## A guide to CHFT's social media channels



Facebook is a website which allows users to connect with family, friends, work colleagues or people they don't know online. It allows users to share pictures, music, videos and articles, as well as their own thoughts and opinions.

If you have a Facebook account, search Calderdale and Huddersfield NHS Foundation Trust in the search bar. If you don't have an account, search Calderdale and Huddersfield NHS Foundation Trust Facebook in the search bar in Google/Safari or other internet browser bar. You'll then see the image below.



You can see all our news here but won't be able to comment or interact with our posts without setting up an account. You will see a Log In or Register button which allows you to set up your account.



Twitter is an online news and social networking site where people communicate in short messages called Tweets. Tweeting is posting short messages for anyone who follows you on Twitter.

Twitter works similarly to Facebook, in that you can still follow our news but will need an account to share or comment on Tweets. Search 'CHFTNHS' in the search bar in Google.





Instagram is a social media platform that emphasises photo and video sharing via its mobile app. You can take, edit and publish visual content for your followers to interact with through likes, comments and shares.

You can search for us on Instagram on a PC by searching 'CHFTNHS Instagram' in Google. Again, you won't be able to like or comment on posts. You must have an Instagram account to follow us on there. Instagram is predominantly used on a mobile device (smartphone, iPad etc) and is generally an image sharing platform. To download the Instagram app, search 'Instagram' in the App Store. Once you have signed up, search 'CHFTNHS' in the search bar and click follow!

