

Welcome to our Newsletter! May/June 2019

We are the Macmillan Information and Support Service based on the Greenlea Oncology Unit at Huddersfield Royal Infirmary and at the Jayne Garforth Macmillan Unit at Calderdale Royal Hospital. We have a member of staff in each of the centres and a team of dedicated volunteers.

We're here to help everyone with cancer live life as fully as they can, providing practical, financial and emotional support. So whatever cancer throws your way, we're right there with you.

We can be a listening ear when you need someone to talk to. We can help with money worries – referring you for benefits advice and grants, as well as Blue Badges, home adaptations and other services such as psychology, counselling and work support. We have lots of information about cancer treatment and managing side effects and can direct you to support groups and services who could help you. Why not come to see us and find out how we can help?

Centre News

Huge congratulations to Jeff, one of our Macmillan Information Service volunteers who has won a North Regional Douglas Macmillan Award for his service to Macmillan – both in terms of donating hours of support to our Information Service, but also in his outstanding fundraising and collection commitments at various locations. Congratulations Jeff! We are very proud of you!

Come and join our new Patient Focus Group – 'Macmillan M.A.G.I.C.' - Make A Good Idea Count! Monday 3rd June, 10am – 12pm at Calderdale Royal Hospital. Come along and help us design our new health and wellbeing programme - tell us what courses, events and support groups we could develop for patients and carers. **We want your views!** Phone 01484 343614 or email cancerinformationandsupport@cht.nhs.uk



Calling Black African and Caribbean Cancer Patients

The trust is working with Huddersfield University to support a research project looking at patient experience, support networks, challenges and support needs for Black African & Caribbean Cancer patients. If you would like to be involved, please contact Helen Jones 01484 343614 who will put you in touch with Chinny Sam-Okerenta, PhD research nurse.

We are currently recruiting new **Macmillan Volunteers and Patient Befrienders**. Could you offer support to other patients and carers affected by cancer? If so, get in touch – we would love to talk to you about joining the team and tell you more about the new patient befriender role we are developing.

Please contact us if you wish to **sign up to receive this newsletter** by email or post.

What local support groups are running in May and June?

We recommend that you phone the named contact before attending a support group to check the meeting is going ahead.

Asian Women's Cancer Support Group – usually meets on the first Monday or Tuesday morning in the month at a flexible location in Halifax. Contact Hanif Mohammed on moha20@hotmail.co.uk for dates and venues.

Bowel Cancer Support Group – Every other month on the third Thursday of the month, 1 – 3pm at Watermill Pub, Salterhebble, Halifax HX3 0QT. Next meeting – **20th June**. Contact Michelle Speight – 01484 355062.

Blood Cancer Support Group - First Monday of alternate months. 1.30 – 3pm at St Josephs' Parish Hall, The Presbytery, Martin St, Brighouse HD6 1DA. A support group for people affected by myeloma, lymphoma, leukaemia and any other blood cancer across the area. Next meeting **Monday 3rd June**. Contact Karen Bonnell – 07710 393891

Bladder Cancer Support Group – Next meeting Tuesday 25th June, 10.30 -12.30 at Briar Court Hotel, Halifax Road, Huddersfield HD2 3NT. Contact no 01484 355269.

Calderdale Women's Cancer Support Living Well Network – last Saturday of the month (not August and Dec) 9.45am – 2pm at Central Methodist Church, Bramsche Square, Todmorden OL14 5AW. Contact 07794 688180. Next dates **Saturday 25th May/29th June**.

Daylight Gynaecology Support Group – Second Thursday of the month 12pm – 2pm at Watermill Pub, Salterhebble, Halifax HX3 0QT. Please contact Melanie Matthews before attending for the first time on 01422 222720. Next meetings **9th May and 13th June**.

Firm Roots Cancer Prayer Support Group - First Thursday of the month, 6.30 – 8pm at Kirkheaton Community Centre, Fields Rise, Kirkheaton HD5 0LZ. Contact Helen Jones 01484 343614. Next meetings **Thursday 2nd May and 6th June**.

'Larry All Stars' Laryngectomy Support group – meets every 6 weeks Room 3, Top Floor, Acre Mill, Acre Street, Huddersfield HD3 3EB. Contact Anne Marie Smith 01484 347072 for next meeting date.

New Macmillan Singing Group – now due to start at the end of June 2019 on Thursday afternoons 2pm – 4pm at St Aidans' Church, Skelmanthorpe. Contact Helen Jones on 01484 343614 or cancerinformationandsupport@cht.nhs.uk for more details.

Marsden Cancer Support Group – first Monday of the month, 11am – 12pm at The Month of Sundaes, 9 Peel street, Marsden HD7 6BR. Contact Nigel Haigh 07881 930657. **Next meetings 6th May and 3rd June**.

Upper GI Cancer Support Group – **Tuesday 14th May and Tuesday 11th June**, both 10am til 12pm at Elland Cricket Club, Halifax HX5 0QY. Tel 01484 355064

Pontefract Breast Cancer Support Group – contact us for details.

Macmillan Cancer Information & Support Service

Calderdale and Huddersfield NHS Foundation Trust

Greenlea Unit, HRI and Jayne Garforth Unit, CRH

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