

# Foundation News

THE NEWSLETTER FOR MEMBERS, BY MEMBERS

SEPTEMBER 2009

## Keeping you up to date with Trust developments



**Introduction by Chairman Sukhdev Sharma**

In August we reached our third year as a Foundation Trust and I felt that this would be timely to reflect on our achievements and progress.

When our Membership Councillors first took up their posts in August 2006, we were one of only 40 or so Foundation Trusts and still very much in our infancy.

Since then, we have gone from strength to strength and it is encouraging to experience the growth in our confidence and capability.

Thanks to our financial freedom and careful management of our resources, we have been able to invest in a multi-million capital programme, provide more hospital services in the community, make changes in the way our hospital services are delivered and bring some services back to Huddersfield and Halifax, from centres in Leeds and Bradford. These changes will benefit local people for years to come.

You will be able to find out more about our investment, service developments

and achievements at our popular annual health fair and AGM 'Your health, your hospitals' on October 6. We have put together an amazing programme of 'behind-the-scenes' tours, interactive displays and lively presentations and there will be an opportunity for you meet our staff and Membership Councillors.

I look forward to welcoming you to 'Your health, your hospitals.'

**Sukhdev Sharma**  
Chairman

## Highlights

APRIL

**Recognised as the best**



**Our ICU team**

The two intensive care unit (ICU) teams at the Trust have become the first in the country to gain a national award recognising high quality and innovative care for patients.

The units at Calderdale Royal Hospital and Huddersfield Royal Infirmary have secured stage one of Practice Development Unit (PDU) accreditation from the world leading health experts at Leeds University.

The teams scored highly for their innovative work including the introduction of new follow-up clinics, an improved bereavement care project and alternative therapies including aromatherapy massage for patients, staff and relatives.

MAY

**£2 million new unit at Calderdale Royal Hospital**

Work started on a new £2 million state of the art unit for patients needing endoscopy tests at Calderdale Royal Hospital.

More than 7,000 tests using fibre-optic cameras for stomach, bowel, oesophageal and gynaecological conditions will be carried out there every year.

The new unit replaces and extends the existing endoscopy facilities with state-of-the-art equipment and treatment rooms.

The work is expected to be completed in December.

JUNE

**Top award for MAU**



**The CRH MAU team**

Our medical assessment unit (MAU) at Calderdale Royal Hospital has retained a prestigious national award recognising high quality and innovative care for patients.

The unit was recently re-accredited at level two for its medical emergency care as a Practice Development Unit by health experts from Leeds University.

Speaking about the unit in their report, the assessors said that developments pioneered by the unit to improve patient care were "marvellous."

**Celebrating success**

Each year we take time out to celebrate the innovation and dedication that leads to improved care for our patients. This year the overall winner was the SWANS project (Support for Women and Antenatal Services). The project is a partnership between the Trust and Kirklees Council. The group offers help and support to women on a range of issues including ante-natal advice, parenting skills and housing issues.

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## Your privacy is our priority

**WORK has been taking place across our two hospitals in recent months as part of the latest steps to ensure privacy and dignity for our patients.**

Our efforts to ensure our patients receive high quality care include vital work to make sure that their individual needs are catered for.

One of the biggest schemes has taken place on the medical assessment unit (MAU) at Huddersfield Royal Infirmary, where a 10-bedded area has been changed into two four-bedded rooms and one two-bedded room.

New handwash basins have also been installed featuring electronic taps, which do not need to be touched to turn on or off, as part of infection control initiatives.

Senior sister Amanda Shaw said: "Patients are very pleased with the new environment and many have commented on the cleanliness and layout."

Another major scheme currently underway is a £2 million transformation to ward 10 – one of the oldest wards at the Huddersfield Royal Infirmary.

Consultant surgeon, Peter Holdsworth, said: "The ward will offer our patients the very best environment for their care and the new ward 10 is a tremendous investment for HRI."

Other work taking place has included:

- Work on ward 5 at HRI to turn an old lift shaft into a linen store, which has allowed the former linen store to be turned into a shower and toilet. An office has been turned into a relatives' room and the former relatives' room will be a large bathroom



- On ward 3 at HRI a shared kitchen is being turned into a bathroom and new kitchens will be provided for staff and patients

- At CRH work is taking place to provide more bathrooms and more sluices and the signage has been updated on bathrooms and toilets.

**All change: sister Amanda Shaw, left, and staff nurse Charlotte Inman on the new unit. Inset, a view of the new MAU**

## Trust scores well in national ratings

OUR TRUST has scooped high scores in the 2009 Patient Environment Action Team (PEAT) assessment.

Rated on environment, food and privacy and dignity, both the Huddersfield Royal Infirmary and Calderdale Royal Hospital scored 'excellent' for food and 'good' for environment and privacy and dignity.

All NHS inpatient facilities in England with more than ten beds are assessed annually against scores of excellent, good, acceptable, poor or unacceptable.

The PEAT evaluation teams are

made up NHS staff including matrons, infection control nurses, catering, estates and domestic service managers, as well as patients, their representatives and members of the public.

Our Membership Council members have been actively involved, bringing a fresh perspective to the PEAT assessment process.

Membership Councillor Janette Roberts said: "It is refreshing to have hands-on involvement in the process, as you can see the efforts being made by all staff to improve standards for patients."

## Designing the bugs out

A NEW range of hospital chairs, beds and furniture which will be key to infection control fighting in the future have been on show at the Trust.

The equipment has been created by the country's top designers for the Design Council, who were given the brief of making them easy to clean and easy to use.

The equipment was on a national tour of the seven Showcase Hospitals in the country so health professionals could give their feedback on the designs to decide if they go into production and onto the wards.

The new prototype equipment includes



**Better by design: FT members Geoffrey and Glenis Wadsworth and infection control nurse Andrea Denton try out a prototype chair**

chairs, commodes, bedside storage and mattresses and equipment such as cannulae and blood pressure cuffs.

Meet the Membership Council member

PAUL KNIGHT



Paul, pictured above with his son, Chris, is a consultant anaesthetist and lives in Calderdale

Why did you want to become a member of this Foundation Trust?

I wanted to support the trust in finding new ways to work with patients and staff to keep improving the quality of care.

What are our strengths as an FT?

Strong finances give us an opportunity to invest sensibly for the future that other trusts don't have.

What is your idea of perfect happiness?

A glass of malt shared with my wife by the log fire back in the hotel after a long winter walk in the highlands and a good meal.

What is your best ever present?

My son, born on my birthday 8 years ago.

How do you relax?

A good walk with the dog.

What is the most important aspect of your work?

Dealing with people's fears when they are worried about their own health or the health of others that they care for.

What is your favourite place?

Far Northwest of Scotland, for the landscape, the wildlife and the space to think.

Who would I like to have dinner with and why?

Denis Healey. This probably comes as a big surprise- he's had an amazing life and his autobiography is a surprisingly good read.

Best chat-up line?

Never a strong point. My first words to the recovery nurse who would later become my wife were "Who needs recovery nurses anyway?" when she came into the theatre to tell me that there was now room in recovery at a time when we had just called for a nurse to take the patient directly back to the ward.

What would be the title of your autobiography?

Finding a different path

What is your most treasured possession?

A bow and arrows that I was given when at a tribal feast during my elective in Papua New Guinea.

What is your favourite film scene?

I'm a secret Bond film addict. For me the one I enjoy most is 'The Spy who loved me'. There are too many scenes to choose from, but I think I'll settle on the underwater car chase and the arrival of his amphibious car on the beach, complete with careful removal of a stray fish.



New appointments centre opens its doors

TRUST staff invited a patient to cut the ribbon at the opening of the new £500,000 appointments centre at Huddersfield Royal Infirmary (HRI) on March 30. Eighty-nine year old Fred Yates was chosen at random when he telephoned in to book an appointment. The offices, which are based at HRI, bring together three sections of the appointments team under one roof. Previously administration, follow up appointments and new patients appointment teams were spread over three different areas. Now the team, which takes more than 1,000 calls a day from staff and patients, are working in one state of the art office. The Appointment Centre freephone number is 08000 158 222. The Centre is taking calls from 8am to 7pm Monday to Friday and Saturday 9am to 12 noon. Pictured, from left, director of service development Lesley Hill, appointments centre general manager Katharine Fletcher, FT Council member Janette Roberts, patient Fred Yates, his daughter Linda Walsh and wife Kathleen.

Your interests matter

OUR Foundation Trust membership has grown to more than 11,000 of you represented by twenty-eight active Membership Councillors, giving us a strong and vibrant membership.

Coming from all walks of life, you our members represent a wide range of voices from our communities. This diversity will help us to better understand, plan and provide services, events and information that is most important to you.

Many of you will have areas of health and medicine that are of special interest to you, or you may want to get involved because of your personal experiences.

It is very important that we are aware of your interests. This will make sure that you are invited to those events which are of particular interest to you. And please let us know of any new interests as they arise.

Elections

AS a valued member of the Trust, you will have received a letter and information about the Membership Council elections. There are five public and four staff vacancies on the Membership council this year. Briefing sessions were held over the summer for prospective council members to find out more about the role. Postal voting among members is currently underway. Jan Freer, membership director said: "Please remember that one of the key benefits of being a Foundation Trust member is your right to vote in the Membership Council elections, so make your vote count." The results of the election will be announced at our annual Health Fair and AGM 'Your health, your hospitals' on October 6th.

If you have an Areas of Interest form, please fill it in today, and send it back to Leander Stones, or contact her for another one on 01484 347342 or email membership@cht.nhs.uk. Alternatively, you may wish to complete our on-line interest form, which you will find on the Members section of our website. Please visit www.cht.nhs.uk/members. Everything that you tell us will be stored in accordance with the Data Protection Act. Taking a few minutes to complete the form will help us to plan and provide a wide choice of health events and focus groups that genuinely reflects your interests. We will then make sure that we keep you informed and involved in issues that matter to you most. Thank you. Jan Freer Director of membership

Trust focuses on planning for the future

THE LAST few months have been a busy time for us, as we have closed our annual accounts, deposited our annual report with parliament and submitted our 2009/10 annual plan to Monitor, our regulator. The annual plan outlines all the major developments for the Calderdale Royal Hospital (CRH) and Huddersfield Royal Infirmary (HRI) for the next three years. These include: a programme of major and minor ward upgrades and refurbishments at HRI replacing the coal-fired boiler house at HRI to deliver energy efficiency and to meet carbon reduction targets replacing the paediatric assessment and observation unit and the endoscopy unit at HRI to improve patient care building a new endoscopy unit at CRH to meet additional capacity since the Trust was appointed a specialist bowel cancer screening unit

**You are invited!** Focus groups are a great opportunity for you, our members to meet hospital staff, find out about our plans and give us your views on our plans and services for patients. We warmly invite you to meet our staff and help us to shape plans for our services in 2009/10. Focus groups will be held on the following dates: Children's & Women's Services Paediatrics, obstetrics and gynaecology services Thursday 8 October 2009, 5.30pm, Board Room, Huddersfield Royal Infirmary Diagnostic and therapeutic services X-ray, blood tests and medicines Wednesday 14 October 2009, 5.30pm, Board Room, Huddersfield Royal Infirmary Medicine & Elderly Services Long Term Conditions i.e. heart failure, rheumatology, diabetes, respiratory conditions, stroke and rehabilitation, neurology, oncology Thursday 15 October 2009, 5.30 pm, Large Training Room, Calderdale Royal Hospital. To book a place on one of the focus groups please contact the Membership Office on 01484 347342, or e-mail membership@cht.nhs.uk or text 07778366741 Please note that places are limited to assist discussion and debate. Tickets will be issued to confirm your place at the event.

The Trust's director of membership, Jan Freer, said: "Our Membership Council members have helped us to shape the development of our annual plan at the divisional focus groups. Their input has been invaluable."

Results are 'spot on'

A SPOT-CHECK on some of our wards and interviews with key staff by a national team of assessors has revealed a clean bill of health for our hospitals. The Care Quality Commission carried out the unannounced visit in June to check our compliance with government regulations on Healthcare Associated Infections (HCAs). The report of the visit says the overall judgment was that "on inspection, we found no evidence that the Trust has breached the regulations to protect patients, workers and others from the risks of acquiring a healthcare associated infection".

Pharmacy manufacturing unit at work



New unit: Gary Cooper using the vaporised hydrogen peroxide isolator

PRODUCTION is now underway at the Trust's new NHS pharmacy manufacturing unit. The new unit – one of the most modern in the country – is in a refurbished former mill on the Acre Mill site across from Huddersfield Royal Infirmary in Lindley. It makes creams, ointments, liquid medicines and other medications, which are not commercially available for hospitals and local chemists across the country. There are 16 similar units in the UK. The unit moved from inside Huddersfield Royal Infirmary to the new location in an £8 million development backed by the Department of Health and it is one of the most advanced NHS units in the country in both design and equipment.

Highlights

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JULY



The medical education team

Our Trust was awarded Associated Teaching Hospital status by the Leeds University Medical School in recognition of its top level tuition for medical students. The award recognises the important work that the Trust does in training medical students and the commitment of our medical staff and healthcare professionals in teaching the next generation of doctors.

# Councillors visit Rehabilitation Centre

## Members Corner

Linda Wild and Jan Roberts are both elected public Membership Councillors who take a "hands on" approach to their roles. Having heard about the excellent reputation of the Barton Rehabilitation Centre they were keen to visit the centre and see first hand, the exceptional work that is carried out on a daily basis.

They were shown around by Sandra Lickess, the centre manager who introduced them to the very friendly experienced team of nurses, physiotherapists, occupational and speech therapists as well as the on-site dentist and chiropodist. The services can be accessed by referral through GP or on discharge from hospital. Sandra explained that the centre provides outpatient rehabilitation

**"the enthusiasm and professionalism of the team has a positive impact on the lives of patients"**

service for patients 16 years and above who require help for various physical, social and psychological needs following injury, surgery or due to ongoing conditions. Linda and Jan commented that the enthusiasm and professionalism of the

entire team was plain to see giving a positive impact on the lives of patients. Following the decision to close the St Luke's Hospital site, discussions regarding the options for the provision of services currently located at the Barton Unit are ongoing.



**Visit: Julie Taylor, Xandy Marsland, Avril Henson, Membership Councillor Linda Wild, Sandra Lickess, Jennifer Gill, Ann Barton and Emma Crossland**

## Medicine for Members... a programme of educational events inspired by you

### MEMBERS COMMENTS:

**"A very useful meeting"**  
**"The appointments centre is very impressive"**  
**"Very enjoyable"**  
**"Well presented"**



**Event: Christine Breare, Membership Council member; Julie Barlow, assistant divisional director, DATS; Janette Roberts, Membership Council member; and Judy Moorhouse, assistant divisional director, surgery and anaesthetics**

OUR exclusive Medicine for Members events are an opportunity for you to find out more about specific health issues of interest to you.

The recent talk, led by Julie Barlow, assistant divisional director, diagnostic and therapeutic services, gave a refreshing update on the 18 week referral to treatment standard and included a visit to the new appointments centre.

### Did you know?

Events for our Medicines for Members events have been inspired by YOU our members. If there are any particular topics that you would like including please let the membership office know on 01484 347342 or via e-mail [membership@cht.nhs.uk](mailto:membership@cht.nhs.uk)

### How do I book my place?

These popular events are for Trust members but admission is by ticket only as spaces are limited. Places will be allocated on a first come, first served basis. Please contact the membership office on 01484 347342 or

via e-mail [membership@cht.nhs.uk](mailto:membership@cht.nhs.uk) to book your place(s). If you have booked a place at a forthcoming event, but can no longer attend, please let our membership office know, so that your place can be offered to another member.

Date	Title	Speaker	Venue	Time
Monday 12 October 2009	GPs and Hospitals working together	To be confirmed	Lecture Theatre, HRI	5.30pm
Monday 26 October 2009	GPs and Hospitals working together	To be confirmed	Lecture Theatre, CRH	5.30pm
Tuesday 8 December 2009	Osteoporosis – How Strong Are Your Bones?	Elizabeth Buczko, clinical lead/ community physiotherapist Ann Maddison, dietician	Lecture Theatre, HRI	5.30pm
Tuesday 15 December 2009	Osteoporosis – How Strong Are Your Bones?	Elizabeth Buczko, clinical lead/ community physiotherapist Ann Maddison, dietician	Lecture Theatre, CRH	5.30pm
Wednesday 20 January 2010	Pain Self-Management	Dr Dimple Vyas, consultant/clinical lead Helen Knapman, project manager, Co-creating Health project	Lecture Theatre, HRI	5.30pm
Thursday 28 January 2010	Pain Self-Management	Dr Dimple Vyas, consultant/clinical lead Helen Knapman, project manager, Co-creating Health project	Lecture Theatre, CRH	5.30pm



**Welcome: Azra Javaid, left, and Membership Councillor Liz Breen**

## Bumper recruitment

OUR spring recruitment drive has been a fantastic success and we have welcomed more than 500 people as Foundation Trust members!

The head of patient and public involvement, Angela Bradshaw, said: "Our council members and Trust staff have visited colleges, leisure centres, town centres and community groups to explain the work of the Trust and invite people to become members. We are delighted with the response from local people."

A warm welcome to all our new members!



**Welcome: Barbara Bellanfante, second left, and Angela Bradshaw sign up new members at the Huddersfield Carnival**

# Chief exec events proving to be a hit

**OPPORTUNITIES for staff to meet our chief executive Diane Whittingham are proving popular with staff members.**

Diane highlighted how service reconfiguration has made the Trust stronger – but we must continue to develop and change if we are to remain fit for the future.

Services such as plastic surgery, rheumatology and renal care have been returned to the Trust from specialist centres in Leeds and Bradford, and many hospital services are now provided in community settings.

Staff were encouraged to come up with their own ideas and aspirations for the future.

Staff Membership Council member Chris Burton said: "I think everyone who attended the event felt a real sense that we are pulling together to help the Trust face the future."

"After listening to Diane's thoughts about the future challenges staff enjoyed having the opportunity to feed in their own suggestions. It did make our slogan Together we can make a good Trust great very real."

**Events are a hit with staff members! Top: staff members meet our chief executive Diane Whittingham**

**Below: Ying Nie, Ning You, Johanna Turner, Liz Farnell, Sally Byfield and Chris Burton**



## Listening to your views: membership survey

MANY of you responded to our Membership Survey which was sent out earlier this year.

An overwhelming number of you told us that you found Foundation News "very informative and very interesting."

You said that you would like to see articles on new treatments and services, A & E, catering, car parking, environment, waste and transport issues.

A number of you had attended a Medicine for Members event. The most common reason given for not attending was due to the timing of the event.

The topics that you would like to see addressed at future Medicine for Members events included heart disease, blood pressure, cancer, stroke, and healthy eating. Whilst some of these topics have been covered, others will be taken into consideration when planning next years programme, along with the timing of the events.

Information about these topics will be on show at our annual health fair and AGM 'Your health, your hospitals' on Tuesday 6th October.

The majority of you said that you have not attended a focus group, as you had not received an invitation. This highlights the importance of you letting us know your interests. We will then make sure that we invite you along to events of interest.

Members who had attended focus groups said that the benefits of attending included "feeling better informed" and "an opportunity to air our views".

# Meet the Membership Council



■ **Christine Breare** is a retired general dental practitioner who had an interest in continuing post-graduate education for dental practitioners and clinical audit. Married with two sons and four grand-children, she lives in Upper Hopton near Mirfield. She is a church warden and secretary of the Upper Hopton Community Association.



■ **Dot Rayner** is a retired manager of employment services for people with disabilities. Married with two grown-up children, she is a member of Arthritis Care and a member of Fuchs Friends (an organisation for people with a specific eye condition).



■ **Lesley Longbottom** worked for the Metropolitan Police in personal training and staff development. She is a Trustee of Victim Support and a member of the Royal British Legion and the Royal Air Force Association. She is married with two daughters and a grandson.



■ **Ann Nicholas** was a GP in Lepton with her husband for 35 years. After retirement, she served on medical tribunals until 2003. She is a Fellow of the Royal College of GPs and a member and past president of the Huddersfield Medical Society. As well as many local interests, Ann has three married children and nine grandchildren.



■ **Peter Naylor** is married with two sons and lives in Calderdale. He is a director of his own company, which arranges mortgages and insurance.



■ **Christine Anne Mickleborough** is a retired nurse, midwife and community nurse. She is a member of the Royal College of Nursing and the St Luke's Hospital (Bradford) Nurses League. She is also a member of South West Yorkshire Mental Health Trust and diocesan co-ordinator for the Children's Society. Married with one son and one daughter, she lives in Calderdale.



■ **Frances Macguire** is a policy adviser for the Royal Society for the Protection of Birds. She has worked for environmental non-governmental organisations for a number of years on climate change and biodiversity conservation. She has two children, and lives in Calderdale.



■ **Allan Templeton** is a past chairman of Calderdale Health Authority, Calderdale NHS Trust and Calderdale and Kirklees Health Authority. He has four children and nine grandchildren and is a director of Age Concern Calderdale, a trustee with the Halifax League of Friends and past chairman of the Council for Voluntary Service. He is retired chief executive of Pennine Insurance Co, Halifax Insurance Co and West Yorkshire Insurance Co.



■ **Jan Roberts** was a headteacher at Gomersal First School for 13 years and at schools in Skelmanthorpe and Dewsbury. She is married with two children and four stepchildren and after taking early retirement now works on a supply basis. She is a committee member for the Meltham Hospice, a member of the local Royal Society for the Protection of Birds and is a governor at Helme School, Meltham, as well as sitting on the Kirklees Governors' Panel.



■ **Janette Roberts** of Meltham, was a headteacher of a community primary school in Rochdale and two multicultural schools in Wakefield. She is widowed with four children and eight grandchildren. Now retired, she is a member of the Patient Liaison Committee of the Royal College of Anaesthetists, a patient representative on PEAT (Patient Environment Action Team), clinical audit and various cancer groups.



■ **Bernard Pierce** of Mytholmroyd, has a background in social work and then in medical education at both undergraduate and post-graduate level. He was a lecturer at the Leeds School of Medicine and at the Yorkshire Deanery.



■ **Dr Liz Breen** is a lecturer for the School of Management at the University of Bradford. She has two children and lives in Calderdale.



■ **Linda Wild** is married with one daughter and lives in Huddersfield. She graduated at the University of Huddersfield. Strongly committed to community involvement and engagement, she is a former Kirklees councillor.

## Get in touch

IF you would like to get in touch with a council member, or would like to find out more about services provided by the Trust, please contact the membership office:

☎ 01484 347342

✉ [membership@cht.nhs.uk](mailto:membership@cht.nhs.uk)

Membership Office, Calderdale and Huddersfield NHS Foundation Trust, Freeport, HF2076, The Royal Infirmary, Lindley, Huddersfield, HD3 3LE.

## Your details

WE try to keep our members' database as accurate as possible, but do rely on you to tell us about any changes. Please let us know if you change your name, address or telephone number or e-mail address, so that we can update our records.

## Key

■ Public – elected

■ Staff – elected

■ Nominated – stakeholder



■ **Sue Bernhauser** is Dean of Human and Health Sciences at the University of Huddersfield. The University educates nurses and other health professionals who are employed within the Trust. She is married with two children and lives in Kirklees.



■ **Merran McRae** is director for adults and communities at Kirklees Council and lives in Leeds. She is chair of governors at a primary school.



■ **Ruth Unwin** is married with four children and is an executive director of South West Yorkshire Mental Health NHS Trust, which operates in Calderdale and Kirklees.



■ **Paul Knight** is a consultant anaesthetist and lives in Calderdale. He is married with one child.



■ **June Richardson** is a catering assistant at Huddersfield Royal Infirmary. She has one grown-up son and was a cub leader in Newsome for eight years. She now works in the charity shop and is a church warden and a member of the pastoral care team.



■ **Chris Burton** is ward manager/charge nurse on 5ab at Calderdale Royal Hospital, which is an acute medical and elderly ward for 31 patients. He is married with two children and is a school governor at St Joseph's Roman Catholic School in Halifax.



■ **Helena Corder** is married and lives in Todmorden. She is director of corporate services for Kirklees Primary Care Trust



■ **Jonathan Phillips** is group director for Health and Social Care for Calderdale Council and responsible for adult social care and environmental health. He has extensive experience in working in partnership across health and social care. Before joining Calderdale Council he worked for the Commission for Social Care Inspection. He is a qualified social worker.



■ **Sue Cannon** is Executive Director of Quality & Engagement of Calderdale Primary Care STrust. Prior to this appointment, she worked for Leeds PCT.



■ **Sue Scholefield** is waste and sustainability officer at the Trust, where she has worked for 23 years in a variety of roles including nursing auxiliary, ward clerk, administrator and PA. Married with four children and four grandchildren, she is a director of the Calderdale Sustainability Forum, which looks at "green" issues such as waste and transport. She is secretary of two local cricket organisations.



**Carole Hallam** is the lead nurse in infection control and assistant director of infection prevention and control at the Trust. She is married with four daughters and lives in Kirkburton, Huddersfield.

## Doing our bit for the environment!

IN AN effort to save paper, costs and reduce our carbon footprint, we recently changed our newsletter printing and posting arrangements, so that only one copy is sent to each household, rather than one copy to each member in households where there is more than one member. We are now going one step further. In future, if you would be happy to have this newsletter emailed, instead of posted just email us at [membership@cht.nhs.uk](mailto:membership@cht.nhs.uk) with a subject heading PLEASE SEND FUTURE COPIES OF FT NEWS BY EMAIL, and include your name, address and email address.