



Your Patient Initiated Follow Up (PIFU) Guide Card for: Macular Degeneration

The Amsler Chart is on the other side of this card.

Cover one eye with your palm of the hand and focus on the centre dot with your uncovered eye.

- 1) If any lines are bent, wavy, missing or blurry.
- 2) If any boxes different in size , shape from others.
- 3) If there are missing or dark areas on the grid.
- 4) For those who already had blurring, distortion or missing areas: if any one of them gets worse than your last eye clinic visit.

If the answer to any of the above is "Yes", please ring on the following number urgently.

**The Eye Clinic contact details are ;
01484 343237 or 01422 222218 between
8.30am and 4.30pm**



Your Amsler Chart.

