust to invest in nursing and medical staffing levels.

PETE will focus on the products and services we use, from drapes and gowns to hearing aids, to IT

support and waste. PETE will focus on staff and supplier engagement, product tendering and product selection.

PETE will be a co-ordinated effort with suppliers, directorates and key clinical and operational staff to deliver savings.



PETE

To read the press releases, visit the Latest News section on the home page of our website www.cht.nhs.uk

Activities for members and councillors

On the walkabout: Gladys Holroyde, Gordon Male, Bernard Pierce, Grenville Horsfall and Joan Taylor with Kate Wileman at the microscope



A WALKABOUT round the cytology department at Calderdale Royal Hospital was enjoyed by some of our members and our membership councillors.

It was part of the Go See aspect of our new Four Pillars campaign. This included a behind-the-scenes view of pathology, microbiology and X-ray.

Associate director of engagement and inclusion, Ruth Mason, said:

"They were enthralled by what they were shown and bowled over by the professionalism of the staff."

Our hardworking members and

membership councillors have continued to play their very active role in testing our services and feeding their findings back to us in many areas of care. This is invaluable to us. Recently they have been testing the support services at Calderdale Royal Hospital such as food, portering and laundry in conjunction with the Patients Association.

Three public members were involved in testing taxi transfers as part of a procurement tender process. The members were asked to use different taxi companies and report back on aspects such as how

helpful the drivers were, their disability awareness and their driving standards.

Our councillors have also continued walkabouts in various areas of the Trust talking to staff, patients and families to pick up on any areas for future improvements. These areas have included: Appointment and Health Records, HRI; Laboratories, HRI; The Pharmacy Manufacturing Unit; Theatres, CRH; Endoscopy Unit, CRH; A & E, CRH; Pathology and Radiology CRH (pictured)

Our heartfelt thanks to them all for their time and dedication to this Trust and its patients.

We are delighted to announce this year's programme for 2014 featuring amazing developments in our ultra-modern scanning and X-ray equipment, the role of the anaesthetist and a junior doctor telling how it really is on the NHS frontline. Our Medicine 4 Members talks are hosted by our experts here at the Trust who will bring you up to speed with all the latest developments in their fields of medicine.

Medicine 4 Members

Educational and amusing

In February, Radiographer Ellen Howie will give a light-hearted talk about how X-rays and scans transform diagnosis from when we are babies and still in the womb through to when serious illness is being diagnosed later in life.

She gives an amusing, potted history with comedy black and white photographs of how it used to be after X-rays were first discovered in 1895 and talks about the amazing technological developments and patient benefits there have been since.

Ellen, one of our X-ray Service Leads, said: "The science hasn't changed but the technology has. In the very early days scientists were testing them on family members and thanks to all that medicine gained the use of X-rays. Now, a CT scan which used to take 20 minutes is now four minutes. All these improvements and advancements now mean patients can get a more accurate and early diagnosis and this can help ensure they can get the right treatment at the right time. I have been a radiographer for over 30 years and it still continues to amaze me."

And in April Tim Jackson, a consultant anaesthetist, will be talking about his work. Tim is one of the team of 38 anaesthetists who work at both

sites providing cover 24/7. He attends between 10 and 20 operations a week (depending on the complexity). Some, such as an abscess incision can take 10 minutes, others, such as complex vascular surgery can take a whole day.

He said: "Anaesthesia is often compared to flying a plane where take-off and landing are most crucial. For us, putting a patient to sleep and waking them up after their surgery are critical times though in emergencies it tends to be critical throughout."

So if you've ever wondered what anaesthetists do once you're asleep, then come along. Would you be interested in seeing scans which can now focus on a single artery? Then come along.

To book call the membership office on 01484 347342 or email: membership@cht.nhs.uk.



Above: Radiographer Ellen Howie in the modern-day scanning suite



Left: The first X-ray room at Huddersfield Royal Infirmary



Right: Consultant anaesthetist Tim Jackson

Members' Events Calendar 2014

Here is the rest of our programme for this year. We hope there is something for everyone! These popular events must be booked in advance. However, anyone who is not a member can book and we will be happy to sign them up as a member at the event itself. Please book your place via e-mail membership@cht.nhs.uk. Reserved places will be confirmed back via e-mail. Alternatively you can contact the Membership Office on **01484 347342**. If you have booked a place at a forthcoming event, but can no longer attend, please let our membership office know so that your place can be offered to another member.

Date: 2014	TITLE	SPEAKER	VENUE	START
Tuesday 4th February	'Radiology from Cradle to Grave'	Ellen Howie, Vascular Service Lead, X-ray	Lecture Theatre, HRI	Registration 5.30 p.m. 6.00 p.m. Presentation
Monday 10th February	'Radiology from Cradle to Grave'	Ellen Howie, Vascular Service Lead, X-ray	Lecture Theatre, CRH	Registration 5.30 p.m. 6.00 p.m. Presentation
Wednesday 2nd April	'A day in the life of an Anaesthetist and his role in ICU'	Dr Tim Jackson, Consultant Anaesthetist	Lecture Theatre, HRI	Registration 5.30 p.m. 6.00 p.m. Presentation
Monday 7th April	'A day in the life of an Anaesthetist and his role in ICU'	Dr Tim Jackson, Consultant Anaesthetist	Lecture Theatre, CRH	Registration 5.30 p.m. 6.00 p.m. Presentation
Thursday 5th June	'A day in the life of a Junior Doctor'	One of our new Junior Doctors from the intake in August	Lecture Theatre, HRI	Registration 5.30 p.m. 6.00 p.m. Presentation
Wednesday 11th June	'A day in the life of a Junior Doctor'	One of our new Junior Doctors from the intake in August	Lecture Theatre, CRH	Registration 5.30 p.m. 6.00 p.m. Presentation

Right care, right time, right place is aim of strategic review

THE WAY health and social care is delivered across Calderdale and Huddersfield is being reviewed as part of a drive to improve services.

Seven organisations have come together – our Trust, Calderdale Clinical Commissioning Group (CCG), Calderdale Council, Greater Huddersfield CCG, Kirklees Council, Locala Community Partnership and South West Yorkshire Partnership Foundation Trust.

The changes are needed because:

- Advances in medicine have changed the way patients are treated
- The costs of new drugs and treatments are increasing.
- We have a growing and ageing population placing greater demand on

services. Many people want greater choice and more care closer to home.

- The annual cost of health and social care across Calderdale and Huddersfield is now more than £400 million.
- Modern lifestyles are creating new health issues including increasing rates of obesity, diabetes and heart disease.

The review is examining how care can be delivered which makes best use of skills, buildings, equipment and technology; how services can join up; how commissioning the services people need is done; and how services for children are provided.

The review will involve wide ranging staff, patient, stakeholder and public involvement.

Meet the Membership Councillor: Martin Urmston

Why did you want to become a member of this Foundation Trust?

I have worked in the NHS for over 30 years. I now live in this area and felt I wanted to give something back to the NHS and the local area. I feel it is important that the public get involved with local public bodies. I was also told you get coffee and biscuits at any events you are asked to attend!!

What have you enjoyed most?

Seeing a service that is truly embracing a concept of a positive working culture. Where people are trying to develop and learn from both success and in some cases failures. There is no blame culture from the top only a desire to improve.

What has been interesting/surprising about the role?

I have been privileged to meet some very talented staff who work within the trust. What I have found interesting is the fact the patient has always been put first in all discussions and strategic decisions including some very difficult ones we face in the future. Decisions are not made for the convenience of staff but for the greater good. The people I



Far left: Martin wearing his favourite shirt, which his wife will not let him wear!



Left: Martin on holiday in the USA where he tried walking on stilts.

have come across are very sincere and are working hard for the community. **Have there been any funny moments?** Being elected! Being strong-armed into being a chair of one of the working groups! My only promise was to keep one of the member's contributions to less than 1 minute at any one time. I failed at the first fence when she advised me it would take a better man than me to do that!! **How important do you feel your role is?** The Trust board takes the role of the membership council seriously. It is a

role I feel will develop and grow in importance over the years. There is an increasing amount of public scrutiny of the public services and this is a mechanism which can help in the future. **What is satisfying about it?** A feeling that you can contribute and will be listened to. **What would you say to anyone thinking about it?** We should stop moaning about services if we are not prepared to be involved and try to articulate our opinions in a constructive way.

Delivering care – it's all thanks to our great team

We would like to sign off this publication again with a tribute to our staff who make this Trust a great healthcare provider for the communities of Calderdale and Huddersfield. They work so hard in their teams to deliver quality care for our patients and their families – and yet are constantly thinking of others. Here's a round-up of their charity achievements.



Pharmacist Ian Harrison – before and after

To Baldly go....

Pharmacist Ian Harrison shaved his head (without telling his wife!) for Children in Need, left, and led another fab effort from staff right across the Trust for this annual fundraiser; Staff on the day surgery unit at HRI, right, also dressed up.



Staff from the day surgery unit



Admin staff in grey

What a grey-t day

Admin staff in our bank office wore grey in support of colleague Leander Stones – our former membership officer – who has recovered from a brain tumour.



Movember: The IT team

Fan-tache-tic

Movember attracted some fan-tache-tic moustache growing including our oncology consultant Johnathan Joffe who has just been created a Professor at Leeds University Medical school. Also pictured are lads from the IT team.



Johnathan Joffe



Sam Womersley, who dyed her hair for charity

Great hair day

Specialist nurse Nicola Neale, centre, celebrated her 40th with a party and raised £400 for pancreatic cancer research and catering assistant Sam Womersley dyed her hair to match the colour of the new Cancer Research logo and raised more than £500



Nicola Neale – money-raising birthday

Membership councillors

It has been our pleasure to welcome new members to our Council after recent elections and here's a quick profile of them all.

Jennifer Beaumont is a self-employed occupational therapist, case manager and intermediary working with vulnerable adults.



Her passion for equality and adult safe-guarding has driven her to include work as an inclusive design assessor for the Civic Trust and specialist adviser and compliance inspector for the Care Quality Commission. She is a registrant member of the Health and Care Professions Council. She lives in Lindley, Huddersfield, is married with two children and her interests include orchid-growing, classic cars and caravanning.

Wayne Clarke is an ordained Baptist minister at New North Road Baptist Church, Huddersfield, and lives at Marsh, Huddersfield. He also worked for the BBC for 11 years. He is married with two children who are both students and he enjoys TV quiz shows and the canals – especially waterside walks along the tow-paths.



Grenville Horsfall from Brighouse formerly worked in the car and amusements industries. He was a Calderdale Councillor for



12 years and also a member of the former Calderdale Community Health Council for six years. He is married with two children, and three grandchildren and his interests include politics and golf.

Dianne Hughes has worked in the NHS for 50 years and for the past 32 years has been night services matron at Sheffield. She is also a Marie Curie nurse. Dianne, from Emley, is married with a grown-up son and is very involved in the annual Emley Show. She is a civil funeral celebrant and also involved in local church life.



Joan Taylor lives in Todmorden and has spent more than 40 years in the clothing and textile industries. She is a mum and has a degree in visual studies and is passionate about the NHS. She says: "The NHS is the best thing about this country. It keeps us strong and it keeps us as a country functioning. It needs protecting."



DIVISIONAL REFERENCE GROUPS – WHO SITS ON WHAT

Children, Women & Families (CWF)

Chris Breare, Wayne Clarke, Liz Farnell, Bernard Pierce, Mary Kiely, Kate Wileman*, Marlene Chambers

Surgical & Anaesthetics (S&A)

Bernard Pierce, Martin Urmston*, Johanna Turner, Linda Wild, Grenville Horsfall, Avril Henson

Diagnostic & Therapeutic (DATs)

Avril Henson, Peter Middleton*, Wayne Clarke, Janette Roberts, Marlene Chambers, Liz Schofield

Medicine

Chris Bentley, Jennifer Beaumont, Johanna Turner, Peter Middleton, Dianne Hughes, Liz Schofield*

Estates & Facilities

Liz Schofield*, Chris Breare, Grenville Horsfall, Eileen Hamer, Joan Taylor, Liz Farnell
* Divisional rep.

LIST OF COUNCILLORS

Public – elected

Chris Breare
Peter John Middleton
Bernard Pierce
Janette Roberts
Liz Schofield
Linda Wild
Martin Urmston
Andrew Sykes

Marlene Chambers
Kate Wileman
Johanna Turner

Staff – elected

Chris Bentley
Liz Farnell
Mary Kiely
Eileen Hamer
Avril Henson

Stakeholders

Sue Cannon
Jan Giles
Bob Metcalfe
Dawn Stephenson
Professor John Playle

Get in touch

If you would like to get in touch or would like to find out more about services provided by the Trust, please contact the membership office on 01484 347342 or via e-mail membership@cht.nhs.uk