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TrustNews

YOUR STAFF NEWSPAPER

APRIL 2015

Sam is Costa Queen – official

HRI's Costa Queen Samantha Womersley has been recognised as one of the coffee chain's best.

Sam won best customer service award after beating 200 others nominated. Her nominee and manager, Neil Dale, said: "If you cut Sam in half she'll have Costa running in the middle of her."

Scott Jones, from Compass, said: "Her cheeky smile and fun personality means she is known throughout the hospital, meaning many regulars come back every day just to see her. She is the store's rock and we are immensely proud and grateful to have her in our team."

Sam said: "I can't actually believe I won it, it still hasn't sunk in and I doubt it ever will. The perfect cup of coffee can only be made with a friendly smile on your face, and make the coffee exactly how everyone likes it."

Sam with her award and Neil Dale, her nominee and manager



Parking permit time

COLLEAGUES have until Monday, June 5 to submit their application for new parking permits.

We are asking all car parking permit holders to reapply and these will be considered under new criteria to achieve a fairer distribution of permits. These new considerations include: home to work distance must be more than 1.5 miles; family demands as part of the work/life balance and out of hours/on call staff will be given priority.

Colleagues at CRH – who work Mon-Fri 0800-1800 – will be offered a permit that will allow them to park on the Eureka site and utilise the Trust Park and Ride scheme. This will create up to 80 additional parking spaces at the CRH site.

The permit request form can be found on the intranet.

The form should be completed and returned via e mail to car.parking@cht.nhs.uk or by internal post to: The Travel Dept, HRI. All completed applications need to be returned

no later than Friday, 5 June 2015.

The cost is £22 and this will commence when the new permit has been issued. This keeps us in line with other Trusts and enables us to still be able to offer value on-site parking for colleagues. (For Eureka permit holders it remains at £16). The part-time rate will remain the same at £11.

Permits will no longer be allocated to specific designated areas. All general permit holders will be able to park in all staff designated areas.

We are also introducing a new priority rating for senior clinical colleagues who need to be at both sites to deliver care to our patients.

To improve priority capacity at CRH, 10 extra spaces will be provided for priority permit holders.

This will ensure that cross-site colleagues can easily access the sites to ensure they deliver care to our patients.

● If you have questions email: car.parking@cht.nhs.uk

CQC 2015 – be prepared

And as for the inspectors...



...just remember that they aren't "suits with clipboards" but doctors, nurses, AHPs and managers just like you!

THIS YEAR the Trust will undergo its first Care Quality Commission (CQC) visit under the new system.

Now called CQC Chief Inspector of Hospitals inspections, the visits are on a much bigger scale than previously and could mean we have up to 60 visitors – all with healthcare backgrounds – as guests of CHFT. They aim to have visited and assessed all acute Trusts by the end of this year.

From our point of view, this is our opportunity to show them exactly how, as individuals and as teams, CHFT is delivering compassionate care for our patients and their families.

There is no pre-announced date so we have to be ready and we must start that process now to make sure



we are as well-prepared as possible.

It is a two part inspection. Before they come, the inspectors will look at CHFT through our current performances statistics. The visit is the second part and this will involve them talking to colleagues, our patients and their families and our partners.

The key areas they will visit will include A&E, older peoples care, surgery, intensive care, maternity and family planning, services for children and young people, end of life care and outpatients.

They want to know how CHFT delivers,

safe care with compassion and kindness, how we make sure our care is tailored to our patients' needs and how we work in teams with strong leadership with the patient at the core of everything we do. We need to be aware of our ward's individual performances in areas such as falls, pressure ulcers, infection prevention and to be aware of feedback via the Friends and Family Tests.

So, please take this as an early heads up so that, come the CQC visit, CHFT is in the best possible shape to impress them! I know we can do it!

Julie Dawes, Director of Nursing

● Look out for regular updates here in CHFT Weekly, in Trust News every month and on the intranet banner.

Baby Charlie Woodward, Dad Daniel, right, and mum Claire together with Martin DeBono



Family fun at ACU party

HUNDREDS of tots and their parents were the star guests at the party thrown by our assisted conception unit staff at CRH.

Entertainments included bouncy castles, a ballpool and a buffet provided by ISS Colleagues. Martin DeBono drew a raffle which will fund next year's event.

Sister Helen Marvell, said: "As a team we are lucky to hold this event and to be able to catch up with mums and dads and their littles one as the years go by. It's a joy and a pleasure!"



Susan McCabe, Lucinda Doherty and Mary Topa

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Revalidation note for nurses

THIS is an important notice for all colleagues who are registered with the Nursing and Midwifery Council. (NMC)

Later this year, all registered nurses (even if they are in another role at the Trust such as general managers or in specialist nursing roles) have to undergo a revalidation process. We shall keep you posted of future developments at the Trust and you should also visit the NMC website.

It starts in October 2015.

In the meantime, there are some simple steps you can undertake to ensure you are ready for the process. These are:

- Ensure you have an up-to-date appraisal
- Have five pieces of reflection in relation to the NMC code of practice
- Start to acquire five pieces of feedback. These can be from patients, your line managers, on-line comments
- You will also have to show you are achieving your continuous professional development.

Please read this and check the website: www.nmc-uk.org/Nurses-and-midwives/Revalidation/FAQs-on-revalidation/

Branding advice



THE TRUST is refreshing its branding to better reflect the Four Pillars of behaviour.

In the meantime we need to ensure the former logo - "Your Care, Our Concern" - still widely used is withdrawn from use.

Please could you check all letters and templates and if "Your Care, Our Concern" appears on any of them - in the bottom right position - please remove it.

Many thanks - this is important. Here are the latest Powerpoint templates which need to be used <http://www.cht.nhs.uk/publications/how-to-look-good-corporately-a-quick-guide-to-branding/templates/>

Anne leads the way with 52 NHS years



Above: the cardiology team

Main picture: all of the recipients

Far right: the paediatrics team;

Right: Anne Robinson with Trust chairman Andrew Haigh

OUR Anne Robinson, with an amazing 52 years with the NHS, was the strongest link at our latest Long Service celebration.

Two teams - four from cardiology and paediatrics - made it an extra special night for colleagues with 25 and 40 (and Anne's 52) years service hosted by chairman Andrew Haigh and CEO Owen Williams.

Owen thanked everyone for all their combined years (more than 600!) of caring for local people and their families. He said: "I thank you all from the bottom of my heart."



600+
combined years
of service

Nutrition and Hydration Week served up in style



Dietitians, nutritionists and caterers at CRH



Above: Andrew Donegan, right, and colleagues
Right: Jane Armitage and Adrian Brown



COLLEAGUES served up a great menu of events for Nutrition and Hydration Week.

The aim of the week is to reinforce and focus energy, activity and engagement on nutrition and hydration as an important part of quality care in collaboration with the Hospital Caterers Association, the National Association of Care Catering and Patient Safety First.

Medical Illustration's Jane Armitage won a box of soup veg from catering's Adrian Brown for guessing how many gallons of homemade soups we now

make for our patients. Our dietitians and nutritionists were also on stands offering advice and information.

Estates director Lesley Hill, said: "The week went really well with a lot of colleagues involved in a very important part of care for patients."

Meet the Team: Primary Care Discharge Co-ordinator Service



Fom left: Kerry Gunn, Chris Monaco, Charlotte Bowdell, Gill Runkee, Miranda Usher, Karen Broadhead, Kathryn Hayes, Emma Parsons and Chris England

A NEW Primary Care Discharge Co-ordinator Service has been created which aims to improve patient experience and reduce admissions to hospital.

The team, based within primary care across Greater Huddersfield, comprises senior nurses who will be working closely with GPs and a range of services to support patients to remain in their own homes.

The team will mainly be involved in the care of patients aged 75 and over who do not currently have any other community healthcare service involvement.

Lead nurse, Gill Runkee, said: "We

are hoping it is going to be very much tailored to what the patient wants and be fully patient-centred. We will be keeping them where they want to be in their own home that will have quite a big impact on their quality of life and how they manage their condition themselves to a degree."

For further information contact lead nurse Gill Runkee on 07833 528217 or via switchboard.

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Face facts... Katie Stead, our Energy and Sustainability Manager

KATIE STEAD is 31, from Waterloo, Huddersfield is our Energy and Sustainability Manager for the Trust and started in post in July last year. She is keen on walking, zumba, motor-homing and reading.

Can you tell us a little a bit about your career background?

Before joining the Trust, I spent 10 years working for Calderdale then Kirklees Councils managing their environmental impacts and working to reduce their carbon footprint. I was involved in projects to help reduce the energy and water bills of council buildings and schools, and improve the fuel efficiency of fleet vehicles.

What are the best bits about your job?

Professionally – helping the Trust to become more efficient and find ways to save money while becoming more sustainable. Personally – meeting new people, learning about a new sector and finding ways to meet the challenges ahead.

If you had the opportunity to improve your service how would you do it?

I would like to develop a network of colleagues across the Trust who share a similar interest in saving energy and reducing waste, so that I can hear everyone's thoughts and ideas on improving our environment and make sure change happens for the better. If anyone is interested in becoming a green champion, please get in touch!

If one moment has stood out for you in your career so far, what would it be?

I was proud to represent Kirklees Council at a parliamentary select committee meeting in London in 2013, to answer questions from 12 MPs about best practice and barriers to delivering climate change work in local government. The meeting was

recorded and shown on Parliament TV. It was my moment of fame!

What inspiration could you give to someone hoping to do something similar?

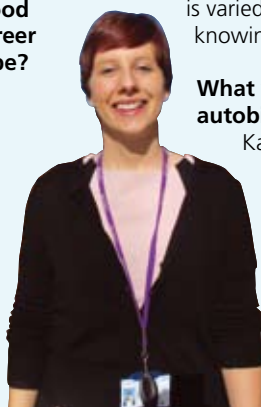
Whether you believe in climate change, or are just worried that there won't be enough resources left to maintain the same standard of living for future generations, this job provides the opportunity to make a difference. Every day is varied there is job satisfaction knowing you've done your bit.

What would the title of your autobiography be and why?

Katie Stead – her autobiography. This is a play on words – ever since I got married and I say my full name, it sounds like Katie's Dead, not Katie Stead!

When you are not at work how do you relax?

I like to go on long walks



Katie enjoys performance cars

and end up at a nice pub with good food and a few drinks to unwind.

What would people be surprised to know about you?

I like performance cars and enjoy trips to York and Santa Pod raceways.



Consultant orthopaedic surgeon Simon Sturdee

Equipment boost for elbow and knee surgery

THEATRES have received a new piece of equipment to help with surgery for the lower elbow and knee.

The Fluoroscanner Insight FD is the next generation in mini c-arm x-ray imaging.

Its controls are located within the sterile area and trained surgeons can access x-ray images of the affected areas throughout the entire operation.

This new piece of equipment can now allow the surgeon to do their own x-ray imaging and reduces the need for patients to wait for their surgery.

Consultant orthopaedic surgeon, Simon Sturdee, said: "This has been a great help during surgery. It is versatile and mobile and easy to use"

Membership Council vacancies

THE TRUST will shortly have two vacancies for staff councillors on the Membership Council.

They are in nursing/midwifery and ancillary (which is open to all support staff).

This is your opportunity to gain a real insight into how the Trust is run and to feed in your own views about the future at the highest levels.

Estates matron Chris Bentley and nursing auxiliary Liz Farnell are both coming to the end of their terms. If you would like to speak to them about the role then contact the membership office at HRI on 01484 347342.

Associate director Ruth Mason, said: "Our membership councillors have a vital role in ensuring this Trust delivers quality care with compassion for our patients and their families. Along with our publicly elected membership councillors our staff members on the Council over the years, have made a huge contribution and their expertise is very welcome."

If you're interested, come along to one of our briefing sessions on Monday, June 1, in the Board Room at HRI or Wednesday, June 3 in the large training room in the Learning Centre at CRH. Both 6-8 pm. Or contact the membership office for more information.

Tyndall's tour...

MUD and the Alps are the challenges for colleagues who are charity fundraising the hard way.

HRI A&E porter Danny Tyndall has been cycling throughout the UK and Europe for over 30 years and the past 3 years has taken part in the Pedal4Pounds cycle ride organised by Huddersfield Town Football Club and raised money for the Yorkshire Air Ambulance.

This year he's cycling L'Etape Du Tour – a tough alpine stage of the Tour De France 2015 (142kms) on July 19th. It's lined to a Toblerone as it's so much up and down and is organised event to allow amateur cyclists to ride an actual Tour De France stage under Tour De France conditions. Danny is riding for Great Ormond Street Hospital and aiming to raise £1000 for this great cause.

A Charity Gala Dinner is being held at The White Swan in Outlane on May 19th. It's a Black Tie event, tickets and menu now available £30 per ticket. If anyone would like to sponsor him or want tickets for the event, please contact his wife, Sarah who is based in radiology at HRI.

Contact: sarah.tyndall@cht.nhs.uk or www.justgiving.com/Danny-Tyndall

● A massive well done to the breast care theatre team for surviving the Mud Challenge. The team headed to



Above: breast surgery team members, from left, Rebecca Frost, Alison Waterworth and Vicki Whiteley. Below: the whole team after the mud run



Osmaston Manor, Derbyshire at the weekend to tackle the run and multi-challenges for charity and covered themselves in glory... and mud.

Surgeon Alison Waterworth said: "We were a bit sore after with collection of bruises between us!! But it was a totally great event – getting covered in mud, scaling walls, commando



Danny Tyndall

crawling, leaping through fire and having hypothermia from swimming in a lake. It was a team effort to finish the 10km but we all did it together."

They have raised £450 so far for Yorkshire Air Ambulance and the

Haven breast cancer charity. The team was Alison Waterworth, Vicki Whiteley, Rebecca Frost, Tasha Abbott, Jacki Blackwell and Matthew Williams.

● The 'mud' on their faces in the photo was melted down Easter eggs!!

Epilepsy conference at the Trust

OUR specialist nurses hosted a Current Issues in Epilepsy Conference for colleagues across West Yorkshire.

The conference was arranged by Andrew Carr, Jenny Kelly and Judith Vincent, (paediatrics) at the Briar Court Hotel, Birchcliffe.

Around 50 specialist healthcare professionals attended to find out more the condition and how individuals, families and carers can be supported. Experts at the Trust delivered a series of talks including Consultant Paediatrician Dr Sal Uka on Children's Adherence with Epilepsy and Consultant Neurologist Dr Walied Mowafi who spoke about Differential Diagnosis.

Epilepsy nurse specialist, Jenny Kelly, said: "We wanted to set up something local as we know we have the expertise here. We wanted to share it with a broader audience of colleagues interested in epilepsy health care."

"We were really pleased with the turn-out as it was almost double what we had anticipated."



Our team included Andrew Carr, Jenny Kelly and Judith Vincent, pictured here with Bradford colleagues



NVQ achievement

CONGRATS to Gemma Stokes and Anna Maffin who work in Occupational Health at CRH who have both completed their NVQ level 2 in customer service.

The nine-month course in customer service started in June last year was advertised on the intranet and the qualification was completed with Wakefield College.

Anna: "I haven't studied for a number of years and this has given me confidence, and I'm planning on going on to do sign language course soon."

Gemma: "With not studying for such a long time, I was worried about it but now it has given me the confidence to carry on, and plan to go on to level three."

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Farewell to our departing colleagues



FOND farewells to colleagues who retired this past month and we wish them all the very best.

Estates threw **Gary Ashton (top left)** a big bash and he follows wife Dianne into a well-earned retirement.

Ed Sliwo's (left) colleagues presented him with a comedy blow-up zimmer frame and he thanked them for being his "other family" throughout his career.

Chris and Graham Parker (right and above) retired within a week of each other after a massive 45 years NHS years between them. A very emotional Chris walked into a surprise party on the ward 15 a little late – after she burned her hand baking farewell cakes for everyone!!



Board level

The following is an account of the Executive Board (EB) and Board of Directors (BoD) key discussions held during March 2015.

A&E PERFORMANCE - the Boards continue to monitor the position in terms of the Trust's ability to meet the 95% performance target. It was noted that a large number of Trusts were also experiencing difficulties but actions were in place to address our own problems in readiness for an improved situation from 1 April 2015.

FINANCIAL POSITION

The financial position to the end of February 2015 shows: bed capacity pressures continue. Elective activity remains below planned levels; the year-to-date deficit is £2.71m, including restructuring costs of £1.34m, against a planned surplus of £2.12m; Capital expenditure of £19.71m against revised planned £22.05m, an underspend of £2.34m (£6.83m below original plan). The cash balance was £16.77m, versus a planned £22.56m, £5.79m lower than planned.

Our Cost Improvement Programme was forecast to deliver £9.88m against the planned £19.53m. This is a shortfall of £9.65m and will have an impact on 2015/16

MONITOR POSITION

At a recent meeting Monitor was pleased with the progress the Trust has made towards meeting our reforecast deficit of £4.3m and the robustness of the approach that we are undertaking to meet our cost improvement planning target for year ending March 2016, which will be a minimum of £14m. There is still much work to do in terms of the financial challenge and everyone has a part to play – either through the programme management office (PMO) sessions taking place across the Trust

or by looking to see what efficiencies you can make locally. Whilst this work focuses on our financial position, it will continue in the context of providing compassionate care and ensuring that we live up to our Four Pillars of putting the patient first; go see; working together and doing the must-do's.

CARE OF THE ACUTELY ILL PATIENT

The Care of the Acutely Ill Patient report for the period to end of February 2015 was received. The following was noted: Improvement in the latest quarterly SHMI release (data relating to April – June 14) from 111 to 110; 'Nerve Centre' was in place on pilot wards and was on schedule to start spread from 20 April 15; Improvement in 7 of the 10 SHMI conditions with the highest mortality rates in the latest quarterly release.

DIPC REPORT

The Infection Prevention and Control report for the period to end of February 2015 showed a total of 26 C.Diff cases, which is 8 over our ceiling of 18. Aseptic Non-Touch Technique (ANTT) compliance is down and further training sessions are taking place to improve competency assessments.

POLICIES

The Executive Board ratified the following policies:

- Security Policy
- Email Policy
- Internet Use Policy
- Information Governance Strategy
- Information Governance Policy
- Confidentiality Policy
- Major Incident Plan

FEEDBACK

We would welcome feedback from your Team Brief meetings as to whether this briefing is helpful or if we need to make any further changes. Please send any comments to communications@cht.nhs.uk

Thanks for everything *

"Can I applaud the skills, care and concerns from Dr. Briggs and his team, including after care. Last Thursday morning, I went for a biopsy, using ultrasound in the X-ray department HRI. The nursing staff were caring, helpful and listened to all concerns Dr. Briggs, listened to everything I said, showed me on the scan and let me feel where the node was for the biopsy. He took his time, explaining every stage, reassuring me before and after every procedure. Before I left for recovery, he explained what would happen next. A genuine gentleman. My parents, who had come with me, but do not live in the area, were treated with respect and the medical staff were extremely helpful. Thank you again to Dr. Briggs and his team."

"I had an accident (eye abrasion) and attended the A&E at Huddersfield Royal Infirmary Wednesday night. Graham, the gent who treated me, is an asset to the NHS and you need more staff like Graham. He acted quickly to try to ease my pain/was gentle/caring/efficient/professional and explained aftercare very well. Kind Regards."

"I felt I had to write to say a massive thank you to the ENT clinic at Calderdale hospital today and in particular to a trainee called Nikhill. (Merchant). I'm 37 years old and today had to come to terms with being told I was deaf in my left ear and that a hearing aid was the only option. I had a meltdown but this young man took the time to just calm me and nothing was rushed. I just want to say a massive thank you to be honest to all the staff at the clinic as they were all lovely but this young man just made the difference."

* All emailed to CHFT inbox by patients and their families

TrustNews is the staff newsletter all about you. Please let the communications team have all your success stories and good news – e-mail to lucy.mulcahy@cht.nhs.uk or 'phone 01484 355 253. The deadline for the next edition is Friday May 15.