

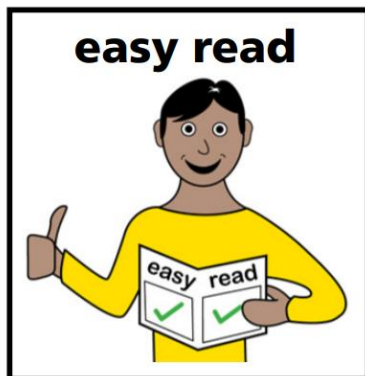
Having a gastroscopy

Information for patients

**Easy
Read**

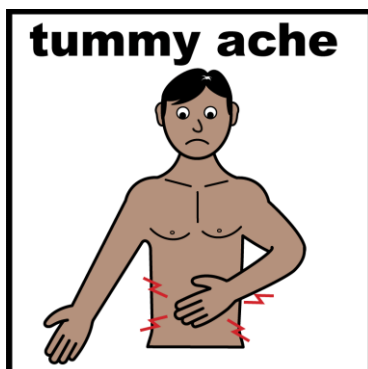


This leaflet will help explain what happens during a
gastroscopy

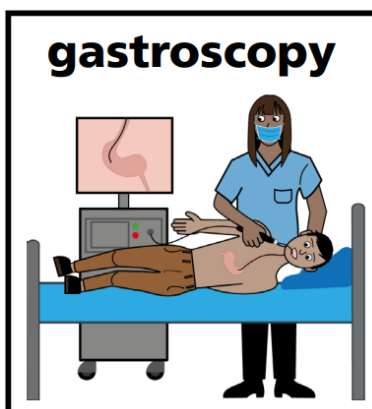


This leaflet uses easy words and pictures.

You might want to ask someone to help you read it.



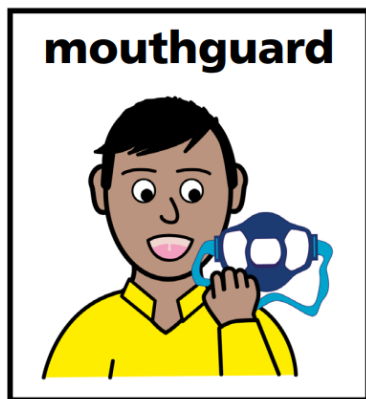
A **gastroscopy** is a test to check your tummy.



The hospital staff use a camera to look inside your tummy.

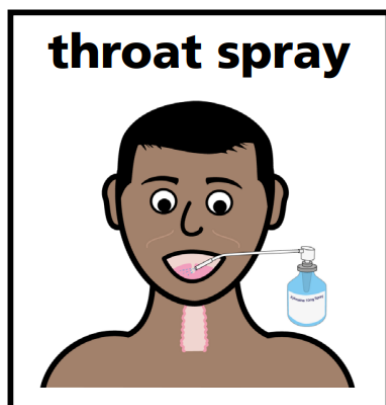


The camera is a long bendy tube which goes into your mouth.



mouthguard

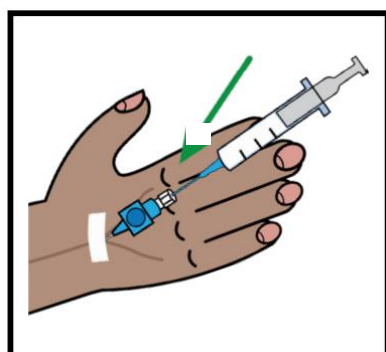
We place a mouth guard in to protect your teeth.



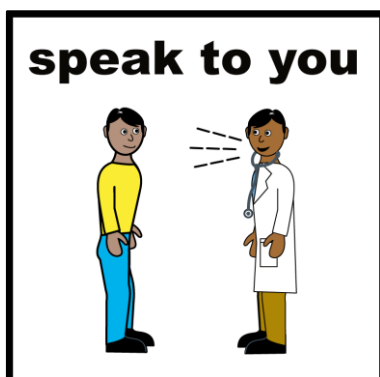
throat spray

You might have some spray on your throat.

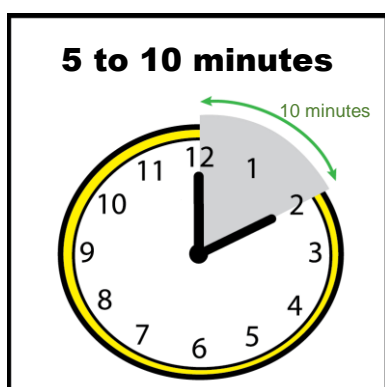
This is so that you don't feel the camera.



You might have some medicine to make you sleepy.



The doctor or nurse will speak to you about the medicine.



The test will last for 5 to 10 minutes.



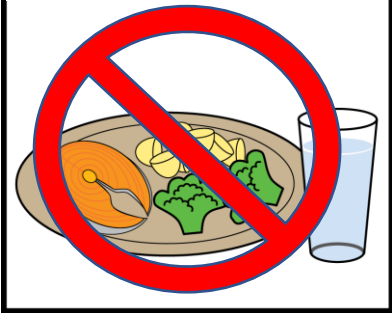
You can rest in hospital after the test.



Most people can go home the same day.

Some things to remember before the test.

No food and drink



Your tummy needs to be empty.

Stop eating and drinking 6 hours before the test.

No makeup



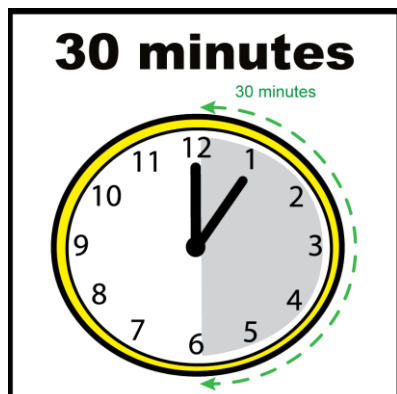
Don't wear make-up.

No nail varnish



Don't wear nail varnish or false nails.

Some things to remember after the test



Wait 30 minutes before you eat and drink after the test.



Ask someone you trust to go home with you after the test.



The nurse or doctor will talk to you about the test result.