

## A leaflet about Patient Initiated Follow up



This leaflet will explain what we mean by,

### A Patient Initiated Follow Up

You might hear people say **pifu** for short.

### hospital



If you have a health problem, you might see a doctor or a nurse at the hospital.

### long term condition

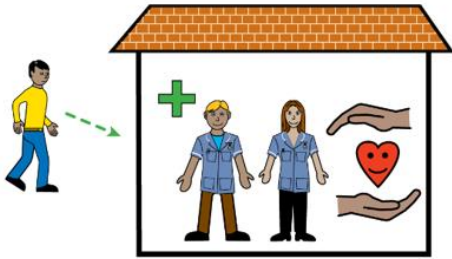


Some health problems can last a long time.

For some people the problem can last their whole life.

This is called a **long-term condition**.

## appointment



Having a **long-term condition** could mean that you have lots of hospital appointments.

## i feel fine



Sometimes when you go to the hospital appointment you might feel fine.

You might feel like you did not need the appointment.



**A Patient Initiated Follow Up** happens when:

You attend appointments and are feeling fine.

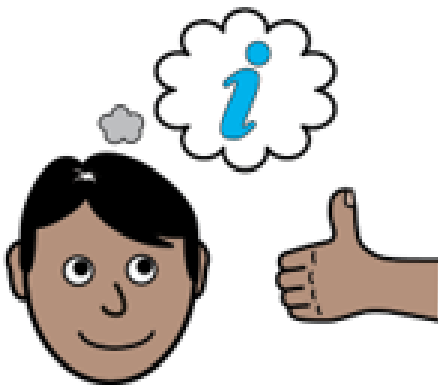
The doctor decides you do not need another hospital appointment.



The doctor will give you a card to take home.

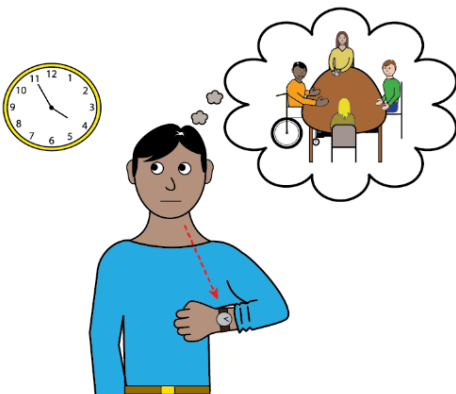
On the card there will be helpful information such as:

## helpful



1. Some things to look out for if your condition gets worse.
2. When you should telephone the hospital.
3. A telephone number to ring the hospital.

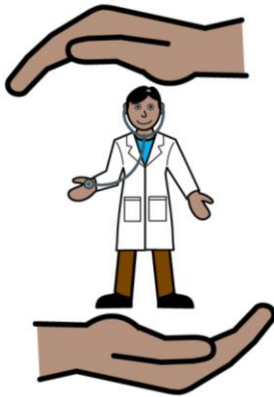
## Check up



The doctor at the hospital will check up on you after a certain time.

The amount of time will depend on your condition.

## care for you



The doctors at the hospital are still taking care of you.

They will check the information they have about you and your condition.

## talk to your doctor



You can use the telephone number on the card to speak to the doctor or nurse if you need to.

## choice



If you do not want to go on **Patient Initiated Follow Up** you can tell us.

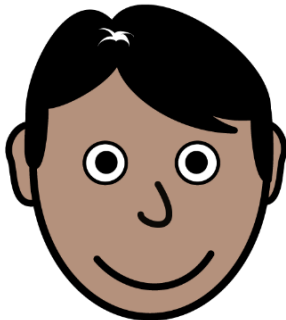
## **better**



Some people find that being on **Patient Initiated Follow up** is better.

This is because

## **best bits**



- They have less appointments to remember.
- They do not have to travel as much.
- They feel less worried about going to hospital.