# Word Finding Difficulties

#### What is it?

The best way to define a word-finding problem is to think how you feel when you can't remember someone's name or the name of a place you've visited. It's that "tip of the tongue" feeling that we all experience occasionally.

### How is it different to vocabulary difficulties?

Delayed or immature vocabulary is when a child does not know the word for something – it may be that they have not experienced that particular object/situation before and so have never heard the word. A child with word-finding difficulties, however, does know the word but cannot retrieve it quickly or accurately.

#### Why is it a problem?

If we all experience it, why is it a problem? People with word finding difficulties experience more problems than you would expect. They may become frustrated or embarrassed, particularly if they have a tendency to replace the word they are searching for with one which is not correct.

### How can I recognise a word-finding problem?

They may present in three ways:

**1. Accuracy.** The person may use words which don't quite fit what s/he is trying to say, or ones which don't fit at all.

**2. Delayed response time.** The person may take longer than usual to reply or to find a word.

**3. Substitutions**. The person could replace the word they are searching for with another one, which has a similar meaning.

### 4. Non-verbal information

Gestures or mimes may be used in an attempt to tell you the word. The person may also have a mannerism, which s/he uses when experiencing word-finding problems.

Some people tap their feet or the table; some look down or break eye contact. This can help you to recognise that they are having difficulties finding a word.

# Examples of how word-finding difficulties may present:

- Replacing the word with another one which looks/smells/feels the same, e.g. 'apple' for 'cherry'.
- Correcting themselves constantly "no that's not it . . . ", "I mean..."
- Hesitating while they think of the right word.
- Non-specific words may be used, eg "thingy".
- They may use descriptions, "you know, the one that goes in there . . . "
- They may get some of the sounds wrong, e.g. 'camperlater' for 'calculator', 'faroot' for 'flute'.
- They may simply say they don't know, when in fact they do.

# Ways to help

Encourage the child to	Useful strategies for the adult to use
Ask for repetition	Give them more time to answer
Signal if they need more time	Can they say it another way?
Say when they don't understand a word	Encourage them to draw it, show, write it down
Signal when they are stuck	Encourage the child to name the word rather than using 'empty' words such as 'this', 'thingy' etc
Ask for clues, e.g. "can you tell me the first sound?"	Encourage child to tell you something about it.
	What does it begin with? What does it look like?

Use clues independently, e.g. thinking of the first sound, or thinking of useful information about the word.	If they are really stuck, give them 'cues'. It begins with a c, it lives on a farm
Identify useful things they are already doing, e.g. "you said it had numbers on it, and then that helped you to think of the word calculator"	Encourage them to find out, look it up (use word book, dictionary, computer)

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