

We are the Macmillan Information and Support Service based on the Greenlea Oncology Unit at Huddersfield Royal Infirmary and at the Jayne Garforth Macmillan Unit at Calderdale Royal Hospital. We have a member of staff in each of the centres and a team of dedicated volunteers.

We're here to help everyone with cancer live life as fully as they can, providing practical, financial and emotional support. So whatever cancer throws your way, we're right there with you.

We can be a listening ear when you need someone to talk to. We can help with money worries – referring you for benefits advice and grants, as well as Blue Badges, home adaptations and other services such as psychology, counselling and work support. We have lots of information about cancer treatment and managing side effects and can direct you to support groups and services who could help you. Why not come in to see us; give us a ring or send an email to find out how we can help? HRI – 01484 343614 CRH – 01422 222709
cancerinformationandsupport@cht.nhs.uk

You said...we did! Our New Support Groups

At our Patient Focus Group in June, patients and carers asked for more peer support and the chance to meet informally for a chat. We are pleased to let you know that we are launching 'Macmillan Coffee Time' for anyone affected by cancer or supporting someone through it. This will be on the second Wednesday of the month at **Coffee Boy** (next to DW Gym), 198 Wakefield Road, Huddersfield HD5 9AJ. Join us for our first meeting on **Wednesday 10th July, 10am – 12pm**. All welcome! We are also starting our **Macmillan Singing Group** for anyone affected by cancer or supporting someone through it, as well as for staff working in oncology. Come and join us fortnightly on **Thursdays, 4pm – 6pm** at the new location of **The Chapel** (ground floor) at HRI on alternate Thursdays starting on 18th July. All voices welcome and no audition needed!



DO SOMETHING AMAZING...
VOLUNTEER WITH US

We are currently recruiting new **Macmillan Volunteers and Patient Befrienders**. Could you offer support to other patients and carers affected by cancer? If so, come along to our **Volunteer Open Afternoon on Wednesday 24th July 12.30 – 4pm** at the Macmillan Information Centres at HRI and CRH. Come and find out more, ask questions and meet the team. Contact us for more information 01484 343614 or 01422 222709 or cancerinformationandsupport@cht.nhs.uk.

We are also **looking for singers/pianists** to help lead our new Macmillan Singing Group – please contact us if you could offer your skills.

Boots 'Feel More Like You Session'

As part of Macmillan's national partnership with Boots, we are pleased to let you know our next 'Feel More Like You Session' will be on **Wednesday 31st July, 10.00am** at the Woolshops Conference Room (above Greggs), The Woolshops, Halifax HX1 1RU. Please note there are steps. Sessions are for people affected by cancer and cover skin care, make up advice including tips for thinning eyebrows/ eye lashes, cleansing etc. **Booking is essential** as places are limited. To book, please contact Mandv Davies on **07554 415564**.

What local support groups are running in July and August?

We recommend that you phone the named contact before attending a support group to check the meeting is going ahead.

Asian Women's Cancer Support Group – usually meets on the first Monday or Tuesday morning in the month at a flexible location in Halifax. Contact Hanif Mohammed on moha20@hotmail.co.uk for dates and venues.

Bowel Cancer Support Group – Every other month on the third Thursday of the month, 1 – 3pm at Watermill Pub, Salterhebble, Halifax HX3 0QT. Next meeting – **15th August**. Contact Michelle Speight – 01484 355062.

Bladder Cancer Support Group – Meets at Briar Court Hotel, Halifax Road, Huddersfield HD2 3NT. Contact no 01484 355269 for details. Next meeting **17th September, 10am – 12.30pm**

Blood Cancer Support Group - First Monday of alternate months. 1.30 – 3pm at St Josephs' Parish Hall, The Presbytery, Martin St, Brighouse HD6 1DA. A support group for people affected by myeloma, lymphoma, leukaemia and any other blood cancer across the area. Next meeting **Monday 5th August**. Contact Karen Bonnell – 07710 393891

Calderdale Women's Cancer Support Living Well Network – last Saturday of the month (not August and Dec) 9.45am – 2pm at Central Methodist Church, Bramsche Square, Todmorden OL14 5AW. Contact 07794 688180. Next date **27th July**.

Daylight Gynaecology Support Group – Second Thursday of the month 12pm – 2pm at Watermill Pub, Salterhebble, Halifax HX3 0QT. Please contact Melanie Matthews before attending for the first time on 01422 222720. Next meetings **11th July and 8th August**.

Firm Roots Cancer Prayer Support Group - First Thursday of the month, 6.30 – 8pm at Kirkheaton Community Centre, Fields Rise, Kirkheaton HD5 0LZ. Contact Helen Jones 01484 343614. Next meetings **Thursday 4th July and 1st August**.

'Larry All Stars' Laryngectomy Support group – meets every 6 weeks Room 3, Top Floor, Acre Mill, Acre Street, Huddersfield HD3 3EB. Contact Anne Marie Smith 01484 347072 for next meeting date.

Macmillan Coffee Time - monthly generic support group for anyone affected by cancer and family/friends. Join us for a coffee and a chat at Coffee Boy, Wakefield Road, on the second Wednesday of the month, 10am-12pm. Next dates **Wednesday 10th July and Wednesday 14th August**. Also **Macmillan Singing Group** – the Chapel, HRI, **4pm – 6pm Thursday 18th July, 1st, 15th & 29th August**. Contact Helen Jones on 01484 343614 or cancerinformationandsupport@cht.nhs.uk for more details.

Marsden Cancer Support Group – first Monday of the month, 11am – 12pm at The Month of Sundaes, 9 Peel street, Marsden HD7 6BR. Contact Nigel Haigh 07881 930657. **Next meetings 1st July and 5th August**.

Upper GI Cancer Support Group – **Tuesday 9th July** 10am til 12pm at Elland Cricket Club, Halifax HX5 0QY. Tel 01484 355064
Pontefract Breast Cancer Support Group – contact us for details.

Macmillan Cancer Information & Support Service Calderdale and Huddersfield NHS Foundation Trust, Greenlea Unit, HRI and Jayne Garforth Unit, CRH. Tel: HRI - 01484 343614; CRH - 01422 222709 Mobile Numbers: 07795 497663 (Helen Jones at HRI) and 07554415564 (Mandy Davies at CRH) Email: cancerinformationandsupport@cht.nhs.uk

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