

Martha's Rule

What it means for you

If you are worried that your condition, or the person you care for, is getting worse, follow these steps:

1 Speak up

Speak to the nurse and healthcare team looking after you or the person you care for. We will always act professionally and respond to your concerns.

2 Ask

If you are still unsure after step one, you can ask to speak to the Ward Manager or the Nurse in Charge.

3 Escalate

If you are still worried, or do not feel satisfied with the response after steps one and two, you can either ask the ward healthcare team to escalate your concerns, or you can do so directly by contacting **HRI 07350 439 603** or **CRH 07350 439 623** stating that you are making a referral under Martha's Rule. We will listen to your concerns and our clinical team will respond accordingly.

More
information

For more information about Martha's Rule, visit cht.nhs.uk or scan the QR code

SCAN ME

