

Your Patient Initiated Follow Up (PIFU) Guide Card for:

Aural Care



**Patient Initiated
Follow-Up**

**If you are experiencing any problems with your ears
please follow some of the guidance below.**

Ear wax management



Advice on ear infections



Refer to our helpful resources
by scanning the QR codes:

If after reading / actioning the information on this guide card you feel you still need an appointment
please contact:

Appointment Centre: 01484 355370

ENT Secretaries: 01422 222322