



Follow us on Twitter at
www.twitter.com/CHFTNHS

Calderdale and Huddersfield **NHS**

NHS Foundation Trust

GP Update

LATEST NEWS FROM THE TRUST

WINTER 2016 Number 34

Fractured neck of femurs care

Our teams caring for around 500 patients annually with broken hips (fractured neck of femur) have made huge strides to bring care up to meet Best Practice Guidance.

Patients suffering a fractured neck of femur often have lots of complicated needs and many patients are in their 80s and 90s. In order to meet Best Practice

Guidance we have to provide seven components of care between admission and discharge. Two years ago we achieved all 7 with less than 10% of our patients. Last year this rose to 30% and this year it is 60%. Some hospitals achieve 85% so there is still work to do to but we have made significant improvements and our results are still



Christina Mihi, Kate Broadhurst, Sally Dillingham, Emma Van Bentam and Mandy Naylor on Ward 19

trending upwards. So far this year we have achieved all the components of Best Practice standards with 100 more patients than last year.

Orthopaedics General Manager Andrew Bottomley said: "We have made our fractured neck of femur standards as important to our teams as the 4-hour standard is to the emergency teams."

Ward clerk Nicola is our Star

In December our ward 5 clerk Nicola Lear became the Trust's first Star Award winner.

The Trust's new colleague recognition scheme proved a huge hit with nominations received from across the Trust.

Nicola is ward clerk on HRI and was a key to a successful relocation of the ward – a process which meant the ward was extended to cover an extra 10 patients.

Nicola, said: "I love absolutely everything about CHFT – especially looking after my patients."



Nicola Lear with Owen Williams

Consultation begins

The two local CCGs have made a decision to go out to full public consultation stating in early February and running for at least 12 weeks.

The proposals aim to address the clinical quality and safety issues currently experienced in the Trust resulting from providing dual site running. The proposals are to create two centres – one for planned care at Huddersfield Royal Infirmary in a new purpose-built facility and one for unplanned (emergency) care at Calderdale Royal Hospital. Both hospitals would have urgent care centres.

The plans will require huge



investment at both sites.

A schedule of events and public meetings will be held across both areas to enable the public to find out more and give feedback on the plans. For more information visit www.rightcaretimeplace.co.uk for the full 260 pre-consultation document together with all the latest developments.

Free fertility consultations offered to private patients

Our excellent teams on our assisted conception unit are promoting the fertility care at our Trust for both NHS and private patients.

Couples who are

receiving NHS funding make up the majority of our patients but CHFT fertility care – with its excellent track record – is also available to private patients. We currently

have one of the highest conception rates of any unit in the country.

Sister Helen Marvell, said: "Many people assume that they have to go out of

the area to access services if they are not entitled to NHS fertility treatment, and that is simply not the case.

"We welcome all patients and do not

charge anyone for their initial consultation and subsequent follow up appointments."

For more information call Helen on 01422 224257.

INSIDE

WARD 11 LEADS HUDDLES 2 AWARDS FOR TRUST STAFF 2
THEATRES ACTION WEEK 3 A&E SUCCESS 4 WAITING TIMES 4

**compassionate
care**

News Round-up

White Rose for new nurses

All new staff nurses have the option of wearing the White Rose Yorkshire emblem to help other members of their teams identify they are new to CHFT.

To ensure as much support as possible, the multi-disciplinary teams working around them recognise in a discreet manner that they may need more support and advice.

The White Rose – which is optional – can be worn throughout the



Beth Gee and Jordanna Woodward. insert – the White Rose pin

preceptorship period to help them as much as possible through their early days.

The idea came from a

student who had been at the Aintree University Hospital NHS Foundation Trust where new nurses have the option of wearing a daisy badge to signal they are new and may need extra support.

Matron Renee Comerford, said: “We hope this reassures and provides support for our new nurses. We want this White Rose to be recognised throughout the Trust so everyone can support new nurses in our teams.”

Dr Who campaign rolled out

A Dr Who fan at our Trust has named a new campaign. The campaign is to help people remember the titles for doctors in training which replaced the ‘senior house officer’ title scrapped by the GMC in 2007.

Receptionist and study leave coordinator Fiona Coll came up with the name “Dr Who” for the campaign. Fiona’s idea was so positively received that it has now been rolled out across England, after being adopted by Health Education Yorkshire and Humber. The



Omar Khatab, Rita Pallucci, Fiona, Becky Colwill and Sue Burton

correct titles for doctors are:

- Foundation Doctor - FY1 or FY2
- Speciality Trainee (Core) - CT, CMT, CST, ST1-2
- Speciality Trainee (Higher) - GPST, ST3-7

Ward 11 leads the huddles

Ward 11 has been leading the way holding daily safety huddles, with other wards following their best practice.

Sister Amy Whitehead said: “We always have a huddle at 9am Monday to Friday. Nurses, doctors, consultants and cardiology are all involved, and the most senior member of the team has a prompt list.

“We talk through each patient to identify potential risks so we can minimise them.

“If there is a risk of the patient falling we



make sure the falls prevention bundle is completed and that falls equipment is available.”

And after a go-see, ward 2CD at CRH has become the first Medical

Assessment Unit in West Yorkshire to introduce new safety huddles.

Sister Stacey McGowan from ward 2CD also said: “We’ve seen a decline in the number of falls we’ve



had. The huddles don’t replace handover but are really valuable. Everyone on the ward gets told where patients are at risk from a fall, diabetes or they have problems with

food or drink. This means they are able to spot when a patient is at risk and can help them avoid harming themselves and that we have everything in place to support them.”

Awards success for staff



Carole Hallam with award

Recent award successes include:

● Carole Hallam and our nursing team collected top honours at the Nursing Times national awards. They impressed judges with their partnership with a hospital in

Romania to improve its infection control record – so successful it’s spread nationwide.

● Joanne Womack, the nurse who was at the heart of our Acre Mills project was a finalist in the NHS Leadership Patients Champion of



Jo Womack with award

the Year award. She included our patients every step of the way from design to the grand opening.

● Acre Mills continues to be recognised as an excellent patient asset as finalists in Building Better Healthcare award.

Linda leads clean-up

Administrator, Linda Mitchell wasn’t working at the time Allen House was devastated by the Sowerby Bridge floods, but she alerted colleagues and the next day she went down to Allen House annex with some volunteers she had organised and began the clean-up operation.

She was devastated to see the extent of the damage to the annex where we hold several clinics including audiology and the



District Nursing team’s weekly leg club.

She cleared the whole car park of the debris and sludge and even asked a road cleaning van working in Station Road to help clear our car park so it would be ready for staff returning to work Tues 29th.

FOCUS ON... Theatres Action Week

The Trust held its first Theatres Action week to hold a mirror up to our procedures for getting our patients ready for surgery, into surgery and back on to the wards to recover. Called Theatres Action week, every minute of the day was logged and assessed to help us get the most from our 19 theatres and all our theatres teams.



Julia Watson, Allison Holmes and Vicki Sillitoe



Sharon Berry



Rachel Gavin, Maxine Romain, Clare Andrews, Jacob Miah, Darren Kirk, Jeanette Whitworth.

In a new departure, volunteers from across the Trust, who don't normally see the work in theatres, were invited to join in as observers. Board secretary Kathy Bray, was among the many volunteers from non-clinical departments such as finance, admin and estates to join in.

She said: "I would like

to say thanks for the opportunity – it was a great experience and if I had done it 20 years ago I might have had a different career in the NHS! It gave me an insight into the many challenges facing theatre staff in terms of both limited time and staffing available."

Her Trust HQ colleague, PA to Nursing Director

Julie Davies, Steph Jones, said: "I thoroughly enjoyed the morning I spent in theatre. Staff clearly work closely as a team whilst trying to manage the daily challenges of staffing and when there not enough beds for patients post-op which puts extra pressure on the recovery area."

Clinical Operations

Manager for Main Theatres, Sharon Berry, said: "The week went really well. Everyone was really positive. It was all about demystifying theatres and we, in theatres, were asking questions about the way we have always worked and how we can improve the experience for our patients. One of the emerging themes was

the need to improve links and communications with all the other departments which we depend on to help us run our theatres. It was also an opportunity for people to go behind closed doors into our theatres to see all the activity involved in getting a patient ready for surgery, into theatre and into recovery."

Free check-ups for mouth cancer awareness

Health experts held free check-ups as part of Mouth Cancer Action Month in November. In previous years they have attracted up to 300 local people with up to 35 people being referred for further treatment.

People who don't regularly visit the dentist – who now perform mouth checks as well as teeth checks – are also encouraged to attend.

Expert, consultant in oral & maxillofacial surgery, David Mitchell, says up to 75% of mouth cancer is preventable.

Maxillofacial Unit Manager, Mary Augustine, said: "Raising awareness is very important to the team. A few years ago no one had heard of mouth cancer. However it is increasingly common and people need to know what to look for."



A&E success

We're proud that we're the only hospital in West Yorkshire to achieve the 95% Emergency Care standard in the quarter to December 2015.

Chief Operating Officer Helen Barker said "It's not just down to our A&E teams that we've achieved this. All our colleagues right across CHFT have worked their socks off to help our patients have a good experience in what are challenging times."

Food and nutrition a priority in partnership project

CHFT are proud to be one of only three hospitals working in partnership with the Soil Association Food for Life Hospital Leaders, Public Health and Calderdale CCG looking at the future of food and drink for our patients, colleagues and visitors. Membership



councillors, Calderdale Public Health, dietetics, catering, procurement, ISS, occupational

health and nursing teams met to begin the process of developing CHFT's Food and Drink Strategy – a mandatory requirement for all Trusts introduced this year.

There was a focus on strong leadership for a health promoting setting to further develop:-

- Community & Partnerships
 - Catering Quality
 - Food Retail & Vending
 - Patient Food Experience
 - Staff Health & Wellbeing
- General Manager Estates and Facilities Alison Wilson said: "It's clear to see that our colleagues are hungry (no pun intended!)

for innovation and change and I'm looking forward to working with the Board to support further initiatives".

"This is the first step and I'm really excited that further work will be undertaken to continue with the excellent work already underway".

Our radiographer raises funds for SCBU

A team of cyclists who braved scorching temperatures to cycle across Europe for our Special Care Baby unit at Calderdale Royal Hospital has handed over an

astonishing £9,000.

CHFT radiologist Andy Cross, along with Tom Nuttall, Morgan Sutcliffe and Riccardo Costa who work in Geneva, covered the 590 miles from

the city to Barcelona in five and a half days.

The ride came about as a thank you from Andy and his wife Becky for the care their little son Jake received on the unit.



Andy Cross and family present the cheque

Waiting times update

Waiting Times Snapshot as at 31 December 2015

SPECIALTY	FIRST O/P	DAY CASE	ELECTIVE I/P
General Surgery	14	8	8
Urology	12	10	7
Trauma and Orthopaedics	10	9	10
Ear, nose and throat	11	10	12
Ophthalmology	12	10	12
Oral Surgery	13	7	0
Plastic Surgery	14	12	12
Pain Management	12	10	0
Gen.Med inc (Diabetes)	7	6	
Respiratory Med	8	Bronch's – 6	
Gastroenterology	9	6	
Haematology	7		
Cardiology	8	Angiography – 6 Pacemaker – 6	
Dermatology	13		
Nephrology	7		
Medical Oncology	1		
Neurology	9		
Rheumatology	8		
Elderly Medicine	5		
Paediatrics	6	—	—
Gynaecology	5	10	10

Key contacts

Surgery and Anaesthetics

Divisional Director –
Julie O'Riordan
01484 347037
Assistant Divisional Director
– Kristina Rutherford
01422 223523

Medical

Divisional Director –
Ashwin Verma
01422 223121
Assistant Divisional Director –
Sajid Azeb
01422 222945

Family and Specialist Services Division

Divisional Director –
Martin DeBono
01422 223946
Assistant Divisional Director –
Rob Aitchison
01484 222772

Community

Clinical Lead –
Nicola Sheehan
01422 224184
General Manager –
Mandy Gibbons-Phelan
01484 343333

Radiology waiting times as at 31 December 2015

Please note the waiting is the same at both sites unless the procedure is just site specific.

	Cross Site	CRH	HRI
MRI	6.5 WEEKS		
CT	6 WEEKS		
Ultrasound – general	7.5 WEEKS		
Ultrasound - Musculoskeletal	6 WEEKS		
Ultrasound - Vascular	7 WEEKS		
Fluoroscopy - Upper GI	5 WEEKS		NO PROCEDURES AT HRI DUE TO REFURBISHMENT
Fluoroscopy Barium Enema (not performed at present)			
Nuclear Medicine- Bone			3 WEEKS
Nuclear Medicine- Cardiac			5 WEEKS
Nuclear Medicine- Others			6 WEEKS
Mammography	NO WAITING TIME		
DEXA Scans			5.5 WEEKS

Key to main waiting times update

FIRST OP = GP Referred (routine) First Outpatient Attendance. Times shown are Maximum wait times (in weeks) as at end December 2015.

DAY CASE AND ELECTIVE INPATIENT

Times shown are average Wait Times (in weeks) from Referral to Treatment (Outpatient wait times are included within this figure) for December 2015 admissions.