

Having a MSLT (Easy Read)

<p>appointment</p>	<p>You are coming to hospital for a MSLT. This records your brain waves, eye movements, heartbeat, and muscle movement. This helps the doctors to work out how to look after you.</p>
	<p>You will be here all day from approximately 08:45 until 16:30. Please bring music/laptop/books with you.</p>
	<p>We will clean small areas of your body then fix some silver discs with stickers and paste. This will not hurt.</p>
	<p>We will join the stickers to the EEG machine with wires. This will not hurt.</p>
	<p>You will be asked to lie down and try to sleep 4-5 times during the day for 20-35 minutes at a time.</p>
	<p>We will also make a video of you. This will show us if you move around in bed.</p>
<p>wetwipe</p>	<p>When the test is finished, we will take off the stickers and wipe your body again.</p>
<p>home</p>	<p>If you are not having any other tests, you can go home.</p>
<p>any questions</p>	<p>Please ask us if you have any questions.</p>

Chair: Helen Hirst
Chief Executive: Brendan Brown