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TrustNews

YOUR STAFF NEWSPAPER

FEBRUARY 2015

Diamonds are this man's best friend...

A TEENY, tiny, diamond coated drill (called a coronary rotator) which bores through very hardened arteries is now helping our heart disease patients.

The first patients underwent the procedure at the start of this month and are already at home and on the road to recovery.

Dr Jeremy Butts and Dr Simon Grant performed the procedures at CRH. Previously it was only available in Leeds. All patients treated had challenging disease which could not have been tackled easily using standard stenting techniques.

Coronary rotablation is an advanced technique for treating very resistant, hardened, calcified narrowings in blood vessels that can be unresponsive to the process where a balloon is inserted into the artery to open it open.

An expected 30 patients a year are due to undergo the procedure.

Dr Butts, said: "We are delighted that

patients can now receive this treatment locally. Although it is only required in a small number of people, for them it can make all the difference."

Van driver Jim Woodhead, 58, from Lepton, Huddersfield, was amongst the first patients to undergo the procedure – and 24 hours afterwards he was on his way home. His father died from a heart attack and there is heart disease in the family.

He added: "I could only feel a little something throughout it all but nothing to be scared of. And compared to open heart surgery where your chest is opened up and six days in hospital. ... times have moved on so much. If this had been around then my dad might have lived longer."

From left: Cardiac cathlab sister Natelle Clough, Dr Jeremy Butts, Sarah Haigh (Mr Woodhead's sister), Jim Woodhead and Dr Simon Grant



Acre Mills thrills



DESMOND and Joan Marchant, from Milnsbridge, were among the first patients on the opening day of our Acre Mills new outpatients and health centre.

The couple, aged 86 and 87, who have been married for 65 years and have five great-grandchildren were attending the warfarin clinic in the historic new building.

The clinic was formerly on one of the corridors at HRI and the couple have been attending the old premises for the past two years.

Mr Marchant, 86, said: "It is all very modern and very nice." Mrs Marchant, 87, said: "It could get quite crowded and the chairs were old. It's so different but it has lovely furniture and a lovely atmosphere."

Trevor Ward, from Almondbury, was attending the anticoagulant clinic. He said: "The login went well and it's very nice and clean."

It was Sarah Gledhill's first rheumatology appointment at the Trust. Sarah, from Springwood, said: "It all looks very nice and smart and it's been very efficient."

Student Justina Gunina, 21, from

Cutting the ribbon to open the new centre. Inset, Desmond and Joan Marchant

Birkby, was awaiting her dermatology appointment. She said: "It's so much better. Checking-in was straightforward and it is light and airy and it doesn't look too clinical. I like the colours."

● Special shout-out and thanks to Trish Wilczynski and Rachel Smith at All About Flowers who came to the rescue with a very impressive rosette bow for the opening ceremony.



Meet Kate's mates

HelloMyNames ...was relaunched earlier this month and quickly spread right across our Trust.

The campaign, started by Dr Kate Granger, who visited us last year, is to improve communications with patients from the very first point of contact and throughout their care.

Here's our Neurophysiology team (above) in the spirit and throughout this edition some of the many others. We have tried to cover all areas of the Trust so a big thank-you to everyone.

● If you and your team want to join it's easy. Email angela.davies@cht.nhs.uk for more details. You can take your own team's photo and send them on.

See pages 2 and 3.



Liz Preston

INSIDE THIS ISSUE

- Thanks for a perfect week P2
- Midwives' labour of love P2
- Stars of DIY SOS P3
- Face Facts: For she's a jolly good fellow P3
- 100th birthday P4
- Thanks for everything P4

Kate's mates



Thanks for two perfect weeks

THANKS to all colleagues who embraced our two Perfect Weeks in December and January.

You really made it a success in terms of us finding out where the Trust can improve to ensure patients get the very best compassionate care and services we can offer. This means a smoother CHFT service from admittance to discharge by

changing the way we operate.

Thanks everyone who became stars of our in-house poster and screensaver campaign, as pictured. Your views really helped get the message across too.

We have now collected all the findings and highlighted where action can be taken and these will be circulated around the Trust shortly.

We hope to introduce these in all areas as quickly as possible to make sure we learn and move on from those two very intensive weeks.

It might not mean we were Perfect but we now know what it takes to get us there and our patients and their families will receive even better care.

All stars... thanks to our poster people



Going the distance to raise funds

THE LONDON Marathon is proving a labour of love for midwives Selma Fitton, and Dawn Dutton.

They are in training for the race on April 26, between duties on the labour ward at Calderdale Royal Hospital.

It's the second marathon for them both having completed the Edinburgh Marathon last year and the final few month's training locally is tough going as is the fundraising.

Selma supports Diabetes UK and Dawn is backing Whizz Kidz. Both missed out on the marathon ballot

process and are running for charity instead and so have fundraising to complete ahead of the race.

Selma added: "I am taking every opportunity to raise money. I sold raffles tickets at a meeting at work and am taking every opportunity."

Dawn, said: "The fundraising is as challenging as the training runs. We are trying everything from cakes sales to car boot sales... we need all the help we can get."

● Contact them on CRH x 2129 or 4352.

"The fundraising is as challenging as the training runs. We are trying everything from cakes sales to car boot sales..."



Our Oncology and Haematology Research team held a coffee morning to raise awareness of their work and as a huge thank-you for patients who are, or who have been, on trials. It was held at the YMCA, New Hey Road, Salendine Nook, Huddersfield.

Dietitian wins award for second time

DIABETES dietitian Mandy Stock has for the second time won the Angel Award from the team for her hard work, dedication and commitment to student training.

The awards which had started in January 2011 is judged by the team who vote for colleagues who has been especially helpful and boosted the effectiveness of the team.

The nominees all receive a certificate which lists the reasons for which they are voted.

Then the winner will receive the angel trophy for six months.

Clinical Lead Dietitian for Diabetes, Vanessa Henry, said: "This is a fantastic acknowledgement of the excellent work Mandy has done. She is an asset to the department and I am very proud."

Vanessa Henry, left, and Mandy Stock



First, direct

OUR TRUST is one of the first hospitals in the country to become a partner in the eduroam scheme – education roaming – to help medical and healthcare students undertaking clinical practice.

eduroam is the secure, world-wide roaming access service developed for the international research and education community. It allows students, researchers and staff from participating institutions to obtain internet connectivity across campus and when visiting other participating institutions by simply opening their laptop, tablet or smartphone.

In 2014 the University of Leeds launched a project to broadcast the eduroam wireless network across NHS Trust networks and their medical students, undertaking clinical practice at the Trust, will become the first to benefit from this new service via their mobile devices to receive feedback from CHFT clinical and healthcare.

● The eduroam site is: <https://www.eduroam.org/>

Fraud awareness

Nationally, payroll fraud was the most prevalent type of non-patient fraud reported in the last calendar year. Payroll fraud risks include timesheet and overtime fraud, working elsewhere whilst on sick leave and serious misrepresentation of qualifications, skills, experience or suitability.

If you would like our Local Counter Fraud Specialist, Adele Jowett, to carry out a short talk to raise the levels of fraud awareness in your department, please contact her via the internal email or on 01924 816098.

Face facts... For she's a jolly good fellow

Health visitor Nicki Barrett was one of the first 29 outstanding health visitors who have been identified to join the prestigious Institute of Health Visiting's Fellowship programme.

The Institute of Health Visiting (iHV) Fellow scheme recognises the professional achievement of exceptional health visitors – creating a new country-wide group of expert and confident health visitor leaders who make real difference to health outcomes of children and their families.

Director of the iHV, Dr Cheryl Adams said: "There is immense talent in our profession and our Fellows lead the way in pushing the boundaries to ensure excellence in practise".

Nicki works in a team for North Halifax and specialises in postnatal depression, domestic violence and is also a practice teacher, facilitating the learning of future Health Visitors.

Find out more about her...

What is your position?

Health Visitor/Practice Teacher



and Health Practitioner in MAST (multiagency screening team).

Tell us about your career background?

I trained as an RGN at the Wolfson School of Nursing (Westminster, London). On qualifying I specialised in Orthopaedics, undertaking the ENB219 at the Nuffield Orthopaedic Centre in Oxford. I have also worked in Care of the Elderly and as a Practice Nurse (including some time at an immigration detention centre near Gatwick Airport). I also tested my allegiance to nursing by running a pub for a while in a rough area of Leicester, before

starting my career as a Health Visitor.

What are the best bits about your job?

Working with parents and children to enable them to make positive changes, facilitating the learning of student Health Visitors and being part of a multiagency team processing child protection referrals.

What is the highlight of your career so far?

Becoming a fellow of the Institute of Health Visiting – it is wonderful to have the opportunity to be an ambassador for both Health Visiting and the Institute.

Sum up your role in three words?

Challenging varied, fulfilling.

What did you want to be when you were growing up?

A speech therapist or music teacher

Who is your hero/heroine and why?

JK Rowling because she overcame

many obstacles in her life – the death of her mother, depression, possible domestic abuse and being a single parent. She went from living on benefits to become a multimillionaire in 5 years



JK Rowling

When you are not at work how do you relax?

Watching my children (aged 15 and 19) playing roller hockey and ice hockey. I can usually be found on the side-lines cheering and shouting like a banshee!!

What is your favourite place?

Anywhere with family and friends – somewhere warm helps!!

What would people be surprised to know about you?

I passed my Grade 8 clarinet exam when I was 14.

Stars of DIY SOS



OUR NEUROPHYSIOTHERAPISTS Justine Laird-Boldy and Joanne Green are set to be TV stars on the hit show DIY SOS.

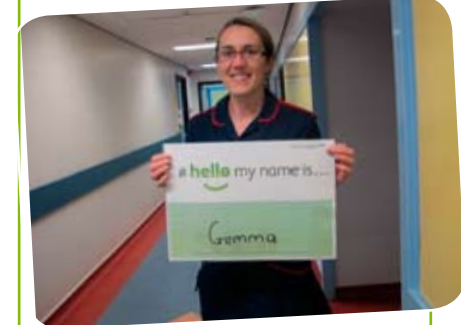
They are caring for patient Richard Ford, from Holmfirth, who is recovering after a stroke and his home has been transformed by the local community.

The hit show – hosted by Nick Knowles – features an army of supporters and trades people who come together to help with a house in need of transformation to make life easier for the family who lives there.

Justine and Joanne were filmed during one of their twice weekly treatment sessions with Mr Ford.

Justine said: "The BBC team were lovely and the end result is amazing. Nick Knowles came up and was just lovely. He got quite choked during the finale."

Justine Laird-Boldy and Joanne Green with patient Richard Ford at his home



£50k volunteers boost

The Department of Health has granted us approximately £50,000 for additional volunteer support to enhance the help offered to patients after discharge from Huddersfield Royal Infirmary

The 25 additional volunteers – from the Royal Voluntary Service – formerly known as the WRVS are fully trained and will work alongside clinical teams both in hospitals and in the local community.

They are intended to reduce delayed discharge and ensure older people are being looked after even after discharge. More than 450 older patients are anticipated to benefit from these changes over the next 12 weeks.

Our Assistant Divisional Director Sajid Azeb said: "This is a really welcome boost for our Home from Hospital scheme.

"The scheme is provided by volunteers who offer transport for older people being discharged and then support them at home.

"The Royal Voluntary Service and Age Concern provide a really valuable service that ensures that patients are safely discharged and are provided with the right care in their own home."

Bishop of Huddersfield visits

THE new Bishop of Huddersfield, Dr Rev Jonathon Gibbs, has visited the chaplaincy at Huddersfield Royal Infirmary to give thanks for their work.

Dr Gibbs was the Rector of Heswall in the Diocese of Chester for 17 years before coming to Huddersfield.

He will be covering the local authority areas of Calderdale and Kirklees and is one of the five 'episcopal areas' of the new Diocese of West Yorkshire and the Dales created last Easter. Dr Gibbs said: "I have worked for a parish for over 25 years, and they have always valued the emotional and spiritual support that the hospital chaplaincy offers, for patients and staff. It was a pleasure to meet the team at CHFT."



From left: Zeenat Hussain, Martin Parrott, Jonathon Gibbs, George Spencer, Di Ellerton and George Courtney



Arin

New consultant

ARIN SAHA has joined the Trust as the new Consultant Upper GI and general surgeon.

He studied medicine at the Cambridge and did his basic surgical training in the Yorkshire Deanery. He did his postgraduate surgical research at Leeds General Infirmary and then completed his registrar training at various hospitals throughout Yorkshire, including Airedale, Pinderfields, Doncaster and Leeds as well as two years at Huddersfield.

He said: "I always wanted to come

back to Huddersfield and Halifax because the surgical department works well, is friendly and cohesive and looks after its patients well and I look forward to working here."

He has been married to Becky, a radiographer at Pinderfields Hospital in Wakefield, for seven years and has a young family; Oliver, who is age three and a half years old, and Isabella, who is 17 months old.

He is a keen footballer and a proud Watford supporter, and likes to watch and play the sport in his spare time.

Ward 19 plays host to Olive's 100th birthday celebration



NURSES Lauren Cooper and Sandra Steele (pictured) and all the team helped 100-year-old Olive Barron celebrate her big birthday on ward 19 at HRI. Olive's family from Halifax came in with cakes and balloons and Buckingham Palace had the Queen's commemorative card delivered specially to the ward. Ward clerk Wendy Smith, said: "It was a pleasure for us to be able to help Olive enjoy a party for her big day."

Rewriting resus rules



Andy, right, with Guy Knickerbocker

Our A&E consultant and director of medical education, Dr Andy Lockey has joined colleagues to draw up international resuscitation guidelines for 2015.

He represented the European Resuscitation Council on the Education, Implementation and Teams taskforce at a summit in Dallas, Texas.

He presented two systematic reviews at the event attended by reps from 39 countries worldwide. Guidelines were formulated for

newborn, paediatric and adult life support, as well as first aid, acute coronary syndromes, and education.

They will be announced in October.

Andy said: "It was an honour to be working alongside so many experts in resuscitation medicine and the whole process for reviewing the guidelines felt more rigorous and valid this time." Andy describes the highlight of the week was meeting Guy Knickerbocker, who was one of the three scientists who first described closed chest cardiac massage in 1960.

Helen Merits the plaudits

CLINICAL nurse specialist Helen Harris undertook a two-year MA via Keele University in the Ethics of Cancer and Palliative Care and graduated with Merit last month.

Her dissertation was "Clinical Decision Making at the End of Life for Those Who Have Lost Capacity", which has helped inform and improve her practise with patients and in supporting colleagues who are involved in these situations.

She said: "I found the whole course to be of huge benefit."



Primary colours

THANKS Woodhouse Primary School in Brighouse for their smashing artwork to brighten up Ward 14 at HRI. They were asked to draw famous landmarks of Huddersfield – and excelled as this picture shows. The frames were kindly donated by Sainsbury's in Brighouse.



Board level

This is a summary of the key discussions between the Executive Board (EB) and Board of Directors (BoD) during January 2015.

INTEGRATED BOARD PERFORMANCE

The main areas of risk for the Trust were: Urgent and emergency patients; A&E target; inpatients and outpatients; Registered nurse staffing levels on wards; Un-rebased HSMR – currently 102 against an internal target of 80; C.Diff position

FINANCIAL POSITION

This is being closely monitored and continues to be challenging. The financial position to the end of December 2014/15 shows: Additional activity in month has resulted in bed capacity pressures; Capital expenditure of £15.71m against revised plan of £16.05m; underspend of £0.34m (£5.51m below original plan); the cash balance was £15.46m versus a planned £20.82m, £5.36m lower than planned; The Continuity of Service Risk Rating (CoSRR) stands at 3, although underlying performance is at level 2. The regulator, Monitor, investigated the financial position and a turnaround process has been instigated by the Trust

Summary Forecast

The year-end deficit is forecast to be £2.42m against a planned surplus of £3.00m; CIP schemes are forecast to deliver £8.92m against the planned £19.53m; £1.5m has been committed to extra substantial nurse staffing - additional winter expenditure has also been included within the forecast position

MONITOR POSITION

All staff will be aware that on 28 January 2015 we announced that the Trust agreed to a number of voluntary enforcement undertakings with Monitor following their investigation last year. More information on this can be found on the Trust's website.

A & E PERFORMANCE AND BED CAPACITY

The 2014/15 A&E performance in Q1 and Q2 was above 95%, but Q3 fell to 93.0%. The current Q4 position is 91.36%, giving a year to date position of 94.55%. Over the last week the number of breaches has fallen significantly.

PERFECT WEEK

Our Perfect Week took place from Wednesday 7 to Tuesday 13 January 2015 demonstrating team and partnership working to reduce delays and improve patient flow in the safest and most

efficient way. A number of recommendations were made to improve our processes and these will be actioned as quickly as possible.

Thanks to all staff involved for their efforts to maintain services and provide compassionate care to our patients during this time and especially during our Perfect Week.

Infection Prevention and Control report

We have had 21 C.Diff cases and 1 MRSA bacteraemia (post admission) has been assigned to the Trust. Plans have been put in place to improve competency assessments for Aseptic Non-Touch Technique (ANTT).

MEDICAL DEVICES TRAINING

All Divisions should ensure that staff on wards and in the community are fully trained on critical equipment. Future performance on all training standards would be monitored by the Executive Board as a part of Integrated Board reporting.

PUBLIC SECTOR EQUALITY DUTY

The Public Sector Equality Duty annual report was received setting out evidence of the extent to which the Trust is meeting its legal obligations under the Equality Act 2010. Our overarching equality objectives for 2012-16 are: Access - the Trust will demonstrate improvements in access to services for people with protected characteristics; Information and communication - the Trust will demonstrate improvements in data collection, utilisation and analysis to inform service improvement for people with protected characteristics; Staff attitude, behaviour and training - the Trust will deliver training programmes that reflect the need for employees to respect equality, diversity and human rights.

POLICIES

The following policies were ratified:
 ● Ward Food Hygiene Policy; Adult Physiological Observation Policy; Adult Venepuncture Guidelines; Linen Policy; Policy for the Management and Investigation of Transfusion Reactions; Mental Wellbeing and Stress Management; e-Rostering Guidelines
 The Executive Board received the following Medicine Codes:
 ● Summary
 ● Section 8 – Ordering Medicines
 ● Section 17 – Medicines no longer required
 ● Section 20 – Medicines Defect Reporting
 ● Section 21 – Reporting Adverse Reactions
 ● Section 48 – Immunisation Policy

Thanks for everything *

On 9th February I was admitted for orthopaedic surgery as planned. I would like to say a huge thanks to all those involved in my care for the excellent service I received from the minute I walked through the hospital doors at Calderdale Royal Hospital. The staff on the surgical admission ward kept me informed about what time I would be going to theatre and the theatre staff put me at ease. The staff on ward 8b were brilliant especially Joanne and Linda on the night shift who worked like trojans all night (You need more staff on such a busy ward at night!). Yours Faithfully Tracey Helliwell

Could you please pass on my regards for everyone in the Endoscopy Unit. In fact, everyone in the hospital who has had the misfortune to have me as a patient... that's heart, knee, and gawd knows what else...

We would like to express our deepest gratitude to Helen Eastwood for the diligence, dedication and compassion that she has demonstrated to us. My father had been a patient at the cardiology department for a number of years. Helen always went out of her way to assist, offered a friendly experience and made my father and my whole family feel comfortable. The dignity and respect by which she carried out her role was very reassuring and positive. We believe that Helen's behaviour is not only exemplary of the underpinning NHS values, but that she has gone the extra mile every time. Helen is a credit to the NHS and to the patient experience.

* All emailed to CHFT ibox by patients and their families

Last word: Due to declining numbers of crossword puzzlers this will no longer be included in Trust News. Thanks to everyone over the years for tackling it in their tea breaks and enjoying the legendary Trust News winners' chox.

TrustNews is the staff newsletter all about you. Please let the communications team have all your success stories and good news – e-mail to lucy.mulcahy@cht.nhs.uk or 'phone 01484 355 253. The deadline for the next edition is Friday March 13.