

INFORMATION FOR CANCER PATIENTS ATTENDING HOSPITAL APPOINTMENTS DURING THE CORONAVIRUS (COVID-19) PANDEMIC

It is normal to be feeling worried, stressed and anxious right now.

The Covid-19 pandemic is unlike anything we have ever experienced before. We are all feeling anxious about our own health and the health of loved ones. While a lot of hospital appointments continue to be offered over the phone or via video calls, there may be a need for you to come into the hospital. It is understandable if you are feeling worried about this upcoming appointment at the hospital.

Calderdale and Huddersfield NHS Foundation Trust have worked hard **to maximise safety for patients, staff and the community.**

Here are some of the changes that have been made at Calderdale Royal Hospital, Huddersfield Royal Infirmary and Acre Mill:

- Hand gel and masks are available for every person coming into the hospital, at all of the entrances.
- A 'keep to the left' system is in place for moving round the hospitals.
- Floor markings exist as a reminder to keep 2 metres apart from each other.
- Notices/signs in public and clinical areas exist to remind people of social distancing.
- Barrier systems are in place at reception desks.
- Patients, visitors and staff need to wear a mask at all times. Staff in close patient contact may also be wearing other PPE such as visors/goggles /gloves.

Managing anxiety is important because it can sometimes get in the way of you attending essential face to face appointments. It can feel distressing if you are struggling to cope with symptoms of anxiety – both unwanted thoughts and physical sensations

If you have any specific worries about attending your hospital appointment, please do not hesitate to speak to a member of your medical team.

Please refer to our website for further information about visiting guidance and Coronavirus information: <https://www.cht.nhs.uk/home/>

