

We are the Macmillan Information and Support Service normally based on the Greenlea Oncology Unit at Huddersfield Royal Infirmary and at the Jayne Garforth Macmillan Unit at Calderdale Royal Hospital. We're here to help everyone with cancer live life as fully as they can, providing practical, financial and emotional support. So whatever cancer throws your way, we're right there with you.

Due to the coronavirus situation we are often working from home, but want you to know that we are still very much here to support you by phone and email.

We also now run the Trust's Cancer Support Line and can be contacted at:



Email: cancer.information@nhs.net

WELCOME HOLLY!

We are delighted to welcome our new staff member, Holly Smith, who joined our team on 1st June. Holly is our Macmillan Information Service Support Worker and will work across both sites of CRH and HRI, supporting patients and their families, as well as helping with our Health and Wellbeing Programmes.

Holly joins us on secondment from the Trust's Therapy department and will be with us for the next 12 months. We are very much looking forward to working with Holly in the year ahead!

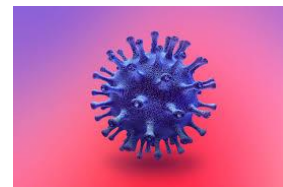


ONLINE HEALTH AND WELLBING PROGRAMME - Thank you for your views!

Thank you to everyone who joined our patient discussion groups over the last few weeks where we asked patients about how they would like us to run our Health and Wellbeing Programmes online. This includes our **First Steps** information and support session for people recently diagnosed with cancer and the **Thinking Ahead course**/information and support sessions we run for people with incurable cancer. It may be some time before we are allowed to offer these sessions to patients and family members face to face, but we are excited to be developing online delivery, hopefully to be launched in July 2020. We will also be looking at delivering the **Health and Wellbeing Events** virtually, for people at the end of their cancer treatment over the next couple of months. If you would like to join any of our online programmes if you are recently diagnosed with cancer, affected by incurable cancer or at the end of treatment, please email us on cancer.information@nhs.net or phone us on the above numbers for more information. We are looking forward to supporting you.

CORONAVIRUS SUPPORT

Don't forget, we are here to help with any coronavirus related queries and needs you may have, such as providing isolation letters and registering you for shopping help with the government or local council. If we don't know the answer to your question, we will do our best to find out and this includes requests which we will liaise with your clinical team about, such as queries relating to children returning to school in the house of a person undergoing chemotherapy.



VIRTUAL MACMILLAN HEALTH WALK!

Our volunteers and health walk leaders have been keen to video a walk and play this in a group setting as a virtual health walk, as they know lots of people are missing walking due to being in isolation or shielding. Tricia has recorded a walk and we are running our first Virtual Macmillan Health Walk on **Thursday 4th June** at 1pm on Microsoft Teams so please join us if you can! The next virtual walk will be on **Thursday 2nd July** at 1pm.



VIRTUAL SUPPORT GROUPS IN JUNE 2020

In April and May we ran our generic coffee support group and singing groups online, via Microsoft Teams enabling patients and family members to come together, support one another and share tips for managing their time in isolation. In June we are also introducing our Macmillan Health Walking Group online, so why not think about joining us? The dates for our various support groups are:

- **Virtual Macmillan Health Walk – Thursday 4th June at 1pm**
- **Virtual Macmillan Coffee Support Group – Wednesday 10th June and Wednesday 24th June, 2pm til 3pm**
- **Virtual Macmillan Singing Group – Wednesday 17th June, 2pm til 3pm.**



If you would like to join any of the above support groups, please contact us on 01484 343614 or 01422 222709 or email us at cancer.information@nhs.net and we will send you an invite to the meeting and instructions on how to download and use Microsoft Teams. You will need to have a webcam and microphone, which are built into most laptops and tablets.

To our knowledge, most other local support groups are not running currently, except Firm Roots which meets via zoom – Thursday 4th June and 2nd July at 7pm. Contact us for details.

VOLUNTEER TELEPHONE SUPPORT & VIDEO CALLS

**YOU DON'T
HAVE TO FACE
CANCER ALONE
WE CAN
GIVE YOU A
HELPING HAND**

Our fabulous team of volunteers are still offering telephone support to people at this difficult time and are phoning patients for a chat and to see how they are coping in isolation. Please do get in touch if you would benefit from a regular call from one of our volunteers. Our staff team can also offer video appointments if you would prefer a face to face chat rather than a telephone call, so please just get in touch to request this.

[Sending our best wishes from the
Macmillan Cancer Information & Support Service](#)

**Calderdale and Huddersfield NHS Foundation Trust, Greenlea Unit, HRI and
Jayne Garforth Unit, CRH. Tel: HRI - 01484 343614; CRH - 01422 222709**

Email: cancer.information@nhs.net