

Your Patient Initiated Follow Up (PIFU) Guide Card for:

Epilepsy



**Patient Initiated
Follow-Up**

Contact:

If you need help/support on the below:

- New seizure activity
- Medication issues
- Pre conceptual counselling

Please contact: 01422 222568

Useful Information

- **Epilepsy Action Helpline 0808 800 5050**
- **<https://seizuretracker.com/#>**

Download this app from the app store for apple and google play for android to track and share seizure information