

Your Patient Initiated Follow Up (PIFU) Guide Card for:

Children's Stammer Service
Under 7s



**Patient Initiated
Follow-Up**

It is quite normal for stammers to come and go in young children.

To reduce the struggle in your child's speech, we advise that you use the strategies provided by the stammer team and those in the resources below.

You may want to get back in to touch if:

- **your child becomes more aware of their stammer**
- **if it starts to have an impact on their emotional wellbeing.**



Who to contact
and when



Refer to our helpful resources by scanning the QR code.