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TrustNews

Hola Huddersfield:  
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Sore four – Andy’s epic cycle ride

ANDY CROSS from X-ray at CRH and his pals raised more than £6,000 with an epic cross-Europe cycle ride from Geneva to Barcelona.

Andy’s son Jacob was born after an emergency C-section when he was six- weeks early and he was on a ventilator for three weeks in the ICU part of the Special Care Baby unit.

Andy and his pals covered 900k (620 miles) in scorching temperatures at the end on June/early July.

The money raised will provide two Vapotherms for the unit which help with breathing. The League of Friends has topped this up with £3,000 and a family support room will also be refurbished.

Andy, left, and his chums on the banks of the River Rhone near Lake Geneva



Blinking great eye teams

**THE eye care teams at CHFT are celebrating a double success.**

Eye Clinic Liaison Officer Alice Elliott, based in Acre Mills has won the Macular Society’s Support and Community Rehabilitation Professional of the Year Award.

Alice supports adults and children and their families after a diagnosis and she advises on benefits and entitlements and school matters for younger patients. She receives up to 40 new referrals every month.

She said: “People react in many different ways to a diagnosis especially if it has come as a shock. Younger people of working age in particular are in need of support especially if they can’t drive any more and driving is integral to their work. I can’t wave a magic wand but I can help them feel they are not on their own and support them so they know there is help through the adjustments they are going to make. Where children are affected then it is about supporting the whole family.”

She will collect her award at the Macular Society Conference in London on September 26.

● And CHFT’s ophthalmologists have



Alice Elliott

won first prize, beating competition from across the UK at the Royal Society of Medicine’s annual award for medical students and trainees original research.

Our team’s paper, comparing two drugs Lucentis and Eylea

used to treat the common sight problem wet macular degeneration, won the top honour.

The project, which demonstrated that reduced numbers of injections did not affect treatment outcomes,



Best in the country: our ophthalmology team

so impressed the judges that we emerged top in a field which included experts from leading eye centres such as Moorfields, The Western Eye Hospital and Kings College, London.

FY2 Mark Lane presented the work at the event in London in June 2015 on behalf of the team. CHFT will now be represented in September at a conference in Nice, France, to present a further four projects to an international audience of retina specialists.

Get set for Big Brief 3

BIG Brief 3 will be held on Wednesday September 2 at 8 am in both lecture theatres.

It is the latest in our series of events for colleagues to find out face to face all the latest developments at the Trust.

Director of Planning, Lesley Hill, is pictured hosting Big Brief 2 at HRI. Jason Eddleston hosted the one at CRH.



All set for first conference

PLACES are filling up for our first Nursing and Midwifery Conference next month (Friday, September 18, YMCA, Salendine Nook, 9-4.30 pm).

It’s a chance to find out more about the work of your colleagues in frontline care, share good practice and be wowed with all the innovation underway.

Barnsley-born Margaret Kitching, the Chief Nurse North, NHS England, will be our guest speaker

Director of Nursing Julie Dawes, said: “ This should be a fabulous day for us all and I am very



Margaret Kitching

much looking forward to it.”

Book on the conference with Su. Woodhead@cht.nhs.uk



## Thank you to ED team as £300 raised

THE ED team have completed the Manchester 10k and have raised over £300.

Mark Keating and Tiffany Dyson from the ED team at HRI have raised money for Debora Lau's husband, Pete Lau. Debora works as a trainee practitioner in ED at HRI. Peter Lau had a mountain bike accident in April last year is now paraplegic.

The money raised will go towards Pete's wheelchair sports equipment fund to support him in leading an active life.

The money was raised by staff from the ED department, Mark and Tiffany, and also raised by family and friends of them too.

Debora Lau said: "Many thanks to Tiff and Mark for organising the fundraising event and collecting so much sponsorship, thanks also to the Ed team for supporting the event, it will make a big difference and support Pete's rehabilitation through sport".



Mark and Tiffany with Peter



## FY1s moving on...

OUR Foundation Year 1 doctors have now left us to start their FY2 posts. They will be completing a different set of three specialities to complete their Foundation Training by next August 2016.

Foundation Training Programme Co-ordinator, Medical Education Rita Pallucci said: "We wish them all the very best in their futures."

# Better patient information

### Final preparations are being made to introduce public-facing information boards onto wards.

The boards will standardise the information we share with patients and their relatives across both sites. And they have been designed as a direct result of feedback from patients and will be updated regularly.

At-a-glance information such as the latest Friends and Family scores, key performance stats, such as hand washing and last avoidable fall will be included. There will also be the opportunity to share ward specific progress on feedback that has come in from patients and their relatives, as well as ongoing improvements.

Sister Rachel Garside from Ward 5AD said: "We've always had to update two sets of information, so for me as well as the boards looking great, we'll only have to do it once, which makes things easier for us too".

The new boards form part of the work of the Patient Experience and Caring Group headed up by Quality



Sisters working on the newlook boards

Improvement Manager, Alison Lodge.

● A new A3 laminated information sheet for all patients and their visitors will also soon be available for each new patient on bedside tables. The sheet gives general information about

the hospital site such as parking, contact information and refreshments. It also explains the preparations needed to go home. Once again it was drawn up as a result of feedback from patients and is being trialled on



John and Pritesh

wards 17 at HRI and 5C at CRH.

Patient Pritesh Mistry photographed above with Volunteer John Green on Ward 17 said "I'm from Bradford and this is my first time at this hospital, so it's all new to me.

"The contact information and pictures of uniforms was really useful, but one of the most helpful things was the information on how to prepare to go home. It's useful to know what will happen next".

## Calderdale community matrons



THE role of the community matron involves working with complex patients with long term conditions and who are identified at risk of hospital admission. The team help individuals with self-management plans and aim to improve their quality of life.

One of the targets set is to have fewer than 10% of the caseload attending A&E. The latest results show only 1.9%

**Top row, from left: Rachel Clegg, Julie Raine, Ian Ormerod, Alan Johnson, Julie Norris, Sheryl Macginn, and Rebecca Kelly. Bottom row, from left: Andrea Beevers, Sheila Kalanovic and Mandy Kazmierski**

attending A&E. In order to achieve this, the team work with the virtual ward, the hospital discharge teams and GP practices to identify patients at risk of admission. The matrons also work alongside specialist matrons, who specialise in heart failure; respiratory problems, Parkinson's disease and continence issues.

Each patient under their care will have an individualised emergency care plan. These are unique to every patient within their care. The plans are also aimed to inform paramedics called to respond to patients and in some cases the paramedics will call up the team for extra advice in order to reduce unnecessary attendances

or admissions to hospital.

Clinical Lead, Andrea Beevers, said: "We support our patients' journey and rather than the patient experiencing a fragmented service, we aim to make it as seamless as possible". Alan Johnson said: "We are a very close team, supportive of each other. We are quite unique in that we are autonomous practitioners, coordinating and liaising with other professionals to provide a high standard of quality care. We are also developing a 'Knowledge Portal' online to promote and share knowledge and skills with other clinicians to promote improvements in practice and care".

## International recognition for palliative care training programme

**CHFT-Weekly**  
Staff eNewsletter  
**Catch up**  
on our latest  
Trust News

**Our team:**  
Michelle  
Lake, Claire  
Leyland,  
Julie Kaye  
(MAU) and  
Caren Reid



A TRAINING programme at CRH and HRI for nurses to help them validate and record an expected death has won international recognition.

We have been shortlisted in the multi-disciplinary section of the International Journal of Palliative Nursing awards in September

More than 100 CHFT and Locala nurses have already undergone the training held in the simulation suite at HRI and clinical skills lab at CRH.

Key personnel involved in the project include: CHFT: Michelle Lake, Claire Leyland & Julie Kaye, Locala: Helen Green and Overgate: Tracey Wilcocks.

Simulation Suite coordinator, Caren Reid, said: "This is a great achievement and has obviously impressed the shortlisters. It is great that our team working has attracted this recognition in this way!"

The training includes classroom based theory, practical skills using simulation and competency based assessment.

Catch CHFT Weekly every Thursday – direct to your inbox or on the intranet



## Face facts... Alex Blagborough, catering assistant / ward host

**What is your position?**  
Catering assistant / ward host.

**Tell us about your career background?**

Being only 20 I haven't kickstarted my career yet and have only had part time jobs working behind a bar and as a catering assistant after leaving college where I studied sport and exercise science.

**What are the best bits about your job?**

Coming in to work, working with a great set of people and having a laugh every day without fail!! No day is ever the same which also keeps things ticking over. Talking to different patients is also nice.



**Film favourite:**  
*Chitty Chitty Bang Bang*

**What is the highlight of your career so far?**

Working in catering stores and running it by myself for two weeks.

**Sum up your role in three words?**

Physical, rewarding, sociable.

**What did you want to be when you were growing up?**

Wanted to be a footballer. Watched HTFC every weekend and wanted

to be out there with them

**Who is your hero/heroine and why?**

My Dad!! He's been there for me all my life and never puts himself first. Hard working family man. Top Dad!

**When you are not at work how do you relax?**

Football, cricket and the pub. The best ways to spend your day off.

**What is your favourite place?**

Magalluf, Spain. I have been twice on lads' holidays. A mad week away

**What would people be surprised to know about you?**

My favourite film is *Chitty Chitty Bang Bang*. Classic!!!!



# From Spain to CHFT



**Staff Nurse Silvia Argota, from the Coronary Unit at CRH explains why she's come 2,000km to join our nursing teams.**

**Trust News (TN) - how long have you worked for CHFT?**

Silvia - I started work with the Trust in January this year.

**TN - tell us a little about your background**

Silvia - I always wanted to be a nurse, but also to work abroad. In Spain it was almost impossible for me to find permanent work even after four years training. I was working on a temporary contract at a Spanish hospital in the A&E department last June when I made the decision to start applying for a job in the UK.

**TN - why the UK?**

Silvia - my close friend who is also a nurse came to work in London last October. I knew she loved it so that helped me make my mind up.

**TN - how did you set about finding a job?**

Silvia - There are a few specialist sites, and I sent my CV to quite a lot of them. I also registered with Medacs. It was quite easy really and I was really pleased to be offered a job at CHFT. I'd



**Silvia, right with Angela Dysart and James Young**

been to Manchester on an exchange trip so I knew I loved the area.

**TN - and what's different about working here to Spain?**

Silvia - The most difficult thing for me was the language, even though I'd studied English. It also felt like I had to learn everything over again. In Spain students are left to just get on with it when they are training. It's good really because I have had to show the Trust that I know what I am doing, so I've seen it as extra training.

**TN - what's the best thing about working at CHFT?**

Silvia - it's working with the different teams. I always feel supported by everyone. My manager is brilliant and I know that I can ask anyone any question and I know that means the patients are all well looked after. We don't let them go home unless they are safe and supported, which might not always happen in Spain.

**TN - So what do you like to do in your spare time?**

Silvia - I'm friendly with other Spanish nurses and we'll often go to the cinema or out. I also love shopping and have been out and about to Leeds, Manchester, York and Chester.

## Learning to use LACE



THE electronic LACE tool is used to screen medical in-patients for referral to the Virtual Ward teams. It is accessed via PASweb as part of the patient discharge process.

Compliance with this tool is currently poor and our virtual ward team is urging ward based nurses and discharge co-ordinators to ensure they follow procedures to improve

our discharge process and make the follow-up care better for patients.

It is a very quick and easy to use tool which ensures the virtual ward team and community nurses have all the information they need to ensure discharged patients receive the best care in their homes and hopefully do not need to be readmitted.

The Lead Nurse for the Virtual Hub,

Jayne Woodhead, said: "We are trying to increase compliance with this tool as it is a crucial part of the discharge process and gives our patients the best continuing care from the CHFT point of view."

Jayne added: "Completion of the LACE tool means we get all the information we need. It is a small procedure which makes a huge difference."

## Fancy fighting flu?

WE may still be in barbecue mode, but one thing's for sure - autumn is almost upon us. This year's winter flu campaign is already underway with training taking place across the Trust from next month.

Do you fancy being a frontline vaccinator, or do you need refresher training? If you are a qualified nurse or midwife you can still get involved and training dates have been set for September. Book on a session by calling 01484 355693

IMMUNISER TRAINING DATES 2015				
Course type	Date	Time	Venue	Site
Update*	Thurs 3rd September	2-3pm	Boardroom	CRH
New	Friday 4th September	2-4pm	Discussion Room 3	HRI
Update	Mon 14th September	2-3pm	Boardroom	CRH
New	Tue 8th September	2-4pm	Meeting Room 3	HRI
New**	Thurs 17th September	2-4pm	Boardroom	CRH
Update	Tues 22nd September	2-3pm	Discussion Room 2	HRI
Update	Thurs 24th September	2-3pm	Discussion Room 2	HRI
Update	Tue 29th September	2-3pm	Boardroom	CRH
New	Weds 30th Sept	2-4pm	Boardroom	CRH

\*Update training is for immunisers who were trained and administered flu vaccines to staff in previous campaigns

\*\* New Immuniser training is for RGNs who have not previously been involved in the seasonal flu campaign

It is expected that all immunisers are RGNs, have capacity and capability to immunise their colleagues working under a PGD, and have up to date basic life support training.

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# SCBU welcomes a mini hero



**EIGHT-YEAR-OLD Toby Burgess, from Clayton, Bradford was born ten and a half weeks prematurely weighing 2lbs 15oz at Calderdale Royal Hospital and stayed with us for seven weeks of his life in the Special Care Baby Unit.**

His parents said: "The care and support we received was amazing. Just being here has brought it all back. What happens is amazing and we always vowed we'd be back to give something back"

Toby took part in a 'fruit shoot mini mudder' (1 mile obstacle course) and after setting a target of £200 smashed it with nearly £900 backed by his family and friends and local pub.

Toby came to visit the unit (left) and was shown around by Wendy Kirwan.



Toby Burgess

Vicki Bergin



## Vicki's over the moon

Vicki, our dietetic assistant, has recently completed a Higher Education Certificate in Nutritional Health from Leeds Beckett and collected the 'VitaFlo Prize for Nutrition in Practice'. This is a special award for colleagues who are: enthusiastically and actively embracing lifelong learning; embedding new nutrition knowledge gained in front line care; demonstrating patient/ client focused activities; championing the support worker role in health and social care; conducting themselves in a professional manner throughout the programme of study.

Vicki said: "I am over the moon with this achievement! I really do enjoy my role and I am lucky to work within a positive, enthusiastic and supportive team."



Vicki at the ceremony

## Saying farewell to colleagues



Cheryl Ann Clarke says goodbye to colleagues

FLOWERS and gift vouchers were among the gifts presented to staff nurse Cheryl Ann Clarke upon her retirement.

Cheryl Ann was a Trust former Nurse of the Year in 1984 when she was Cheryl Beevers

A party was held on cardio

respiratory ward 11 at HRI.

Cheryl Ann said: "I have met some marvellous people, and it's great that there are so much genuine and thoughtful individuals to care for, in Huddersfield. I have had so many memories and courageous patients and their relatives."



Emma Livesley bids farewell

● Emma Livesley left us for pastures new at Coventry Hospital as their Director of Operations.

Emma, our ADD for DATs & CWF, had been with us for eight years and received champagne, vouchers and flowers. She praised her "fantastic team" and said sticking

together would see them through the challenges of the future.

Colleague Lesley Hill, said: "Obviously there were jokes about being sent to Coventry! Emma will be missed and we wish her all the best."

## Board level

### EXECUTIVE BOARD SUMMARY – JULY 2015

This is a summary of the key discussions between the Executive Board (EB) and Board of directors (BD) during July 2015.

### INTEGRATED BOARD PERFORMANCE REPORT

There was an overall improvement in June across several metrics with a fully compliant Monitor scorecard for the month. The following was noted:

- Emergency Care Standard delivered at 95.08% with improved ambulance turnaround maintained
- All referral to treatment (RTT) and cancer standards were met
- Non-elective activity remains high
- Number of falls is increasing
- Long-term sickness is increasing

### FINANCIAL POSITION

The Trust is currently delivering against the cost improvement plan for 2015/16 with £2.8m delivered in Month 3 against a stretch target of £2.44m. While we are currently performing well we know that some of the schemes will be more challenging to deliver later in the year so it is important that all staff continue to focus on delivering the projects in this year's CIP.

### DIPC REPORT

In June there have been no MRSA bacteraemia cases and 1 C.Diff case. There had been 5 E.coli cases (1 in Surgery, 4 in Medicine). The probable source in all cases was urinary tract with one patient having a catheter. Aseptic Non-Touch Technique (ANTT) compliance is still below the 95% target. Training sessions and competency assessments (with an increase in number of assessors) at ward level are continuing.

### AUDIT OF CLINICAL RECORDS

The EB receives regular reports on the outcome of audits. In June the audits highlighted areas of concern in compliance in recording observations and falls. Good record keeping is really important for safe, effective, compassionate care and must remain a focus in every part of the Trust particularly as we prepare for a CQC inspection.

### SAFEGUARDING

It is important that relevant staff undertake mandatory safeguarding training. Details are available on the intranet.

### CARE CLOSER TO HOME TENDER

All colleagues should be aware that the Care Closer to Home contract in Kirklees was awarded to Locala. The Trust is submitting a complaint to Monitor about the process. In the meantime it is important that we support those colleagues who may be affected by this contract decision. Briefings are being put in place for those staff affected and anyone who has issues, questions or concerns they would like addressing can email [cc2h@kirklees.nhs.uk](mailto:cc2h@kirklees.nhs.uk)

### WELL LED GOVERNANCE REVIEW

As part of Monitor's breach of licence conditions, the Trust was required to commission an independent Well Led Governance Review, looking at governance arrangements across the Trust and at all levels, with a particular focus on finance. Price Waterhouse Cooper carried out the review during May and June and provided its report to the Trust this month. The report agreed with the Trust's self-assessment and showed no areas of red. However there is still a lot of work to do to improve governance, performance reporting and risk management processes across the organisation. Anna Basford, Director of Transformation and Partnerships and Vicky Pickles, Company Secretary, will be leading on this work over the next few months. A copy of the report findings will be available on the intranet shortly if colleagues would like to know more.

### POLICIES

The EB ratified the following policies:

- Procedure for Job Matching and Evaluation (A4C)
- Research Governance Policy
- Research Misconduct Policy
- Early Recognition and Management of Sepsis Policy
- Dysphagia Policy
- Hand Hygiene Policy
- Medical Gas Policy
- Claims Policy
- Consent Policy
- Resuscitation Policy
- Aseptic Technique Policy

### FEEDBACK

We would welcome feedback from your Team Brief meetings as to whether this briefing is helpful or if we need to make any further changes.

## Thanks for everything \*

"I was an outpatient at Acre Mills. I wanted to say how impressed I was by the whole experience. The building is beautifully updated and all the staff were lovely. I have to say though I was most impressed by a lady called Liz in the main reception. What a marvellous lady to have greeting and advising visitors. I was sat in the reception for some time where she was working whilst I could see better and she really went out of her way to assist people, she interacted in such a lovely gentle manner. What a marvellous ambassador she is for the NHS. Please pass my comments to her, she most certainly deserves acknowledgement."

"To all the team on Ward 9, I'd like to say thank you for the great care that everyone on ward 9 offered. The team was brilliant – very caring, attentive and helpful. We were taken aback by how nothing was too much trouble and how everyone did their little bit to help make the birth so easy to deal with. My wife was very anxious after the difficult time she's been through, but she couldn't say enough, after the visit, about how great all the midwives and nurses were. I'm not able to name everyone as sleep deprivation has taken over but... A HUGE THANK YOU to EVERYONE who played a part in helping us."

\* All emailed to CHFT inbox by patients and their families

**TrustNews** is the staff newsletter all about you. Please let the communications team have all your success stories and good news – e-mail to [lucy.mulcahy@cht.nhs.uk](mailto:lucy.mulcahy@cht.nhs.uk) or 'phone 01484 355 253. The deadline for the next edition is Friday September 11.