**NHS Foundation Trust** 

# Foundation News

THE NEWSLETTER FOR MEMBERS, BY MEMBERS

JANUARY 2011

# The best in Britain

### OUR Trust has been named Acute Healthcare Organisation of the Year.

Staff attended a prestigious ceremony for the annual Health Service Journal (HSJ) Awards 2010 in London on 29 November. It is one of the most important award ceremonies for the NHS and our Trust received the top award.

The HSJ is a leading publication on health policy and management and the award attracted strong competition from eight other hospital trusts. Judges travelled the country to meet staff and hear about work taking place at each of the organisations.

Chairman Sukhdev Sharma said the award was a fantastic achievement for the Trust and an accolade every member of staff, volunteer and Trust member could be proud of.

"This is a real cause for celebration and national recognition of the great achievements we have made as a Trust thanks to our staff and supporters. Every one of them can be proud."

Chief executive Diane Whittingham said: "I would like to thank our staff because this is their award and a



testament to all their hard work.

"When the judges came to see us it was our staff, patients and our membership who all worked together to showcase the work of the Trust – this recognises them and all their efforts.

"No organisation works in isolation so this award also shows the strength of the system we work in and our local authority and primary care partners.

"The competition was extremely strong for the award so to receive it in those circumstances is a real honour."

Celebration: Ward 12 staff with the HSJ trophy



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# Refurbished Ward reopens

STAFF and patients are now back on ward 21 after £1.9 million refurbishment.

It is the single biggest-ever specialist ward upgrade at Huddersfield Royal Infirmary designed for patients recovering from strokes.

The opening ceremony was on December 20 where former patients were the special VIP guests.

Special features for ward 21 include wet rooms instead of bathrooms to make access easier, special lighting to help patients whose sight has been affected and a therapy area which has a kitchen where patients can be assessed and re-learn domestic chores as part of their rehabilitation.

Ward 10 – a general ward was recently completed at a similar cost – and other wards and lifts and lift areas have been refurbished as part of the rolling programme.

Ceremony: Keith Walker and David Tinsley and Mr Walker's wife Wendy join staff at the re-opening of Ward 21 – patients have been supporters and fund-raisers for the ward

# Keeping you informed and involved

Introduction by Chairman Sukhdev Sharma Welcome to the





Our staff and Membership Councillors were delighted to meet many of you, and show some of our achievements and service developments at our popular Annual General Meeting and Health Fair on October 7. I hope that you enjoy reading our review on page two.

The year 2010 ended on a celebratory note for everyone at our Trust, when we were named the Acute Healthcare Organisation of the Year in the annual Health Service Journal Awards. The awards celebrate all the excellence, endeavour, innovation and inspiration within the healthcare profession and receiving it is a testament to the high quality services provided by our dedicated staff.

I would like to thank all our staff, volunteers and members for making our Trust one of the very best in the country.

With your continued commitment and support, we are well placed to meet the challenges of the future and that's great news for our patients and our local communities. 

Sukhdev Sharma, Chairman

#### **Update your details!**

WE TRY to keep our members' database as accurate as possible but we do rely on you to tell us about any changes.

We have a facility for you to update your personal contact details, membership preferences, areas of interest and take part in web-based surveys on our secure members' portal website.

The development is one of the first of its kind within the NHS and it aims to improve communications with you, our members.

You will need your unique membership number in order to access the area.

Please contact the membership office on 01484 347342 to find out your number, and then keep it in a safe place for future reference and use.

You can access the new area via our website www.cht.nhs.uk. Click on the members' tab on the homepage, then click where it says 'Membership Portal'

and follow the on-screen instructions.

Alternatively, just drop us an email to membership@cht.nhs.uk or telephone the membership office on 01484 347342.

Email and web technologies make it easy for us to contact you and update you quickly on events and developments, and will help us to further reduce our carbon footprint.





# Meet the Council Member

Joanna Birch



#### Why did you want to become a member of this **Foundation Trust?**

I have worked for the Trust for a long time, and I am very proud of the work that we do. I wanted to play a greater role in sharing that with the public.

What are our strengths as an FT? Excellent patient care and strong financial position.

#### What is your idea of perfect happiness?

Probably a few weeks on holiday, somewhere hot, with a pile of good books.

What is your best ever present? A surprise trip to New York

#### from my husband Mark How do you relax?

I used to play hockey. Now I've retired from playing, I enjoy umpiring matches – despite the abuse!

#### What is the most important aspect of your work?

Making sure that we deliver the best possible services for our patients.

#### What is your favourite place? South Africa. I have been lucky enough to go twice

and I have loved it. Who would I like to have dinner with and why?

#### Clint Eastwood – he's just so cool. What is your most

treasured possession? My grandma's engagement ring. What is your favourite

film scene? Anything from *House* of Flying Daggers.

### Membership Council election results announced

THIS year's elections to the Membership Council took place in the summer, and the results were announced at our AGM on October 7th.

There was a strong field of candidates from many walks of life and we would like to thank everyone who took time to vote.

The elections were conducted for he Trust by the Electoral Reform Services, in accordance with the rules set out in the Trust's constitution.

#### The results were: Public seats:

- Constituency one (Calder Valley, Luddendenfoot, Todmorden) -Bernard Pierce (re-elected)
- Constituency two (Birkby, Crosland Moor, Deighton, Newsome, Paddock) – Harjinder Singh Sandhu
- Constituency three (Almondbury, Dalton, Denby Dale,
- Kirkburton) Wendy Wood Constituency five (Brighouse,
- Elland, Greetland, Stainland, Rastrick, Skircoat) (two seats) – Lisa Herron and Vera Parojcic Constituency eight (Colne
- Valley West, Golcar, Holme Valley North, South, Lindley) -Janette Roberts (re-elected)

Congratulations to the successful candidates. Please see our back page for a fully updated Membership Council.

# Trust health event proves a huge success

VISITORS who attended our joint Trust Board and Membership Council AGM on October 7 at CRH have hailed it as a huge success.

The meeting was told that capital investments during 2009/10 included £2m refurbishment of ward 10 at Huddersfield Royal Infirmary, new state-of-the-art endoscopy units at the Huddersfield Royal Infirmary and Calderdale Royal Hospital and £0.4m to improve privacy and dignity standards.

Deputy chairman of the Membership Council, Peter Naylor, told the meeting that the Trust's membership – drawn from the general public and staff – had helped provide "fresh eyes" on services 'visiting wards and departments to give feedback from a layman's perspective.' Before the meeting started local residents, foundation trust members

and staff had the chance to visit a health fair in the hospital and take part in tours, including the X-ray department and pharmacy dispensing unit.

Visitors also had the chance to try out resuscitation techniques on training models in the hospital's clinical skills laboratory and had opportunity to taste hospital food.

Our chairman Sukhdev Sharma said: "The event had a great atmosphere and I would like to thank staff and Membership Councillors for making it a success.

Thank you to everyone who completed evaluation forms. Your views are very important to us and will help us to further improve future events.



# Red carpet night for Trust staff

#### **EACH** year we recognise staff innovation that leads to improved care for our patients.

This year the winner of our £5,000 Gordon McLean overall award for the best healthcare project, named after our much-loved former chairman, was complex care matron Amanda McKie and Jill Robson of Mencap in Kirklees with their project to improve the experience of people with learning disabilities in hospital.

Radiographic assistant John Mannion was hailed "Unsung Hero" of 2010 for his ability to put patients at ease during their MRI scans at Huddersfield Royal Infirmary. Other awards included:

#### Leaders of the year

Service improvement manager Tania King and consultant in pain management Dimple Vyas.

#### Volunteer of the year

Lily Lister, a volunteer at CRH for 40 years. Lily was also given the Chairman's Discretionary Award for Lifetime Achievement..

#### Department of the year

The stroke team, led by acute stroke pathway nurse Jackie Wilkinson.

#### Ward of the year

Local care

THE TODMORDEN Health

Centre is proving a huge

numbers of patients get

their hospital care there.

outpatient appointments,

would otherwise have been

More than 10,000

x-rays and scans which

carried out at CRH have

it opened in April 2009.

been delivered there since

success as increasing

All wards were judged against a series of standards aimed at

The ward 10 team at CRH consistently proved to be the most successful.

#### Patient experience

Service lead in radiology, Ellen Howie, senior radiographer Tracey Stewart and medical illustration manager lane Armitage, with a project to help patients with learning disabilities.

Denham and administration assistant De-Anne Durkin, with a project to help patients undergoing endoscopy.

#### Improving effectiveness of care

Consultant anaesthetist Paul Knight for leading a scheme used in colorectal and gynaecology to get patients fitter sooner.



# Putting the focus on future services

AS PART of the Transforming Community Services we are working closely with our colleagues in primary care to develop integrated and effective health services.

We're currently looking at exploring the future design of two services: those for patients with heart failure; and those for patients with COPD (Chronic Obstructive Pulmonary Disease).

To help inform this process, members were invited to attend a focus group discussion on Wednesday 11th August 2010 at the Learning Centre in CRH. 33 members and Membership Councillors attended, and heard a presentation given by staff from across the two services.

Members offered their experiences and views, and complimented staff on a lively and informative evening.

Feedback from the event is now being included in the redesign of these two services.

> Reward: winners of the Gordon McLean Award, complex care matron Amanda McKie and Jill Robson of Mencap pictured with chairman Sukhdev Sharma

# Newswatch: round-up of what's been happening around the Trust

Our Trust communications team promotes news about our investments, service developments and staff achievements through the local and regional media. Below are some recent highlights:

#### All eyes on new theatre A NEW theatre for eye surgery has

opened at HRI. The theatre, costing £150,000, will be used mainly for ophthalmology cases, such as cataract and eyelid surgery, where only a local anaesthetic is needed.

#### Patients given a helping hand

PATIENTS coming into CRH and HRI will be given a helping hand to make their stay easier. A new booklet has been put together which provides a

host of information from what clothing to bring, where shops are located and infection control information.

#### Long service awards

STAFF who notched up more than 3,000 years between them were recognised for their long service at an awards night for the Trust. Four with 40 years and 38 members of staff with 25 years service collected their certificates from chairman Sukhdev Sharma at the staff at the staff awards night held at Bertie's in Elland.



 To read the press releases, visit the Latest News section on the home page of our website www.cht.nhs.uk.

Above: some of the long service holders at Bertie's in Elland. Left: consultant surgeon Peter Holdsworth and patient Susan Kave at Todmorden health Centre

# Safe, Effective and Personal

OUR medical director Yvette Oade introduced a Quality Improvement Event to assess our progress in key areas – safety of care, effectiveness of care, exemplar ward programme and improving patient experience.

She stressed the importance of the work and said: "patients have a right to expect a high quality of service. Our quality improvement work is a key priority for us and underpins every aspect of our work. We want to ensure the best

clinical outcome and patient experience for everyone under our care.

Getting feedback was a key part of the event held in the Learning Centre at HRI. The feedback will help shape our priorities for the Quality Account 2011/12.

Membership Councillors worked with Assistant divisional directors Judy Moorhouse, Alison Lovatt, Emma Livesley and Julie Barlow to host the different areas. Trust members were able to visit a range of information stations and appreciated the opportunity to talk directly



**Demonstration: Matron Chris Bentley** and FT member Nasim Banu Esmail

to matrons and clinical colleagues. Information stations covered a range of issues including improving the impact of our hospital entrances; our appointments systems, and the experience in A&E.

Trust members who attended said:

"Thank you for a very interesting and informative evening. I was very impressed by the professionalism of the staff." Everyone hosting stands was clearly enthusiastic about how their work is bringing about improvements for patients.



Teamwork: From the left cardiac physiologist Viv Dudley, angiography sister Kate Griffin, consultant cardiologist Simon Grant, registrar Talal Ezzo, radiographer Yvonne Phillipson, staff nurse Ally Smith, staff nurse Vanessa Brady, matron Janette Cockroft and staff nurse Lynne Berry

Thank you: Sukhdev Sharma, Diane Whittingham, Allan Templeton, **George Richardson and Ruth Mason** 

# Hospital event celebrates work of councillors

OUR chairman Sukhdev Sharma hosted an event at Calderdale Royal Hospital to welcome new Membership Councillors, and as a thank you to Membership Councillors whose terms of office had ended recently.

He thanked Lesley Longbottom, Allan Templeton and George Richardson for their sterling work as Membership Councillors and welcomed Harjinder Singh Sandhu, Lisa Herron, Vera Parojcic and Wendy Wood to our Trust.

Membership Councillor and deputy chair, Peter Naylor, presented director of organisational development, Jan Freer, with a gift to acknowledge all her hard work with the Membership Council.

Our chairman Sukhdev Sharma said: "We have had a good year, and it is all thanks to the hard work, innovation and commitment of our staff, Membership Councillors and volunteers.'

#### Hundreds join at recruitment events

**COUNCIL** members and Trust staff have been out and about recruiting new members. Around three hundred new names were added to our Foundation Trust membership following recruitment events at Calderdale College and Kingsgate Shopping Centre.

A warm welcome to all our new members.



Above: membership councillor Chris Breare signs up a new member in Kingsgate Shopping Centre. Below: New members sign up at Calderdale College Freshers' Fair



# 'Think about joining the organ register'

**MEMBERSHIP** councillor Janette Roberts understands very well the ordeal many families go through while waiting for donor organs to become available as her husband Richard died while waiting for a heart transplant.

It is one of the reasons she finds her work on the Trust's organ donation committee so rewarding – and hopes that telling her story might make others think about joining the organ donation register. "I am on the register and all

my children are prepared to be donors. I think it's such a positive thing to do," she said. Janette, of Meltham,

Huddersfield, is starting her fourth year as a Membership Councillor. She was a night sister before moving into a career in education and her life-long interest in health prompted her to join our foundation trust.

When it was mentioned in

a meeting that a new organ donation committee was being formed at the Trust, she immediately expressed an interest.

"I was working with the Royal College of Anaesthetists looking at organ donation and was also interested because of my husband's experience

> of waiting for a donor. "Richard had a heart attack when he was only 37. He needed angioplasty but became seriously ill as they they had to do a triple heart and for many years led





### 0300 123 23 23 organdonation.nhs.uk

recover from it. His health deteriorated and he was assessed for his suitability for a heart transplant.

"This included looking at his lifestyle. If you are going to receive a donor organ it is such a precious gift so it is very important that you will treasure it and look after it."

into Wythenshawe Hospital and waited for a suitable donor but sadly his own

"In a strange way I still had a positive experience even though we weren't lucky," said Janette. "It was lovely to meet people who had been seriously ill and received new hearts and to see and hear how their lives had changed.

"So my message to people is – the choice is yours but just think about joining the organ donor register.

nhs.uk or call 0300 123 23 23

After the assessment, Richard went

heart gave up before that happened.

To join the register www.organdonation.

Telling her story: Janette Roberts and photo of her late husband Richard

## cardiology services OUR Trust has received accreditation from

Top recognition for

the British Cardiovascular Intervention Society (BCIS) to provide a highly specialised service for patients suffering from heart attacks and angina.

Percutaneous Coronary Intervention (PCI), previously called angioplasty, involves opening up a blocked or narrowing artery with a balloon and putting a stent in place to prevent the artery blocking again.

The new service will be up and running from a refurbished, state-of-the-art facility on the Coronary Care Unit at Calderdale Royal Hospital in the spring.

As part of the new development, patients can be fitted with a stent at . Calderdale Royal Hospital, instead of having to travel to Leeds General Infirmary.

Cardiology manager Chris Monaco said: "We have been working towards providing this service at the Trust for eighteen months.

"This achievement recognises a great team effort within our department, along with our colleagues in primary care and the ambulance service.

"We are passionate about delivering the best possible healthcare for our patients and this service will benefit local people by bringing complex care closer to home."

Consultant cardiologist Simon Grant added: "The whole team has worked really hard to make this happen and we are delighted that we will soon be able to provide this very important service from Calderdale Royal Hospital.'

## **Exclusive events** for you!

OUR Trust holds exclusive events throughout the year for you, our members, but admission is by ticket only as spaces are limited. Places will be allocated on a first come, first served basis. Please contact the membership office on 01484 347342 or via email membership@ cht.nhs.uk to book your place(s). If you have booked a place at a forthcoming event, but can no longer attend, please let our membership office know so that your place can

#### **Medicine for Members –** educational events inspired by you

**OUR exclusive Medicine for Members** events are an opportunity for you to find out more about the work of our hospitals and about specific health issues of interest to you.

In September the events focussed on the bowel screening programme. **Bowel Centre Screening Centre** Manager Kathryn Aldous gave an overview of the NHS Bowel Screening Programme, where invitation for screening and the testing kits are being sent to men and women aged 60-69. She explained the provalue of such screening which can provide early detection and save lives.

In November senior nurse Lindsay Rudge and deputy director of nursing Rob Dearden gave an overview of the Exemplar Ward programme and how this approach is freeing up nurses time so that they can spend more time with patients.

Head of patient and public involvement Angela Bradshaw, said: "These events are a great opportunity to meet our staff and find out about



From left: members Jacqueline Henderson, Gladys Holroyde and Sandra Knott with deputy director of nursing Rob Dearden, Phoebe Rudge and senior

# Members events calendar 2011 – for you to cut out and keep

Please note: ○ registration and refreshments 5.30pm ○ events start at 6.00pm

Ī	DATE	TITLE	SPEAKER	VENUE	TIME
J	Wednesday 19 January	<b>Enhanced Recovery Programme</b> An update on how patients are benefitting from a new approach to planned surgery	Dr Paul Knight, Consultant Anaesthetist	Lecture Theatre, HRI	6.00pm
<b>X</b>	Wednesday 26 January	<b>Enhanced Recovery Programme</b> An update on how patients are benefitting from a new approach to planned surgery	Dr Paul Knight, Consultant Anaesthetist	Lecture Theatre, CRH	6.00pm
I	Wednesday 16 March	Organ Donation – the gift of life An overview of what the Trust is doing to support government recommendations and increase the number of organs available for transplant.	Rachel Wiseman, Specialist Nurse – Organ Donation	Lecture Theatre, HRI	6.00pm
1	Wednesday 23 March	Organ Donation – the gift of life An overview of what the Trust is doing to support government recommendations and increase the number of organs available for transplant.	Rachel Wiseman, Specialist Nurse – Organ Donation	Lecture Theatre, CRH	6.00pm
ı	Wednesday 4 May	'Casualty' Understanding Accident & Emergency Services	A&E Medical and Nursing Staff	Lecture Theatre, HRI	6.00pm
1	Thursday 12 May	'Casualty' Understanding Accident & Emergency Services	A&E Medical and Nursing Staff	Lecture Theatre, CRH	6.00pm

# Meet the **Membership Council**



Christine Breare is a retired general dental practitioner who had an interest in continuing post-graduate education for dental practitioners and clinical audit. Married with two sons and four grand-children, she lives in Upper Hopton near Mirfield. She is a church warden and secretary of the Upper Hotpon Community Association.



Dr Liz Breen is a lecturer for the School of Management at the University of Bradford. She has two children and lives in Calderdale.



Lisa Herron is an Environment Officer with Kirklees Council. She has two daughters.



Richard Hill is an associate director of business development, communications and marketing at the Humber Mental Health NHS Teaching Trust. Prior to this, he worked as global director of marketing for an international photographic company. He is married with two sons and lives in Kirklees.



Yash Pal Kansal worked in the pharmaceutical industry and NHS. He is a carer for his disabled mother and lives in Kirklees. Yash has assisted on consumer related matters at the Hindu Temple in Huddersfield.



Frances Macguire is a specialist registrar in public health for Yorkshire and the Humber. She has worked for environmental non-governmental organisations for a number of years on climate change and biodiversity conservation. She has two children, and lives in Calderdale.

Get in touch

If you would like to get in touch with a **Membership Council** member, or would like to find out more about services

provided by the Trust,

please contact the



Christine Mickleborough is a retired nurse, midwife and community nurse. She is a member of the Royal College of Nursing, and the St Luke's Hospital (Bradford) Nurses League. She is also a member of South West Yorkshire Mental Health Trust and is diocesan co-ordinator for the Children's Society. Married with one son and one daughter, she lives in Calderdale.



Peter Naylor is married with two sons and lives in Calderdale. He is retired from the financial services industry.



Vera Parojcic is chair of Aye Eye, an appeal to raise funds for ophthalmology equipment in Calderdale and Kirklees. She is married with a grown up family and lives in Calderdale.



Bernard Pierce of Mytholmroyd, has a background in social work and then in medical education at both undergraduate and postgraduate level. He was a lecturer at the Leeds School of Medicine and at the Yorkshire Deanery.



Dot Rayner is a retired manager of employment services for people with disabilities. Married with two grown-up children, she is a member of Arthritis Care and a member of Fuchs Friends (an organisation for people with a specific eye condition).



membership office on: 01484 347342



or by post to: The Membership Office, Calderdale and Huddersfield **NHS Foundation Trust, Freepost** HF2076, The Royal Infirmary, Lindley, Huddersfield, HD3 3LE



Jan Roberts was a headteacher at Gomersal First School for 13 years and at schools in Skelmanthorpe and Dewsbury. She is married with two children and four stepchildren and after taking early retirement now works on a supply basis. She is a committee member for the Meltham Hospice, a member of the local Royal Society for the Protection of Birds and is a governor at Helme School, Meltham, as well as sitting on the Kirklees Governors' Panel.



Janette Roberts of Meltham, was a headteacher of a community primary school in Rochdale and two multicultural schools in Wakefield. She is widowed with four children and eight grandchildren. Now retired, she is a member of the Patient Liaison Committee of the Royal College of Anaesthetists, a patient representative on PEAT (Patient Environment Action Team), clinical audit and various cancer groups.



Harjinder Singh Sandhu is married with two children and lives in Kirklees. He is self-employed in a private hire business.



Linda Wild is married with one daughter and lives in Huddersfield. She graduated at the University of Huddersfield. Strongly committed to community involvement and engagement, she is a former Kirklees councillor.



Wendy Wood was a tutor in adult education, and a primary school teacher. She was a magistrate in Huddersfield then Dewsbury for many years and is a member of the Huddersfield and District Family History Society and the Youth Hostel Association. Wendy has four children, ten grandchildren and two great grandchildren and lives in Kirklees.



Sue Bernhauser is dean of human and health sciences at the University of Huddersfield. The University educates nurses and other health professionals who are employed within the children and lives in Kirklees.



director of quality and engagement of Calderdale Primary Care Trust. Prior to this appointment, she worked for Leeds PCT.



■ Helena Corder is married and lives in Todmorden. She is director of corporate services for Kirklees Primary Care Trust.



■ Chris Bentley is matron of the medical and elderly division. Her previous post was lead of critical care outreach and ICU. She lives in Kirklees and has one daughter.



■ Joanna Birch is married and lives in Calderdale. A physiotherapist by profession, she is the clinical director of the clinical therapy and rehabilitation directorate. She is currently the chair of Colne Valley Ladies Hockey Club, and umpire of North League Hockey.



■ Chris Burton is ward manager/ charge nurse on 5ab at Calderdale Royal Hospital, which is an acute medical and elderly ward for 31 patients. He is married with two children and is a school



Sally McIvor is head of adult social care operations at Kirklees Council. She is married with two children.



■ Jonathan Phillips is group director for Health and Social Care for Calderdale Council. He is responsible for adult social care and environmental health. He has extensive experience in working in partnership across health and social care local and nationally. Prior to joining Calderdale Council in January 2007 he worked for the Commission for Social Care Inspection. Jonathan is a qualified social worker.



Dawn Stephenson is director of corporate development for South West Yorkshire Partnership NHS Foundation Trust. She is a voluntary trustee of Kirklees Active Leisure and the Dr Jackson Cancer Fund. She is married with one son and lives in Huddersfield.



Sue Burton is project director of property partnerships at the Trust. An accountant by profession, she previously worked at Leeds PCT. Sue lives in Calderdale and has one daughter.



Liz Farnell is a nursing auxiliary on ward 6 at Huddersfield Royal Infirmary. Prior to this appointment, she worked at the Calderdale Royal Hospital. She lives in Calderdale



Paul Knight is a consultant anaesthetist and lives in Calderdale. He is married with one child