

We are the Macmillan Information and Support Service based on the Greenlea Oncology Unit at Huddersfield Royal Infirmary and at the Jayne Garforth Macmillan Unit at Calderdale Royal Hospital.

We're here to help everyone with cancer live life as fully as they can, providing practical, financial and emotional support. So whatever cancer throws your way, we're right there with you. Why not come in to see us, give us a ring or send an email to find out how we can help? HRI – 01484 343614 CRH – 01422 222709 cancer.information@nhs.net

Our new Macmillan Information Space!

Thank you to Macmillan and CHFT for funding our fantastic Macmillan Information space in the entrance to HRI. This is a great way for people to access lots of useful cancer information and to promote our service being available. We are currently recruiting several new volunteers who will be providing more cover on the Information Space if you need someone to talk to.



Upcoming Events this Autumn

We have a busy time ahead with new developments and programmes for you to get involved in. Please contact us for more information about any of these.

Health & Wellbeing Event for people at the end of cancer treatment **Tuesday 24th September, 10am til 2.30pm** at the Tower House Hotel, Halifax. The purpose of the event is to support you to live a healthy lifestyle and manage treatment side effects following cancer/cancer treatment. Booking is via clinical teams.

First Steps Cancer Programme. A new information and support session for anyone recently diagnosed with cancer which will help you support yourself through treatment and learn about services which can help you. Family members are also welcome. **Monday 7th October – 9.30am til 12pm** – The Boardroom, Sub Basement, HRI and **Friday 1st November – 9.30am til 12pm** – Discussion Room 1, Learning and Development Building, HRI. Please phone **Heather Milner on 01484 343490** to book a place for you and a family member/friend.

Macmillan's World's Biggest Coffee Morning We'll be holding a cake sale on **Friday 27th September, 9.30 – 12pm** near our new Macmillan Information space, at the entrance to HRI, to raise valuable funds for Macmillan. Any donations of cakes would be welcome and please do come along to support us! Thank you.

Cancer Patient Focus Group – come and have your say

Meeting on **Monday 14th October, 4.30 til 6pm** in Discussion Room 2, The Learning & Development Centre, HRI. This is your chance to meet with Helen Barker, Chief Operating Officer for CHFT and Jo Dent, Medical Oncology Consultant. Come along to share your views and ask any questions. Please phone Helen Jones on 01484 343614 to let us know you are coming.

Thinking Ahead Programme A new course over three sessions for people living with incurable cancer and their families. Topics will include diet, finances, advanced care planning, support services and more. To commence in November. Please phone us on 01484 343614 for more information or to put your name down.

Local support groups running in September and October

We recommend that you phone the named contact before attending a support group to check the meeting is going ahead.



Asian Women's Cancer Support Group – usually meets on the first Monday or Tuesday morning in the month at a flexible location in Halifax. Contact Hanif Mohammed on moha20@hotmail.co.uk for dates and venues.

Bowel Cancer Support Group – Every other month on the third Thursday of the month, 1 – 3pm at Watermill Pub, Salterhebble, Halifax HX3 0QT. Next meeting – **17th October**. Contact Michelle Speight – 01484 355062.

Bladder Cancer Support Group – Meets at Briar Court Hotel, Halifax Road, Huddersfield HD2 3NT. Contact no 01484 355269 for details. Next meetings **17th September, 10.30am – 12.30pm and 26th November, 10.30am**

Blood Cancer Support Group - First Monday of alternate months. 1.30 – 3pm at St Josephs' Parish Hall, The Presbytery, Martin St, Brighouse HD6 1DA. A support group for people affected by myeloma, lymphoma, leukaemia and any other blood cancer across the area. Next meeting **Monday 7th October**. Contact Karen Bonnell – 07710 39389.

Calderdale Women's Cancer Support Living Well Network – last Saturday of the month (not August and Dec) 9.45am – 2pm at Central Methodist Church, Bramsche Square, Todmorden OL14 5AW. Contact 07794 688180. Next dates **28th September and 26th October**.

Daylight Gynaecology Support Group – Second Thursday of the month 12pm – 2pm at Watermill Pub, Salterhebble, Halifax HX3 0QT. Please contact Melanie Matthews before attending for the first time on 01422 222720. Next meetings **12th September and 10th October**.

Firm Roots Cancer Prayer Support Group - First Thursday of the month, 6.30 – 8pm at Kirkheaton Community Centre, Fields Rise, Kirkheaton HD5 0LZ. Contact Helen Jones 01484 343614. Next meetings Thursday **5th September and 3rd October**. Please email Helen.Jones@firmroots.co.uk if you want the group to pray for you or your family.

'Larry All Stars' Laryngectomy Support group – meets every 6 weeks Room 3, Top Floor, Acre Mill, Acre Street, Huddersfield HD3 3EB. Contact Anne Marie Smith 01484 347072 for next meeting date.

Macmillan Coffee Time - monthly generic support group for anyone affected by cancer and family/friends. Join us for a coffee and a chat at Lindley Library, Lidget St, Lindley, Huddersfield HD3 3JP on the third Wednesday of the month, 2pm til 3.30pm. Next dates **18th September and 16th October**.

Macmillan Singing Group – the Chapel, HRI, 4pm – 6pm on the second and fourth Thursdays of the month - **12th & 26th September, 10th and 24th October**.

Macmillan Walking Group – planning to start in October 2019. A gentle walk around Greenhead Park, Huddersfield with a coffee afterwards. Contact Helen Jones or Mandy Davies on 01484 343614 or 01422 222709 or cancer.information@nhs.net for more details of these three Macmillan support groups.

Marsden Cancer Support Group – first Monday of the month, 11am – 12pm at The Month of Sundaes, 9 Peel street, Marsden HD7 6BR. Contact Nigel Haigh 07881 930657. **Next meetings 2nd September and 7th October**.

Pontefract Breast Cancer Support Group and Pinderfields Breast Cancer Support Group – contact us for details 01484 343614 or 01422 222709.

Upper GI Cancer Support Group – Please contact the UGI team on 01484 355064 for the next meeting dates and venue.

Macmillan Cancer Information & Support Service

Calderdale and Huddersfield NHS Foundation Trust, Greenlea Unit, HRI and Jayne Garforth Unit, CRH. Tel: HRI - 01484 343614; CRH - 01422 222709
Mobile Numbers: 07795 497663 (Helen Jones at HRI) and 07554415564 (Mandy Davies at CRH) Email: cancerinformationandsupport@cht.nhs.uk or cancer.information@nhs.net

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