



Follow us on Twitter at
www.twitter.com/CHFTNHS

Calderdale and Huddersfield **NHS**

NHS Foundation Trust

GP Update

LATEST NEWS FROM THE TRUST

SPRING 2016 Number 35

Colleagues with star quality

Linda Mitchell's beloved Allan House annex was amongst the worst hit in Sowerby Bridge when the Boxing Day floods hit.

Yet, thanks to Linda's efforts and the team, our services (including podiatry, audiology, warfarin clinics, leg ulcer clinics, Doppler clinics and Parkinson clinics) were up and running in two days in new locations, which saw her nominated and then



win January's star award.

February award

The Star Award for February was won by the entire Acute Medical Unit at



Calderdale Royal Hospital.

In the past year they have cared for 12,000 non-surgical patients – referred from GPs or A&E – and their

outcomes are amongst the top 25% on the country. The team assesses, stabilises or makes decisions on admitting or going home.

**Left: Linda Mitchell and colleagues
Right: AMU staff receive their award from CEO Owen Williams**

Sister Lynsey Whitelam, said: "Everybody here is lovely. Everybody looks after each other and that creates great team spirit."

Heathcare assistant Pamela King, said: "I can't imagine working anywhere else."

Party time as ACU hits 20...

Our parents and their babies turned out in their hundreds for an afternoon of celebrations with our Assisted Conception Unit (ACON) team for the service's 20th anniversary. When it started there were just 50 IVF cycles a year. Now there are 350 and the unit continues to have some of the best conception rates in the country.

Proud parents Anna Bradnum and Simon Reekie, (pictured with Martin DeBono) from Elland, brought along three month old baby Bethany. Anna said: "We decided



we needed help which was devastating to us. But from the word go I cannot praise the ACON team enough.

"From the very first appointment we were given the highest care. Not just the medical advice. You know they

know their stuff, but the nurses support you as a person, emotionally too and whenever I came in for an appointment I always left feeling better than when I arrived."

To refer call Helen Marvell on 01422 224478.

Consultation under way



The Hebden Bridge event, part of the Right Care Time Place consultation which runs until June 21

The Trust's clinicians and managers have been joining Calderdale and Greater Huddersfield CCG colleagues at a series of information events across the area in support of the proposals

to change the way hospital and community services are delivered.

Copies of consultation documents have been sent to all practices. If you need more please contact your local CCG.

CQC inspection takes place over seven days at Trust

Our planned CQC Inspection was completed last month.

We had 57 inspectors on site over a total of seven

days. We also submitted hundreds of documents as supporting evidence before and during the inspection.

The Inspection team will

now spend some time looking at what they saw, heard and read about CHFT to produce their report. They will send us a

draft for us to review and respond to – probably in early summer. They will then publish their final report on their website,

including our overall rating.

They have already given us verbal feedback and praised our Prevention of Delirium team (See page 3).

INSIDE

NERVECENTRE 100% ROLLOUT 2 BEN'S BREAKFAST BOOST 2
FOCUS ON... PREVENTION OF DELIRIUM 3 WAITING TIMES 4

compassionate
care

News Round-up

Maternity flu vaccination campaign success

Lead midwife public health, Kate Large, our lead on the maternity flu campaign, has been working towards increasing the number of pregnant women being vaccinated against seasonal flu.

Our acute antenatal clinics/antenatal day unit at CRH and HRI have been offering vaccination to pregnant women attending hospital appointments.

Kate said: "This year

alone we have TREBLED the number of pregnant women we have vaccinated. There were 73 in total 2014-15, and we have vaccinated 240 so far 2015-16."

Another very important arm of the campaign is through Community Midwives who promote flu immunisation to all pregnant women. This year uptake across Calderdale and Greater Huddersfield CCG's exceeds both the



regional and national averages, building on the work we did last

year where there was an 11% rise in the number of pregnant women

Maternity team: Zoe Russell, Paula McMahon, Yasmin Smithson, Ruth Hirst, Amanda Brown and Denise Jovic

having a flu vaccine.

Figures published by PH England:

- England 38.3%
- West Yorkshire 38%
- **Calderdale CCG 46.4%**
- **Greater Huddersfield 44%**

Nervecentre 100% rollout

Nervecentre is now up and running right across all scheduled wards at the Trust.

The 'go live' process involved 30 separate roll-outs (including all adult wards, two paediatric wards, angio, both CDUs and both endoscopy units) and very quickly staff were logged in and using the system to record the observations on their patients.

Patients' observations are now being completed in a more timely way in line with Trust policy; deterioration is now more visible and can be escalated



Nervecentre goes live on the Macmillan Unit, left, and on Endoscopy, right

to senior clinicians via the automated alerts.

The Nervecentre system has brought a large number of quality and safety benefits to

our patients and the roll out of hand-held mobile devices has ensured clinical staff receive up-to-date information about the condition



of their patients wherever they are on either hospital site.

The team are now working to ensure everything is in place

to make the system as sustainable as possible, and ensuring optimisation and best practice is of a high standard across all areas.

Nutrition and hydration

It was National Nutrition and Hydration week in March, and the aim of the week was to reinforce and focus energy, activity and engagement on nutrition and hydration as an important part of quality care, experience and safety improvement in health and social care settings.

Following on from last year's success, Nutrition and Hydration week 2016 was packed once

again with information and advice, food tasting events, prizes to be won and afternoon tea for the whole hospital.

Student Dietitian, Jessica Newton, pictured, is seven weeks into her 12 week placement. She said "I think it's amazing what we do. Just to see the wide range of food available and the close work between catering and others shows how important the Trust thinks it is."



Ben's breakfast boost

One of our FY1's, Dr Ben Hughes, pictured, who is currently on placement in ENT has just won a Clinical Teaching Excellence and Development Individual Award from Leeds School of Medicine (£2,000).

After joining the Trust back in August 2015, Ben went on to set up a Breakfast



Club for all the medical students who are on placement at the Trust, after recognising an opportunity for all the students to gather and recap together on the knowledge they've learned.

The club runs twice a week and involves lectures given by our FY1 trainees focussing on key topics such as DVT/PE, COPD/asthma and heart failure.

FOCUS ON... Prevention of Delirium (PoD)

PoD – our pioneering trial approach to helping our patients with dementia and their families has been hailed by the Care Quality Commission – and we've seen improved patient outcomes as a result.

During their inspection in March the inspection team saw PoD in action on Wards 19 and 20 at HRI and have already told us they consider it to be best practice and, in their view, we are an exemplar site for the rest of the NHS.

Our staff on these wards (for elderly patients with complex care conditions) have been boosted by the introduction of Sixth Form student volunteers to engage, help them feed and provide extra interaction for our patients.

The students provide extra support for both patients and their families. We have also introduced MyLife software – where photographs from a patient's life including



Some of the team from wards 19 and 20

family and holidays are uploaded to a screen to help promote conversation and memory use.

The volunteers help bring companionship and normality to the lives of older people at a time when they are frightened, isolated and anxious. This improves the mood and well-being of patients and reduces the likelihood of

them developing delirium.

They spend time with patients who are confused and at risk of falling, and under careful supervision and guidance, help to reduce the risks of falls, infection and dehydration. They support people at mealtimes and encourage those who are reluctant to eat and drink.

They also gain valuable

experience in frontline healthcare and many of them hope to secure careers in the NHS in the future.

One of them, Jacob Reynolds was a winner in our Celebrating Success Awards in 2014. He was Volunteer of the Year and he is now studying medicine at Birmingham University.

He said: "Something as simple as just sitting quietly, holding hands and listening makes all the difference."



Above: Owen Williams with volunteer of the year Jacob Reynolds and Andrew Haigh. Right: student volunteer Jess Cadman



Our improved outcomes:

We've had no serious harm falls in the past two years. Previously they had averaged at around 3-4 a year.

In 2014 42.9% of Fractured Neck of Femur patients returned to their original place of residence compared to 37.4% in 2013.

On average we're receiving between 0 and 1 complaints per month, compared to 3+ per month 3 years ago.

Going with the flow to improve patient care



The MDT Flow Team

Every day in our Trust we have around 300 patients who have been with us for more than 10 days.

Many of them should be in a different area to be receiving the care which is best for them and their families.

This is the focus of the new Safer Patient Flow Programme.

For the past few weeks

this programme has been underway helping us to bring together multiple issues such as: reducing admissions, reducing length of stay, ensuring we have safer staffing levels, reducing clinical incidents and improving both patients' and colleagues' satisfaction.

Every morning starts with a roving multi-disciplinary

walk-round, and each patient is assessed to look at their pathway and their progression towards discharge.

Where delays are highlighted, work can be immediately actioned to start or speed up the process and the hope is it will become more embedded in the way we work.

Karen joins Trust after trip to see Alaska health care model

Karen Barnett has joined the Trust as assistant divisional director for community.

She trained as an occupational therapist and worked clinically for 10 years before moving into service improvement.

She joins us from Harrogate NHS Foundation Trust where she was operational director for medicine and community services.

She recently attended a Health Foundation leadership

programme viewing integrated primary care system in Alaska.

She said: "This was a great opportunity to see a fully integrated primary care system which focusses on wellbeing to support population health."



Karen Barnett, new assistant divisional director for community

Trust starters and leavers

Starters:

Konstantinos Varytimiadis (Gastroenterology) 7.3.16

Leavers:

Munther Aldoori (PGMEC Consultant) 31.3.16

Deepak Chandray (Chemical Pathology) 31.3.16

Vineeth Cheruvalli (Paediatrics) 31.3.16

Waiting times update

Waiting Times Snapshot as at 31 March 2016

SPECIALTY	FIRST O/P	DAY CASE	ELECTIVE I/P
General Surgery	12	9	11
Urology	12	12	8
Trauma and Orthopaedics	11	10	12
Ear, nose and throat	11	9	12
Ophthalmology	12	11	10
Oral Surgery	12	7	15
Plastic Surgery	11	13	0
Pain Management	12	12	0
General Medicine	8	6	
Endocrinology	8		
Diabetes	8		
Respiratory Med	8	Bronch's – 6	
Gastroenterology	9	6	
Haematology	6		
Cardiology	8	Angiography – 6 Pacemaker – 6	
Dermatology	11		
Nephrology	7		
Medical Oncology	1		
Neurology	10		
Rheumatology	8		
Elderly Medicine	5		
Paediatrics	7	—	—
Gynaecology	5	9	10

Radiology waiting times as at end of March 2016

Please note the waiting is the same at both sites unless the procedure is just site specific.

	Cross Site	CRH	HRI
MRI	5 WEEKS		
CT	6 WEEKS		
Ultrasound – general	5 TO 6 WEEKS		
Ultrasound - Musculoskeletal	5 WEEKS		
Ultrasound - Vascular	6 WEEKS		
Fluoroscopy - Upper GI	5 WEEKS		
Fluoroscopy Barium Enema (not performed at present)			
Nuclear Medicine- Bone	4 WEEKS		
Nuclear Medicine- Cardiac	5 WEEKS		
Nuclear Medicine- Others	6 WEEKS		
Mammography	0		
DEXA Scans	6 TO 7 WEEKS		

Key to main waiting times update

FIRST OP = GP Referred (routine) First Outpatient Attendance. Times shown are maximum wait times (in weeks) as at end March 2016.

DAY CASE AND ELECTIVE INPATIENT

Times shown are average wait times (in weeks) from Referral to Treatment (Outpatient wait times are included within this figure) for March 2016 admissions.

Key contacts

Surgery and Anaesthetics

Divisional Director –
Julie O'Riordan

01484 347037

Assistant Divisional Director
– Kristina Rutherford

01422 223523

Medical

Divisional Director –
Ashwin Verma

01422 223121

Assistant Divisional Director
(Interim) – Bev Walker

017766 905553

Family and Specialist Services Division

Divisional Director –
Martin DeBono

01422 223946

Assistant Divisional Director –
Rob Aitchison

01484 222772

Community

Clinical Lead –
Nicola Sheehan

01422 224184

Assistant Divisional
Director– Karen Barnett

01422 307337