



**NHS Foundation Trust** 

# **GPUpdate**

LATEST NEWS FROM THE TRUST

SPRING 2015 Number 31

# Jacque returns to open Centre



One of the country's top midwives was welcomed back to her former Trust to open the new Maternity Assessment Centre (MAC) at Calderdale Royal Hospital.

The Centre – funded with a successful bid to the DoH – opened in February and provides a 24//7 assessment area for women who have concerns about their pregnancy or who need additional care during pregnancy or after birth. Women who are

concerned about their baby's movements or who need monitoring tests for a wide range of conditions will be able to self-refer into the centre, or be referred by their midwife, GP or obstetrician from 16 weeks of pregnancy.

The Royal College of Midwives' Director England Jacque Gerrard, formerly head of midwifery at the Trust, opened it

For more information contact the centre on 01422 224392.

## Nervecentre techology trialled

The move towards a paperless NHS with doctors and nurses spending less time on paper documentation and more time with patients is progressing well at our Trust.

Health Secretary Jeremy Hunt has said he wants all the NHS to be paperless by 2018 and CHFT is at the forefront of the drive.

The Trust is already pressing ahead with Nervecentre technology.

Having won a grant from the NHS England Nursing Technology Fund, Nervecentre is currently being trialled on two wards at Calderdale Royal Hospital before being rolled out across the Trust. The new equipment means less time is spent searching through paper notes and going



backwards and forwards

Many nurses and therapists on some wards can now be seen using handheld gadgets to record patients' observations. The information is then sent wirelessly to the main computer on the ward

to the nursing station.

to ensure easy access for all other colleagues. The wards also have mobile computers (see main picture) to further enhance easy access. The main system then actively monitors the observations, supporting our nurses and doctors.

## Meet our Community Neurology Rehab team

The specialist team for Parkinson's disease (PD), part of the Trust's Neurological Huddersfield Community rehab team, were promoting awareness during April 20-26 which is Parkinson's awareness week.

The team includes speech therapists, dietitians, physiotherapists, occupational therapists, nurse, and rehabilitation assistants. They are based in Huddersfield,

From left: Avril Henson, Joanne Heads, Alan Farrington, Justine Laird-Boldy and Beth MacDonald although a similar service is offered in Calderdale. People are mainly seen in their own homes and they also support patients who are admitted to hospital/ intermediate care. The team also visits work places and gyms.

People will be referred to the team from consultants following clinics, or, more often, from the specialist Parkinson's disease nurse or their GP. Contact them on: 01484 355822.



#### **News Round-up**



Catering staff, dietitians and nutritionists on their stand

#### **Nutrition and Hydration Week**

Our catering teams again led the way to promote Nutrition and Hydration Week at both hospitals. (March 16-20)

The aim of the week was to reinforce and focus energy, activity and engagement on nutrition and hydration as an important part of quality care, experience and safety improvement in health and social care settings. It is a collaboration between: Hospital Caterers Association, the National Association of Care Catering and Patient Safety First

Our Dietetic teams were based in the main entrance of both sites to answer questions about colleagues' own nutrition and hydration needs and the needs of their patients. The Trust also took the opportunity to showcase new, improved hospital food and menus for patients.

#### Six new Commanders

We now have six new clinical commanders to join our Patient Flow Service.

This new role will bring a senior clinical nursing presence right to the very heart of the patient flow decision-making. The patient flow service supports the wards in the surgical and medical divisions to achieve timely and safe discharges for our patients and deliver overall safer, compassionate, high quality care. This enables the organisation to keep things moving and "flowing" for any elective or acute admissions.

## Trust in the vanguard of community care

Our Trust and our partners in Calderdale have been judged one of the first 29 "vanguard" sites in England to take a national lead in transforming health and social care as part of NHS **England's New Models** of Care programme.

The Calderdale health and social care partnership has been chosen from amongst 269 groups of nurses, doctors and other health and social care staff from across the country who put forward their ideas for how they want to redesign care in their areas.

- The partners are: NHS Calderdale Clinical
- Commissioning Group Calderdale Council
- Calderdale and



**Huddersfield NHS Foundation Trust** 

- Locala
- GP Pennine Alliance South West Yorkshire **NHS Foundation Trust**

The 29 winning bids were chosen as the most innovative plans for transforming patient care and will be able to draw

on a new £200 million transformation fund and tailored national support. From April the vanguards will develop local health and care services to keep people well, and bring home care, mental health and community nursing, GP services and hospitals together for the first time since 1948.

It is estimated more than

The multi-agency team at Beechwood Health Centre in Halifax includes CHFT colleagues physiotherapist Louise Sanders, stroke specialist Isabelle Archer and physiotherapist Julie Webb

five million patients will benefit across the country. just from this first wave. For example, this could mean: fewer trips to hospitals as cancer and dementia specialists and GPs work in new teams; a single point of access for family doctors, community nurses, social and mental health services; and access to tests, dialysis or chemotherapy much closer to home.

## Celebrating the work of the ACU team

The biggest party of the weekend in West Yorkshire was staged at Calderdale Royal Hospital for more than 300 mums, dad and their children.

The celebration is thrown annually by the Assisted Conception Unit team at the Calderdale and Huddersfield NHS Foundation Trust. This year it launched its own specialist email for couples to contact our experts directly. It can be contacted at info.infertillty@cht.nhs.uk

All questions received



are treated in confidence and receive replies from our consultants in male and female fertility and from our specialist nurses.

The response rate to the party this year was so high

Left: Kate Bell and Rachel Hawthorn with baby Iona. Right: David and Claire Woorward with Mr DeBono and baby Charlie

an extra bouncy castle was drafted in to ensure fun for all! More than 70 babiesto-two year olds, 46 tots aged three to five and 20 aged six and up attended together with their parents.



Consultant Martin DeBono. added: "Everyone at ACU is a team and that team includes our staff and our families. We go through it all together so the party is a real celebration for us all."

#### Grand opening for new outpatients centre



Patients who were on our project team to create a new outpatients' centre at Acre Mills snipped the ribbon at the opening, right. More than 100,000 appointments a year will be hosted there. The building across from Huddersfield Royal Infirmary, has already been shortlisted for a top architectural award hosted by TVs Phil Spencer later this year.



FOCUS ON... Coronary Rotablation

tiny diamond coated drill (called a coronary rotablator) which bores through very hardened arteries is now helping our heart disease patients.

The first patients underwent the procedure at the start of this month and are already at home and on the road to recovery.

Dr Jeremy Butts and Dr Simon Grant performed the procedures at CRH.

Previously it was only available in Leeds. All patients treated had challenging disease which could not have been tackled easily using standard stenting techniques.

Coronary rotablation is an advanced technique for treating very resistant, hardened, calcified narrowings in blood vessels



that can be unresponsive to the process where a balloon is inserted into the artery to open it open.

An expected 30 patients a year are due to

undergo the procedure.

Dr Butts, said: "We are delighted that nationts ca

delighted that patients can now receive this treatment locally. Although it is only required in a small number of people, for them it can make all the difference."

Van driver Jim Woodhead, 58, from Lepton, Huddersfield, was amongst the first Dr Jeremy Butts with patient Jim Woodhead

patients to undergo the procedure – and 24 hours afterwards he was on his way home. His father died from a heart attack and there is heart disease in the family.

He added: "I could only feel a little something throughout it all but nothing to be scared of. And compared to open heart surgery where your chest is opened up and six days in hospital.... times have moved on so much. If this had been around then my dad might have lived longer."

#### **New Discharge Co-ordinator Service**

A new Primary Care Discharge Co-ordinator Service has been created which aims to improve patient experience and reduce admissions to hospital.

The team, which is based within the primary care setting across Greater Huddersfield, comprises senior nurses who will be working closely with GPs and a range of services to support patients to remain in their own homes.

The team will mainly be involved in the care



of patients aged 75 and over who do not currently have any other community healthcare service involvement.

Lead nurse, Gill Runkee, said: "What we are hoping

Monaco, Charlotte Bowdell, Gill Runkee, Miranda Usher, Karen Broadhead, Kathryn Hayes, Emma Parsons and Chris England

From left: Kerry

Gunn, Chris

it is going to be very much tailored to what the patient wants and be fully patient centred."

For further information contact Gill Runkee on 07833 528217 or via switchboard.

# For she's a jolly good Fellow...

Nicki Barrett, right, a health visitor at the Trust, was one of the first 29 outstanding health visitors who have been identified to join the prestigious institute of Health Visiting's Fellowship programme, the total number of Fellows appointed now is 150.

Nicki works in a team for North Halifax and her special interests include postnatal depression, domestic violence and is also a practice teacher, facilitating

the learning of future Health Visitors.

Nicki said: "it is an honour to have the opportunity to influence the future of health visiting and be an ambassador for the profession".



Dr Andy Lockey, right, with Guy Knickerbocker

## Andy rewrites the resus rules in Texas...

Our A&E consultant and director of medical education, Dr Andy Lockey has joined colleagues to draw up international resuscitation quidelines for 2015.

He represented the European Resuscitation Council on the Education,

Implementation and Teams taskforce at a summit in Dallas, Texas. And he presented two systematic reviews at the event attended by reps from 39 countries worldwide. Guidelines were formulated for newborn, paediatric and

adult life support, as well as first aid, acute coronary syndromes, and education.

They will be announced in October. Andy said: "It was an honour to be working alongside so many experts in resuscitation medicine and the whole process for reviewing

the guidelines felt more rigorous and valid this time."

Andy describes the highlight of the week was meeting Guy Knickerbocker, one of the three scientists who first described closed chest cardiac massage in 1960.

## Little Ted's big adventures





## Waiting times update

Waiting Times Snapshot as at 31 March 2015

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SPECIALTY	FIRST O/P	DAY CASE	ELECTIVE I/P
General Surgery	12	9	10
Urology	9	12	8
Trauma and Orthopaedics	12	11	12
Ear, nose and throat	10	10	14
Ophthalmology	12	9	6
Oral Surgery	14	8	N/A
Plastic Surgery	7	12	N/A
Pain Management	14	9	N/A
Gen.Med in (Diabetes)	7	6	
Respiratory Med	8	Bronch's – 9	
Gastroenterology	9	8	
Haematology	5		
Cardiology	8	Angiography – 6 Pacemaker – 6	
Dermatology	10		
Nephrology	7		
Medical Oncology	1		
Neurology	9		
Rheumatology	7		
Elderly Medicine	5		
Paediatrics	6		
Gynaecology	6	6	9

## **Radiology waiting times**

as at 31 March 2015

	CROSS SITE PATIENT GIVEN THE FIRST AVAILABLE APPOINTMENT	CRH ONLY PERFORMED AT THIS SITE	HRI ONLY PERFORMED AT THIS SITE
MRI	3 WEEKS		
СТ	3 WEEKS		
US MSK VASCULAR	4 WEEKS 2 WEEKS 2 WEEKS		
FLUOROSCOPY			
UPPER GI		4 WEEKS	4 WEEKS
ENEMAS			Converting to CT Colonography as a temporary measure, due to lack of Barium
NUCLEAR MEDICINE BONES CARDIAC OTHERS			2 WEEKS 8 WEEKS 6 WEEKS
Mammography		0 WEEKS	0 WEEKS
DEXA SCANS			3-4 WEEKS

#### Key to main waiting times update

**FIRST OP** = GP referred (routine) first outpatient attendance. Times shown are maximum wait times (in weeks) as at end of March 2015.

#### DAY CASE AND ELECTIVE INPATIENT

Times shown are average wait times (in weeks) from referral to treatment (i.e. they include the outpatient wait time within them) for end of March 2015 admissions.

## **Key contacts**

#### **Surgery and Anaesthetics**

Divisional Director –
Julie O'Riordan
101484 3428556
Assistant Divisional
Director – Kristina Arnold
101484 342554

#### Medical

Divisional Director – Ashwin Verma 101422 223121 Assistant Divisional Director – Sajid Azeb 101422 222772

#### Children, Women & Families and Diagnostics and Therapeutic Services

Divisional Director –
Martin DeBono
101422 223946
Assistant Divisional Director –
Emma Livesley
101422 222772

#### Community

To be appointed