

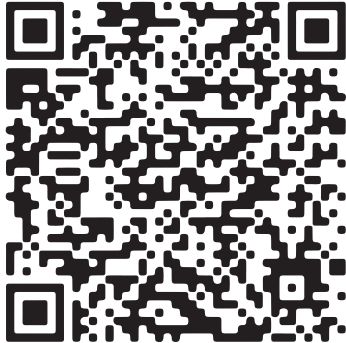
Your Patient Initiated Follow Up (PIFU) Guide Card for:

**Women's Health Physiotherapy
Gynaecology**



**Patient Initiated
Follow-Up**

Even when you are managing your condition, it is common for you to experience temporary setbacks. If this happens, please follow the guidance below using the QR code.



Visit: www.cht.nhs.uk/services/clinical-services/physiotherapy-outpatients/patient-careinformation/womens-health

If you have followed the above guidance and still feel that you need to speak to a Physiotherapist, please contact the **Physio Admin Office on 01484 905380**