

Virtual 'Thinking Ahead' Programme

For People with Incurable Cancer
And Their Families and Carers

Tuesday 15th February until Tuesday 29th March 2022
WEEKLY SESSIONS – 1.30pm UNTIL 3.00pm
OVER A 7 WEEK PERIOD on Microsoft Teams

MANAGING
UNCERTAINTY

KEEPING
ACTIVE

ESTATES
PLANNING

BENEFITS
& TRAVEL



MINDFULNESS

DIET &
APPETITE

FAITH &
SPIRITUALITY

MANAGING
FATIGUE

SERVICES TO
SUPPORT YOU

ADVANCE
CARE
PLANNING

A Collaborative Course

Hosted by Calderdale and Huddersfield NHS
with Harrogate and Leeds NHS Trusts

**MACMILLAN
CANCER SUPPORT**



The Leeds
Teaching Hospitals
NHS Trust

Patients who live in Leeds

Queries/referral for initial
assessment contact the
Enhanced Supportive
Care Service
CNS Lydia Skertchly on
email:

[leedsth-
tr.esc@nhs.net](mailto:leedsth-tr.esc@nhs.net)



Calderdale and Huddersfield
NHS Foundation Trust

Patients who live in Calderdale /Huddersfield

Contact Helen, Mandy or
Holly in the Macmillan
Information Centre
01484 343614 or 01422
222709 or email:

[cancer.information@
nhs.net](mailto:cancer.information@nhs.net)



Harrogate and District
NHS Foundation Trust

Patients who live in Harrogate

Contact the patient's
Macmillan Specialist
Nurse or Palliative & End
of Life Administration
Team 01423 553464 /
email:

[palliativecareteam
@nhs.net](mailto:palliativecareteam@nhs.net)