

# Barkat®

Dedicated to naturally gluten and wheat free foods



Adding Variety  
to a Gluten Free  
Diet

# PRODUCT GUIDE

## Gnocchi

**Free From**  
Gluten, Wheat, Nuts

**Ingredients**  
Rehydrated potatoes 70% (water, potato flakes), potato starch, corn flour, corn starch, salt, rice flour, acidity regulator: lactic acid, preservative: sorbic acid, turmeric

**Pack Size/Case Size:** 250g/12  
**Barcode:** 804345000851



## Spirals

**Free From**  
Gluten, Wheat, Milk, Egg, Soya, Nuts

**Ingredients**  
Corn Flour, Water

**Pack Size/Case Size:** 500g/12  
**Barcode:** 804345000325



## Alphabet Pasta

**Free From**  
Gluten, Wheat, Milk, Egg, Soya, Nuts

**Ingredients**  
Corn Flour, Water

**Pack Size/Case Size:** 500g/12  
**Barcode:** 804345000530



## Spaghetti

**Free From**  
Gluten, Wheat, Milk, Egg, Soya, Nuts

**Ingredients**  
Corn Flour, Water

**Pack Size/Case Size:** 500g/12  
**Barcode:** 804345000332



## Shells

**Free From**  
Gluten, Wheat, Milk, Egg, Soya, Nuts

**Ingredients**  
Corn Flour, Water

**Pack Size/Case Size:** 500g/12  
**Barcode:** 804345000912



## Macaroni

**Free From**  
Gluten, Wheat, Milk, Egg, Soya, Nuts

**Ingredients**  
Corn Flour, Water

**Pack Size/Case Size:** 500g/12  
**Barcode:** 804345000356



## Short Cut Tagliatelle

### Free From

Gluten, Wheat, Milk, Egg, Soya, Nuts

### Ingredients

Corn Flour, Water

**Pack Size/Case Size:** 500g/12

**Barcode:** 804345000721



## Animal Shapes

### Free From

Gluten, Wheat, Milk, Egg, Soya, Nuts

### Ingredients

Corn Flour, Water

**Pack Size/Case Size:** 500g/12

**Barcode:** 804345000349



## Buckwheat Penne

### Free From

Gluten, Wheat

### Ingredients

Corn Flour, Rice Flour, Buckwheat Flour (15%)

**Pack Size/Case Size:** 250g/12

**Barcode:** 804345000363



## Buckwheat Spirals

### Free From

Gluten, Wheat

### Ingredients

Corn Flour, Rice Flour, Buckwheat Flour (15%)

**Pack Size/Case Size:** 250g/12

**Barcode:** 804345000172



## Baking Powder

### Free From

Gluten, Wheat, Milk, Egg, Soya, Nuts

### Ingredients

Disodium Diphosphate, Sodium Hydrogen Carbonate, Calcium Sulphate

**Pack Size/Case Size:** 100g/6

**Barcode:** 8043450000970



## Xanthan Gum

### Free From

Gluten, Wheat, Milk, Egg, Soya, Nuts

### Ingredients

Xanthan Gum

**Pack Size/Case Size:** 80g/6

**Barcode:** 804345000738



## All Purpose Flour Mix

### Free From

Gluten, Wheat, Milk, Egg, Soya, Yeast

### Ingredients

Corn Starch, Rice Flour, Dextrose, Thickeners: E464, Guar Seeds Flour; Leavening Agents (Sodium Pyrophosphate, Sodium Bicarbonate).

**Pack Size/Case Size:** 500g/6

**Barcode:** 804345000950



## Bread Mix

### Free From

Gluten, Wheat, Milk, Egg, Soya, Yeast

### Ingredients

Corn Starch, Dextrose, Sugar, Salt, Psyllium, Leavening Agents (Sodium Pyrophosphate, Sodium Bicarbonate) Thickeners: (Guar Gum, Hydroxypropyl Methylcellulose, Xanthan Gum).

**Pack Size/Case Size:** 500g/12

**Barcode:** 7290000696089



## Sage & Onion Stuffing Mix

### Free From

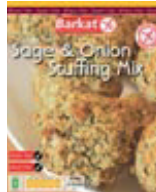
Gluten, Wheat

### Ingredients

Brown Rice Flakes, Dried Onion (10%), Sage (2%), Salt, Pasturised Whole Egg Powder, Mixed Herbs (Thyme, Parsley, Marjoram), Pepper

**Pack Size/Case Size:** 250g/6

**Barcode:** 804345000264



## Vegetable Gravy Mix

### Free From

Gluten, Wheat

### Ingredients

Corn Starch, Swiss Vegetable Bouillon Powder (Sea Salt, Yeast Extract, Rice Flour, Vegetables, (Onions, Carrots, Celery), Palm Oil, Turmeric, Parsley), Potato Starch, Dextrose, Onion, Cocoa Powder, Basil, Parsley, Parsley, Guar Gum, Glucono-Delta-Lactone, Sodium Bicarbonate, Pectin

**Pack Size/Case Size:** 250g/6

**Barcode:** 804345000448



## Pancake Mix

### Free From

Gluten, Wheat

### Ingredients

Corn starch, Rice Flour, Dextrose, Leavening Agents (Sodium Pyrophosphate, Sodium Bicarbonate), Thickeners: E464, Guar Seeds Flour.

**Pack Size/Case Size:** 250g/6

**Barcode:** 804345000493



## Chocolate Muffin Mix

### Free From

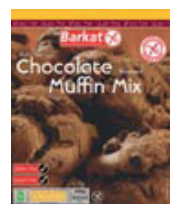
Gluten, Wheat

### Ingredients

Sugar, Corn Starch, Potato Starch, Dextrose, Cocoa Powder 5.5% (Cocoa Powder, Sodium Carbonate), Potassium Hydrogen Tartrate, Guar Gum, Glucano - Delta - Lactone, Sodium Bicarbonate, Pectin

**Pack Size/Case Size:** 250g/6

**Barcode:** 804345000455



## Wholemeal Silced Bread

**Free From**  
Gluten, Wheat, Milk

### Ingredients

Cereal Components 60% (Whole Rice 39%, Millet Rice 8%, Rice Flour 5%), Water, Sweet Lupin Flour, Thickener Guar Gum And Xanthan Gum, Salt, Yeast.

**Pack Size/Case Size:** 500g/6  
**Barcode:** 804345000554



## Par Baked Baguette

**Free From**  
Gluten, Wheat, Egg

### Ingredients

Water, Corn Starch, Rice Flour, Vegetable Oil (Canola), Baker's Yeast, Sugar, Dextrose, Pea Protein, Thickeners: Guar Gum, Hydroxypropyl Methyl Cellulose; Soluble 'Psyllium' Fibre, Salt, Flour Sunflower, Humectant.

**Pack Size/Case Size:** 200g/6  
**Barcode:** 804345000479



## Par Baked White Sliced Bread

**Free From**  
Gluten, Wheat, Egg

### Ingredients

Water, Corn Starch, Rice Flour, Vegetable Oil (Canola), Sugar, Humectant, Glycerol Yeast, Cornflour, Thickener: Guar Gum, Xanthan Gum, Hydroxypropyl Methyl Cellulose, Fibre; Psyllium, Sunflower Flour, Salt, Flavour; Emulsifiers; Mono And Diglycerides Of Fatty Acids, Acidity Regulator Tartaric Acid

**Pack Size/Case Size:** 300g/6  
**Barcode:** 804345000486



## Par Baked Rolls

**Free From**  
Gluten, Wheat, Egg

### Ingredients

Water, Corn Starch, Rice Flour, Vegetable Oil (Canola), Sugar, Humectant, Glycerol Yeast, Cornflour, Thickener: Guar Gum, Xanthan Gum, Hydroxypropyl Methyl Cellulose, Fibre; Psyllium, Sunflower Flour, Salt, Flavour; Emulsifiers; Mono And Diglycerides Of Fatty Acids, Acidity Regulator Tartaric Acid

**Pack Size/Case Size:** 300g/6  
**Barcode:** 804345000486



## Matzo Crackers

**Free From**  
Gluten, Wheat, Milk, Egg, Nuts

### Ingredients

Maize Starch, Soya Bran, Pregelatinised Tapioca Starch, Palm Oil, Invert Sugar, Salt, Raising Agent (Ammonium Bicarbonate), Emulsifier (Diacyltartaric Acid Esters of Fatty Acids)

**Pack Size/Case Size:** 200g/12  
**Barcode:** 804345000271



## Crispbread

**Free From**  
Gluten, Wheat, Milk

### Ingredients

Rice Flour, Cornflour, Inulin, Sea Salt.

**Pack Size/Case Size:** 150g/10  
**Barcode:** 804345000066



## Ginger Cookies

**Free From**  
Gluten, Wheat, Milk

### Ingredients

Margarine (Palm Oil, Palm Stearin, Water, Coconut Oil, Rapeseed Oil, Lemon Juice), Sugar, Rice Flour, Potato Starch, Stem Ginger (Ginger, Sugar) 5%, Maize Flour, Glucose Syrup, Rice Starch, Raising Agents: Diphosphates, Potassium Hydrogen Carbonate; Ginger Powder (15%), Dried Egg, Water, Stabilisers: Xanthan Gum, Hydroxypropyl Methyl Cellulose.

**Pack Size/Case Size:** 150g/6  
**Barcode:** 804345000523



## Digestive Biscuits

**Free From**  
Gluten, Wheat, Milk

### Ingredients

Maize Starch, Sugar, Rice Flour, Margarine (Palm Oil, Palm Stearin, Water, Coconut Oil, Rapeseed Oil, Lemon Juice), Potato Starch, Shortening (Palm Oil, Rapeseed Oil), Glucose Syrup, Rice Bran, Millet Flake, Raising Agents (Diphosphates, Potassium Carbonate), Dried Egg, Stabiliser (Xanthan Gum), Salt.

**Pack Size/Case Size:** 175g/6  
**Barcode:** 804345000608



## Chocolate Tea Cakes

**Free From**  
Gluten, Wheat

### Ingredients

Chocolate Flavoured Coating (40%) [Sugar, Certified Sustainable Palm Kernel Oil (non-hydrogenated), Whey Powder (from Milk), Fat Reduced Cocoa Powder, Emulsifier: Soya Lecithin, Salt], Marshmallow (36%) [Glucose-Fructose Syrup, Sugar, Water, Egg Albumen, Natural Flavouring], Biscuit (24%) [Corn Flour, Rice Flour, Sugar, Vegetable Fats (Sunflower Oil, Coconut Oil, Illipe Butter), Corn Starch, Egg, Tapioca, Butter (Milk), Egg Whites, Vanillin].

**Pack Size/Case Size:** 168g/6  
**Barcode:** 804345000141



## Chocolate Wafers

**Free From**  
Gluten, Wheat, Egg

### Ingredients

Potato Starch, Vegetable Fat (Rapeseed & Palm), Sugar, Dark Chocolate (8%) – (Cocoa Mass, Fructose, Cocoa Butter, Cocoa Powder, Emulsifier (Soya Lecithin), Corn Starch, Cocoa Powder Defatted (4%), Soy Flour, Emulsifier (Soya Lecithin), Vegetable Fat (Palm Oil), Thickener (Guar Gum), Colour (Beta Carotene), Raising Agent (Ammonium Bicarbonate), Antioxidant (Ascorbic Acid).

**Pack Size/Case Size:** 100g/6  
**Barcode:** 804345000103



## Lemon Wafers

**Free From**  
Gluten, Wheat, Egg

### Ingredients

Potato Starch, Vegetable Fat (Rapeseed & Palm), Sugar, Corn Starch, Grape Sugar, Natural Lemon Flavor (0.89%), Emulsifier: Soya Lecithin, Thickener: Guar Gum, Acidifier: Citric Acid, Cocoa Powder Defatted, Colour: Beta Carotene, Raising Agent: Ammonium Carbonate, Antioxidant: Ascorbic Acid.

**Pack Size/Case Size:** 100g/6  
**Barcode:** 804345000097



## Vanilla Wafers

**Free From**  
Gluten, Wheat, Egg

### Ingredients

Potato Starch, Vegetable Fat (Rapeseed & Palm), Sugar, Corn Starch, Emulsifier: Soya Lecithin, Thickener: Guar Gum, Natural Vanilla Flavor (0.05%), Cocoa Powder Defatted, Colour: Beta Carotene, Raising Agent: Ammonium Carbonate, Antioxidant: Ascorbic Acid.

**Pack Size/Case Size:** 100g/6  
**Barcode:** 804345000080



## Waffle Ice Cream Cones

**Free From**  
Gluten, Wheat, Milk, Egg

### Ingredients

Potato Starch, Sugar, Rice Flour, Soya Flour, Emulsifier (Soya Lecithin), Vegetable Oil, Raising Agent (Bicarbonate Of Soda)

**Pack Size/Case Size:** 150g/6  
**Barcode:** 804345112813



## Ice Cream Cones

**Free From**  
Gluten, Wheat, Milk, Egg

### Ingredients

Rice Flour, Potato Starch, Soya Lecithin, Xanthan Gum, Baking Powder

**Pack Size/Case Size:** 60g/6  
**Barcode:** 804345000691



## Porridge Flakes

**Free From**  
Gluten, Wheat, Oat, Milk, Egg

### Ingredients

Brown Rice Flakes, Millet Flakes

**Pack Size/Case Size:** 500g/6  
**Barcode:** 804345000073



## Cornflakes

**Free From**  
Gluten, Wheat, Milk, Egg

### Ingredients

Corn (94%), sugar, salt, Thiamin (B1), Riboflavin (B2), Niacin, Pantothenic Acid, Vitamin B6, Folic Acid (Folacin), Vitamin B12, Iron

**Pack Size/Case Size:** 250g/8  
**Barcode:** 804345000547



## Organic Rice Crunchies

**Free From**  
Gluten, Wheat, Milk, Egg

### Ingredients

Rice\* (93%), Sugar\*, Salt \*Of Organic Produce

**Pack Size/Case Size:** 200g/6  
**Barcode:** 804345000417



## Organic Chocolate Rice Crunchies

**Free From**  
Gluten, Wheat, Milk, Egg

### Ingredients

Rice\*, Sugar\*, Cocoa Powder\* 4.1%, Salt, Glucose Syrup\* \*Of Organic Produce

**Pack Size/Case Size:** 200g/6  
**Barcode:** 804345000257



## Organic Frosted Cornflakes

**Free From**  
Gluten, Wheat, Milk, Egg

### Ingredients

Maize\* (62%), Sugar\*, Salt, Maize Starch\*, Gum Arabic, Emulsifier (Sunflower Lecithin) \*Of Organic Produce

**Pack Size/Case Size:** 200g/6  
**Barcode:** 804345000707



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