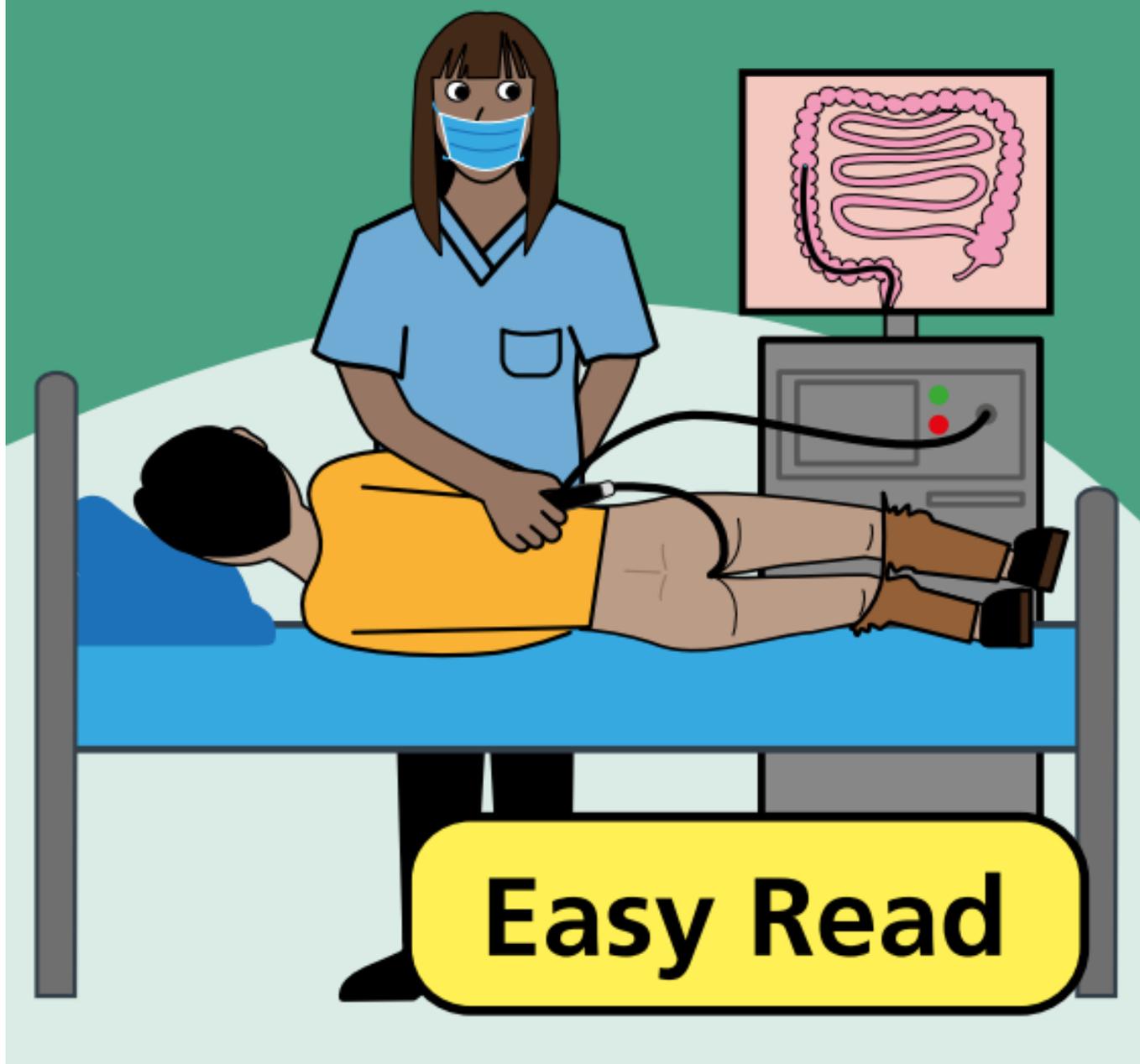


# Having a colonoscopy

Information for patients



This leaflet will help explain what happens during a **colonoscopy**.

## easy read



This leaflet uses easy words and pictures.

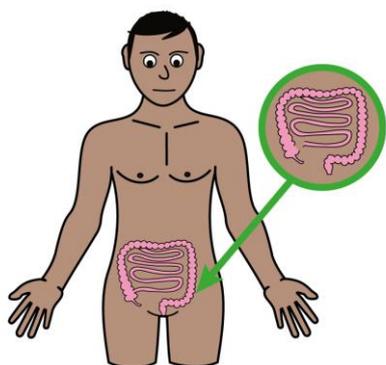
You might want to ask someone to help you read it.



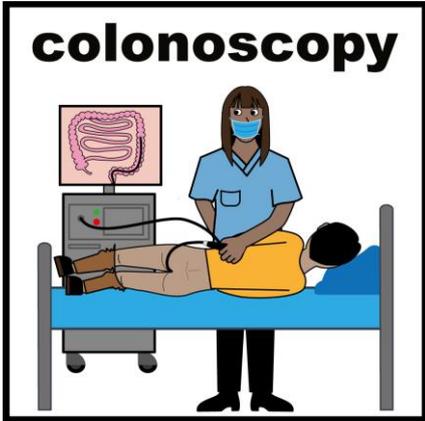
You might be going to the toilet more.

Or you might have tummy ache.

## bowel



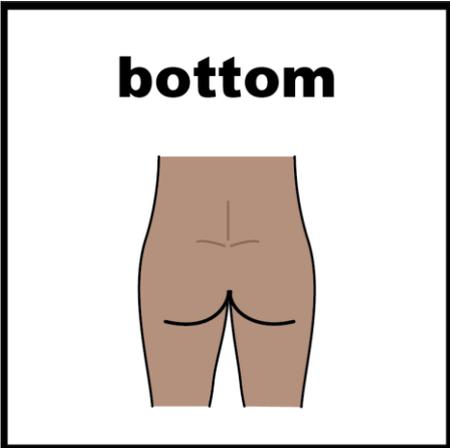
A **colonoscopy** is a test that looks at your bowel.



The hospital staff use a camera to look inside your bowel.

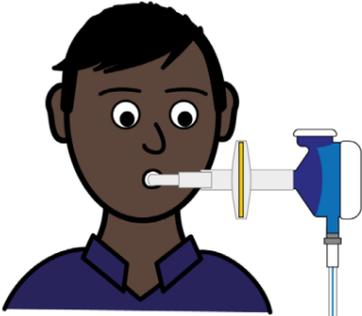


The camera is on a long bendy tube.



The camera is placed gently into your bottom.

## Gas and air

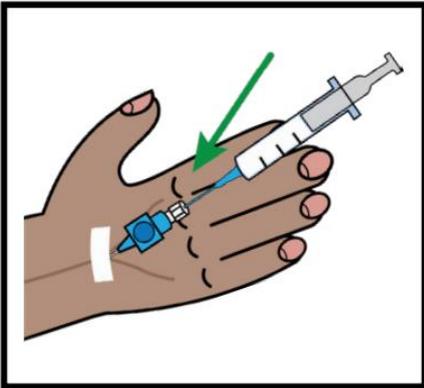


You might have some gas and air.

You breathe this from a tube.

It can help you feel comfortable for the test.

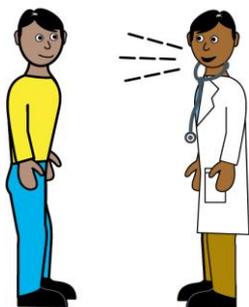
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You might have some medicine to make you relax.

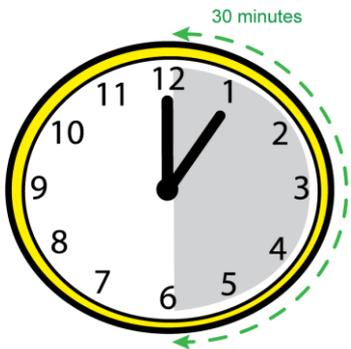
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## Speak to you



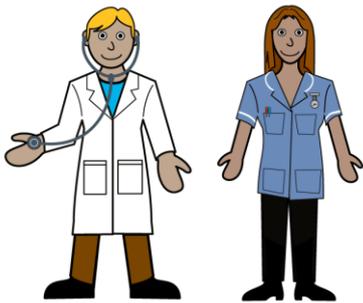
The doctor or nurse will speak to you about the medicine.

## 30 minutes



The test will take about 30 minutes.

## doctor and nurse



The nurse or doctor will talk to you about the result.

## recovery



Most people feel fine after the test.

You can go home if you feel fine.

Some things to remember

**No makeup**



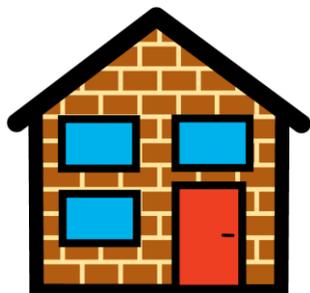
Don't wear make-up for the test.

**No nail varnish**



Don't wear nail varnish or false nails for the test

**home**



Ask someone you trust to go home with you after the test.