

Your Patient Initiated Follow Up (PIFU) Guide Card for:

Rheumatology

Ankylosing Spondylitis or Axial
Spondyloarthritis



**Patient Initiated
Follow-Up**

Contact:

The Appointments centre (01484 355370) and ask for an Advice Line appointment or to speak to a Rheumatology Nurse if you have the following symptoms:

1. Occurrence of worsening back pain AND stiffness, improves with activity and worse with rest. (NOT associated to trauma, fever, pain radiating down legs, urinary or faecal incontinence-please contact emergency department if this occurs).

The Rheumatology webpage can be found below.

www.cht.nhs.uk/services/clinical-services/rheumatology

For general advice on patient initiated follow up's please refer to our Internet page. www.cht.nhs.uk/patients-visitors/patient-initiated-follow-ups-pifu