

Having an EMG/NCS (Easy Read)

<p>appointment</p>	<p>You are coming to hospital for an EMG test. This looks at how your nerves and muscles work and can be on your arms or legs, or sometimes both. This will help the doctors work out how to look after you.</p>
	<p>First, we will clean small areas on your arms and/or legs which will not hurt.</p>
	<p>Next, we will put some small stickers on your arms and/or legs, where we have cleaned.</p>
	<p>We will join the stickers to the machine with wires and pass a small current through the stickers to your arms and/or legs, which does not hurt but might tingle and make your muscles twitch a little for a very short time.</p>
	<p>Next, we will place a fine recording needle in to various muscles in your arms and/or legs which may be slightly uncomfortable.</p>
<p>wetwipe</p>	<p>When the test is finished, we will take off the stickers and wipe your arms and/or legs again.</p>
<p>home</p>	<p>If you are not having any other tests, you can go home.</p>
<p>any questions</p>	<p>Please ask us if you have any questions.</p>

Chair: Helen Hirst
Chief Executive: Brendan Brown