## Having an EEG (Easy Read)



You are coming to hospital for an EEG test. An EEG records your brain waves. This helps the doctors work out how to look after you.



First we will clean small areas of your head with a cotton bud. This will not hurt.



Next we will put some silver discs where we have cleaned on your head. We use sticky paste to hold them in place. This will not hurt.



We will join the stickers to the EEG machine with wires. This will not hurt.



We may ask you to play during the EEG test.



We may ask you to sit still during the EEG test.



We may flash some lights.



We may ask you to breathe in and out quickly.



When the EEG is finished, we will take off the stickers and wipe your head again.



If you are not having any other tests, you can go home.



Please ask us if you have any questions.