

#hello my name is...

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compassionate
care

NHS

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Website....

Please check our website out for more information

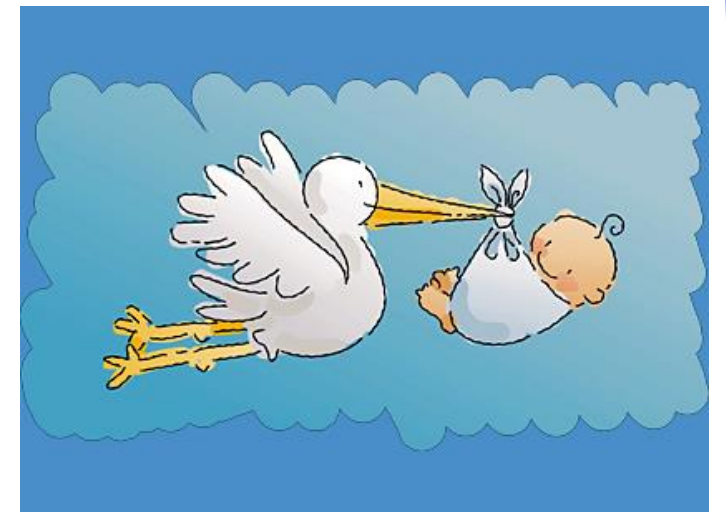
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NHS

Calderdale and Huddersfield
NHS Foundation Trust

Ward 9: Induction of Labour Suite

Providing Compassionate Care



Listening
Information
Support
Care

A Big Hello from all the staff on Ward 9



We provide your care if you are admitted to hospital for an Induction. You will be admitted to one of our five en-suite side rooms and cared for by our dedicated midwifery team until you are ready to be moved to labour ward. There are facilities for your chosen birth partner to stay with you throughout and our team of experienced midwives will support you both along your journey through the induction process.

Admission...

On your admission you will be orientated to the ward and your room. There is a remote buzzer to press if you require assistance or please feel free to come to the midwives station. Iced water is provided on your arrival and just let us know when you are ready for a top up. We will orientate you to meal times and we regularly perform refreshment rounds.

Induction of Labour: How is it done?

There are two main ways in which we can induce labour. The first and most common is by using prostaglandins (usually a **Propess** or sometimes **Prostin** tablets which is placed behind your cervix). The second is breaking your waters (you may also hear ‘artificial rupture of membranes’ or ‘ARM’, which are the same thing) and starting a hormone drip called Syntocinon. The aim of your stay on Ward 9 is to get you to the point where we are able to break your waters. When you are admitted your designated midwife will firstly explain the IOL process. We will then perform baseline observations (e.g. temperature, blood pressure and pulse), check your urine and palpate your abdomen to get the position of your baby. We will then do a tracing of your baby’s heartbeat called a Cardiotocograph (CTG). Once we know both you and baby are happy and you are not having any contractions already, then we will perform a vaginal examination to see how favourable your cervix is. We use something called a bishop score to assess how easy it would be to break your waters, generally this is possible if your bishop score is >7 . If not we will insert a removable pessary called Propess behind the cervix. This pessary stays there for 24hrs and during this time you are encouraged to mobilise and keep active. We monitor the health and wellbeing of both you and baby during this time and you will continue to have routine observations and checks. This is specific to what you are being induced for and your midwife will explain this fully.

There are some exceptions:

We sometimes need to remove the Propess if it gives you too frequent contractions than we would recommend as this can be distressing for both you and baby

Sometimes the process of being induced can bring on labour itself with your waters breaking spontaneously or your cervix starts to dilate without further hormones. At this point you will be moved over to our Labour ward to continue your journey to parenthood as soon as a bed is available.

When we examine you after 24hrs of Propess, if we can’t break your waters we give you a slightly different pessary called Prostin. This is a dissolvable tablet. We will perform the same observations and monitoring prior to giving you Prostin. After 6hrs of having Prostin the process is repeated and further Prostin can be inserted if required.

Once we establish that we can break your waters we will liaise with Labour Ward and move you across once there is availability. We only transfer you to Labour Ward when it’s appropriate to do so, if there is a slight delay, please don’t worry, this is to ensure safety for both you and baby.



Can I go home after the induction starts?

If your pregnancy has been completely straight forward and you are not being induced for a medical reason you may be able to go home after we have given the propess. If all is well we may offer you the chance to go home and return the following day. We will also advise you on things to look out for and reasons to call/return to hospital sooner than planned.

On the day... The Induction suite is a 24 hour service. On the morning of the date you have been given we ask that you telephone the Induction of Labour suite at 9am the morning. A midwife will check on both you and baby and be able to run through the events of the day. Sometimes we may not be able to ask you attend the hospital until later that day and sometimes even the day after. This may be due to emergency events on the maternity unit and we will only begin the induction process when it is safe to do so for both you and your baby. We will always make provisions to monitor your baby’s heartbeat and assess your wellbeing if we cannot start the induction process at the planned time we may ask you to attend Huddersfield Antenatal day unit or Calderdale maternity assessment Centre. We endeavour to keep you up-to-date and informed along the way. Induction can sometimes take a couple of days and it can become quite frustrating if nothing seems to be happening. It’s very important to remember that it is unlikely that your baby will be born on the day you come to the hospital for induction.

What women say matters... Feedback from service users

Throughout your stay and on discharge home we welcome feedback. It allows us to keep doing the “good things” but also make improvements to enhance the care you receive whilst in hospital. You can leave us general feedback on our graffiti boards or speak to staff directly and you will also be asked to fill out our Friends and Family Test (FFT) on discharge home. Some of the improvements from feedback include:

- **24hr midwifery care**
 - **En-suite side rooms**
 - **Birthing Balls**
 - **Facilities for 1 birth partner to stay overnight**
 - **Drinks facilities**
 - **Wi-Fi**
 - **Bring me food services**
- A “bring me food” catering service which allows both you and your birth partner to have food delivered for your enjoyment from our Ingleton Falls restaurant.
 - We now undertake regular drinks/snack rounds to keep you topped up during your stay. We understand that you may be busy with the process of being induced.
 - We have now have facilities for birth partners to stay overnight whilst you are being induced