

“I’m really looking forward to being able to signpost our patients and their families to access the fantastic support that Maggie’s can offer, from being able to drop in, to attending one of the many programmes, patients will have that extra layer of support they so need.”

Karen Henry, Lead Cancer Nurse,  
Leeds Teaching Hospitals Trust

Maggie’s is at St James’s University Hospital, opposite the Bexley wing next to the multi-storey car park.

We’re open Monday – Friday, 9am – 5pm.  
No referral necessary – just come in.



**Maggie’s Leeds**

St James’s Hospital,  
Alma Street,  
Leeds,  
LS9 7BE

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To view our privacy notice, please visit  
[maggiescentres.org/privacy](http://maggiescentres.org/privacy)

Maggie’s is a charity funded entirely by the kindness of our donors, fundraising and gifts in wills.  
Maggie Keswick Jencks Cancer Caring Centres Trust (Maggie’s) is a registered charity, no. SC024414



For cancer support

JUST  
COME  
IN

**MAGGIE’S**  
Everyone’s home of cancer care



If you or someone you care about is diagnosed with cancer, we can help

Our centres are warm, welcoming places on hospital grounds, where you can meet people who are experiencing the same things you are, find support groups specific to your needs and get advice and information from our professional staff.

Coming to Maggie's can help you to make positive changes to your lifestyle. Our psychological and emotional support has been shown to significantly reduce anxiety and depression.

You don't need an appointment and all our support is free.

Find out more about Maggie's on our website **[maggiescentres.org](https://maggiescentres.org)**

## Our cancer support

Cancer and treatment information

Cancer-specific support groups

Help with understanding and claiming benefits

Exercise and nutrition groups

Support for family and friends

Bereavement support

Relaxation and stress management

“Maggie's made me feel normal at a time when everything in my life was far from normal.”

Cassie, Maggie's centre visitor

