

## Calderdale Cancer Aware



If you would like to chat to us or make a referral please contact:

Phone: 01422 347392

Email: calderdalecanceraware@regen.org.uk











## **Weekly Chat and Chai Group**

Mondays at The Outback Garden, 1 - 3 pm different theme each week, e.g. cooking, jewellery making, yoga, etc, all health and well-being focused. Must book to reserve.

Please contact Sadia on 07519997922

## Want to improve your community?

Whether you're a professional or simply someone who cares, why not become a CCA Cancer Champion!

For more details, contact Sarah on 07526582996





Follow us on social media to find out about our upcoming large-scale community events and our specialised men's and women's engagement.



