# Clinical Nurse Specialists and the Multi-disciplinary Team

A clinical nurse specialist in breast care (breast care nurse) is a trained registered nurse who has undertaken extra specialist education in the care of breast cancer patients. The breast care nurse can also be known as your **Key worker**.

#### The Role of the breast care nurse

The breast care nurse provides support and counselling to people who are diagnosed with any breast diseases but mostly breast cancers. This is achieved by being present from initial diagnosis and maintaining support by the provision of treatment information, counselling and acting as the patients advocate throughout all treatment planning including radiotherapy and chemotherapy. In addition, we are involved in breast care education and the provision of information on breast care issues for many disciplines. You can contact your breast care nurse whatever your problem or worry maybe. She will give you her card and contact details with your information pack. If you cannot locate your breast care nurse - there are 5 nurses in our Trust and any of them can give you advice and can be contacted via the main hospital switchboard.

#### 01422 222711

#### Who can refer?

- General practitioners
- Self referrals
- Other consultants
- Physiotherapists
- Other Trusts
- Private sector

- Out patient department staff
- Other professionals
- Families/carers
- Hospices
- Statutory voluntary services
- National health screening programme

# People who are involved in your care

Every speciality needs a team of experts to offer the best treatment available. This is called a Multidisciplinary Team (MDT). The team is made up of people who are experts in cancer in different ways. There are people who can understand what cancer cells look like and how they behave and other experts who know how drug combinations work to get the best effect for the individual.

There are many people in the team looking after you as an individual.



#### The role of the MDT

To ensure that you are the one to benefit - your MDT meets twice a week. The first meeting on a Monday, is to diagnose your condition initially. The second meeting held on a Friday is where your surgery results are discussed and the treatment plan is developed for you.

If you have other scans or problems any time through out your follow up these will also be brought to the Friday meeting by one of the professional in your team in order to discuss and make a plan of action with the whole team.

#### **Members of the MDT**

### **Specialist Breast Surgeons**

This is a doctor who is specially trained to deal with and treat breast cancer.

The Doctor who is leading your surgical team are:

Miss Alison Waterworth Mrs Werbena Hamilton Burke Mr Richard Frame

#### Radiologist

This doctor is an expert in x-rays and scans and mammography.

The doctors in this team are: Dr Simon Dennis Dr Rajnee Bai

#### **Pathologist**

This doctor is an expert in looking at cancer cells under the microscope and details how they are behaving for the MDT to make a decision regarding your treatment palns.

The doctors in our team are: Dr Vidia Kumaraswamy

## **Medical Oncologists**

These doctors are experts in deciding which drugs will be most effective for your type of cancer and help with the treatment planning to reduce the risk of the cancer coming back or to help control it if it does come back.

The medical oncologists in our team are: Dr Jonathan Joffe Dr Jo Dent

#### **Clinical Oncologists**

These doctors are experts in giving specific x-ray treatment known as Radiotherapy. This treatment is also given to reduce the risk of cancer coming back - or can be used to reduce the effects of the cancer if it does come back.

The clinical oncologists in our team are: Neil Roberts - Consultant Radiographer Dr Rohan Lype

#### Other specialists

Depending on your treatment plan, you may meet other professionals and specialists needed in your care. These can include Radiographers, Sonographers (Ultrasound), lymphodema specialist nurses, Prosthetic fitters (if you have had a mastectomy) benefit advice, extended counselling and other Macmillan Nurses who "dove tail" with your Breast Care Nurse if you are needing further specialist care or if your cancer has come back.

You may also wish to meet a Plastic surgeon if you have had a mastectomy and want a reconstruction surgery.

The surgeons that undertake reconstruction surgery in our team are:

Miss Alison Waterworth Mrs Werbena Hamilton Burke Mr Richard Frame

## **Palliative Care Specialists**

These are specialist doctors and nurses who are skilled in control and treatment of your cancer if it comes back. They work together with your BCN and can also help with social and psychological well being

The palliative care consultants in our team are:

Dr Geena Ackroyd Dr Steve Oxbury

Dr Rachel Shiels

Sometimes - your treatment will involve you attending another hospital. If you need chemotherapy - that can be given at your nearest hospital. If you need radiotherapy, that treatment is only available at St James Hospital Leeds. There is always transport available to this hospital.

If you are having reconstruction surgery, some of the doctors only work out of Bradford Royal Infirmary so you may need to attend there.

If you have any questions or do not understand anything you have heard or been told, please contact either your named Breast Care Nurse or one of the others in our team.

#### Calderdale and Huddersfield Team

Joyce Graham

Macmillan Nurse Consultant in Breast Care

Julie Bottomley

Advanced Nurse Practitioner in Breast Care

Susan Booke

Clinical Nurse Specialist in Breast Care (works Weds / Friday)

**Debbie Weavill** 

Clinical Nurse Specialist in Breast Care

Carina Madden

Clinical Nurse Specialist in Breast Care

Roz Allen

Macmillan Cancer Care Coordinator

Team Telephone Number: 01422 222711

Breast Care Team email address: breast.CNS@cht.nhs.uk

## Other useful addresses:

Breast Cancer Care 0808 800 6000

Haven Trust 0113284 7829

4-5 The Gateway West

East Leeds LS9 8DA

Macmillan Cancer Relief 01904 651700

0808 808 0121

If you have any comments about this leaflet or the service you have received you can contact:

The Breast Care Nursing Team
The Macmillan Unit
Calderdale Royal Hospital

Telephone No: (01422) 222711

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو سے معلومات کس اور فارم علی طازبان می در کار ہوں، تو برائے مہربازی مندرجہ بالا شعبے می ہم سے رابطہ کری.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

