

# Clinical Nurse Specialists and the Multi-disciplinary Team Skin Cancer Nurse

A clinical nurse specialist in skin cancer is a trained registered nurse who has undertaken extra specialist education in the care of skin cancer patients. The skin cancer nurse may also be known as your **Key Worker**.

A Key Worker is someone who is the link between you and all the other people involved in your care and is the main hospital contact person for you during specific parts of your treatment. The person who is your key worker may change depending on your treatment and where you are receiving your care at a particular time.

## The Role of the skin cancer nurse

This is a nurse who can provide information and support for you and your family throughout your care. The nurse will be experienced in helping patients that have skin cancer and will work with the team to co-ordinate your care. For some people with skin cancer the treatment is simple and getting back to normal afterwards is relatively straightforward. However, we aim to offer every patient an assessment with us (or the Leeds team if you have been referred there) so that we can find out as much as possible about your individual concerns. This is called a **Holistic needs assessment**. If you feel that you would benefit from a Holistic needs assessment or if you would simply like to discuss any issues that may be of concern to you, then please do not hesitate to contact your Key worker.

Calderdale Royal Hospital      01422 357171  
Huddersfield Royal Infirmary    01484 342000

## Who can refer?

- General practitioners
- Self referrals
- Other consultants
- Physiotherapists
- Other trusts
- Private sector
- Out patient department staff
- Other professionals
- Families/carers
- Hospices
- Statutory voluntary services

## People who are involved in your care

Every specialty needs a team of experts to offer the best treatment available. This is called a Multidisciplinary Team. (MDT) The team is made up of people who are experts in cancer in different ways. There are people who can understand what cancer cells look like and how they behave and other experts who specialise in surgery to get the best outcomes for you.

There are many people in the team looking after you as an individual.

## The role of the MDT

Your MDT meets every two weeks. Your case will be discussed by the team when you are diagnosed so that we can plan your treatment. In addition, we will discuss your case again when your surgery is complete to ensure that the skin cancer has been adequately treated and to plan your follow up. If you develop any evidence of recurrence or further new lesions throughout your follow up these will also be brought to the meeting by one of the professionals in your team in order to discuss and make a further plan of action.

## Members of the MDT

### Consultant Dermatologist

This is a senior doctor who specialises in treating patient with different types of skin problems including skin cancer. The dermatology doctors in the team are:

Dr Z Nie

Dr N Tyrogalas

### Consultant Surgeons

Surgeons are hospital doctors who are experts in surgery to correct damage to the skin and removal of skin lesions including skin cancer. The surgeon you see will be an expert in treating skin cancer in a particular area of the body. Your surgeon may be a Plastic surgeon, a Maxillo-Facial surgeon or an Ophthalmologist if your skin cancer is near your eye for example.

### Maxillofacial surgeons include:

Mr Paul Chambers

Mr David Sutton

Mr Okseloglou

Mr Sandhu

### Ocular Plastic Surgeons Include:

Mr Gbemi Oworu

Miss Ruby Lagnado

### Plastics surgeons Include:

Mr Akhtar

Ms Carbone

### Pathologist

This doctor is an expert in looking at cancer cells under the microscope and details how they are behaving for the MDT to make a decision regarding your treatment plans.

The doctor in our team is:

Dr Richard Knights

### Skin Cancer Nurse Consultant/ Clinical Nurse specialist

These nurses can provide information and support for you and your family throughout your care. The nurse will be experienced in helping patients that have skin cancer and will work with the team to co-ordinate your care. In addition, it is likely that your follow up will be provided by the nurse consultant or specialist nurse.

Nurse members include:

Lesley Green 01484 343374

email: [Lesley.green@cht.nhs.uk](mailto:Lesley.green@cht.nhs.uk)

Jayne Oates 01484 343376

email: [jayne.oates@cht.nhs.uk](mailto:jayne.oates@cht.nhs.uk)

Natalie Macdonald 01484 343375

email: [natalie.macdonald@cht.nhs.uk](mailto:natalie.macdonald@cht.nhs.uk)

## Other specialists

Sometimes your treatment will mean that you need to attend another hospital. Occasionally we may need to ask the Leeds team to see you for specialist advice and therefore you may see a Surgeon or Dermatologist at St James Hospital or Chapel Allerton Hospital in Leeds. If you need radiotherapy, that treatment is only available at St James Hospital Leeds. We may be able to arrange transport to these hospitals.

Depending on your treatment plan, you may meet other professional and specialists needed in your care. These can include District nurses, Radiographers, sonographers (Ultra sound), Lymphodema specialist nurses, benefits advice, counselling and other Macmillan Nurses.

## Your Skin cancer team

### Consultant Dermatologist

Name: Contact number:

### Consultant Surgeon

Name:

Specialty: Contact number:

### Skin Cancer Specialist Nurse

Name: Contact number:

### Key Worker

Name: Contact number:

If you have any questions or do not understand anything you have heard or been told, please contact either your named specialist Nurse or the Consultant who care you are under.

### Other useful numbers:

Dermatology department	01422 224154
Plastic surgery department	01484 355397/347313
Maxillofacial surgery department	01484 342548
Ophthalmology	01484 343221

### Macmillan Information Centre

When you are affected by cancer, having the right kind of information at the right time is essential.

#### If you have concerns about:

- Finance
- Need emotional support
- Feel that family members need support.
- Or have any practical issues at home.

The Jayne Garforth Cancer Information Centre in the Macmillan unit at Calderdale Royal Hospital and The Cancer Information Resource Room within the Greenlea Unit at Huddersfield Royal

Infirmaries provide a confidential, drop-in service for anyone affected by cancer. We also offer referral to other support services.

### For more information please contact:

Dinah Coggon Macmillian Information Manager.  
Macmillian unit Calderdale Royal Infirmary-01422 222709  
Greenlea Unit Huddersfield Royal Infirmary- 01484 343614  
Mobile: 07554415564  
Email: [dinah.coggon@cht.nhs.uk](mailto:dinah.coggon@cht.nhs.uk)

### Other useful addresses:

British Association of Dermatologists (BAD) (Patient information)  
<http://www.bad.org.uk/for-the-public>

Melanoma UK tel: 0808 171 2455  
<http://www.melanomauk.org.uk/>

Cancer Research UK (CRUK) 0808 800 4040  
<http://www.cancerresearchuk.org/about-cancer/skin-cancer>

Macmillan Cancer Support: 0808 808 0000

[www.macmillian.org.uk](http://www.macmillian.org.uk)

**If you have any comments about this leaflet or the service you have received you can contact :**

The Macmillan Unit  
Calderdale Royal Hospital  
Telephone No: (01422) 222700

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ طرزبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"