

Patients with diabetes undergoing a gastroscopy before 12 midday

This information sheet is to provide advice to patients who have either type 1 or 2 diabetes who are undergoing a gastroscopy in the morning before 12 midday

Day before the test

Once daily insulin	Twice daily insulin	3-5 times daily insulin
Take anti-diabetes medications as usual. If on bed-time insulin reduce dose by half (50%)	Take insulin and other anti-diabetes medications as usual	Take insulin as usual

Day of the test

- Fast from midnight
- Clear fluids till 4:30 am (e.g black tea, coffee, clear fruit juice)
- Check blood glucose (finger prick) every 2 hours

Once daily insulin	Twice daily insulin	3-5 times daily insulin
Omit AM anti-diabetes medications. If on AM insulin reduce dose by half (50%)	Omit AM dose of insulin and anti-diabetes medications	Omit AM fast acting or mixed insulin

After the test

Once daily insulin	Twice daily insulin	3-5 times daily insulin
Eat and drink normally. Give next dose of insulin as usual. Take next dose of anti-diabetes medications as usual.	If able to eat before 11 am: Give normal morning insulin dose after meal. Take next anti-diabetes medications as usual. If able to eat after 11 am: Give half dose (50%) of usual insulin after meal. Omit AM dose of anti-diabetes medications. Give usual PM dose of insulin and anti-diabetes medications.	If able to eat before 11 am: Give normal morning insulin dose after meal. If able to eat after 11 am: Give normal lunchtime insulin after meal. Give usual teatime and bedtime insulin doses